

SENATE, No. 1951

STATE OF NEW JERSEY

212th LEGISLATURE

INTRODUCED JUNE 8, 2006

Sponsored by:

Senator RICHARD J. CODEY

District 27 (Essex)

Senator JOHN A. GIRGENTI

District 35 (Bergen and Passaic)

Co-Sponsored by:

Senator Coniglio

SYNOPSIS

Prohibits sale or distribution of creatine to minors.

CURRENT VERSION OF TEXT

As introduced.



(Sponsorship Updated As Of: 6/19/2007)

1 AN ACT prohibiting the sale, distribution and possession of creatine
2 in certain cases and supplementing N.J.S.2C:35-1 et seq.

3

4 **BE IT ENACTED** by the Senate and General Assembly of the State
5 of New Jersey:

6

7 1. a. Except as authorized by P.L.1970, c.226 (C.24:21-1 et
8 seq.), it shall be unlawful to knowingly sell, offer for sale,
9 distribute, dispense or transfer, or to knowingly possess for the
10 purpose of selling, offering for sale, distributing, dispensing or
11 transferring creatine or a creatine analog to a person 18 years of age
12 or under.

13 b. A person violating the provisions of subsection a. of this
14 section is guilty of a petty disorderly persons offense and shall be
15 ordered by the court to perform community service for a period of
16 30 days.

17 c. If the person violating the provisions of subsection a. of this
18 section is an employee of a public or nonpublic school, that person
19 is guilty of a disorderly persons offense and shall be ordered by the
20 court to perform community service for a period of 90 days.

21

22 2. This act shall take effect immediately.

23

24

25 STATEMENT

26

27 This bill would make it a petty disorderly persons offense to sell
28 or give creatine or a creatine analog to a person 18 years of age or
29 under. A petty disorderly persons offense is punishable by a fine of
30 not more than \$500, imprisonment for a term of not more than 30
31 days, or both. In addition, the violator would be required to
32 perform 30 days of community service.

33 If the person selling or give the drug is an employee of a public
34 or nonpublic school, the violation becomes a disorderly persons
35 offense, which is punishable by a fine of not more than \$1,000,
36 imprisonment for a term of not more than six months, or both. The
37 bill also provides that a school employee who is convicted of this
38 offense is required to perform 90 days of community service.

39 Creatine is a naturally occurring nitrogenous organic acid that
40 supplies energy to muscle cells. It helps produce adenosine
41 triphosphate (ATP), the substance that fuels short bursts of energy,
42 like that expended in sprinting, jumping, swimming and weight
43 lifting competitions. Some athletes take supplemental doses of
44 creatine in hopes of improving their performance. Small doses can
45 cause acute dehydration, stomach and muscle cramps and diarrhea.
46 Another side effect is water retention, particularly in muscle tissue.
47 For this reason, creatine is popular with many weight lifters. The

- 1 danger, especially in young athletes, is that high doses for
- 2 prolonged periods can lead to kidney and liver problems.