# ASSEMBLY, No. 267

# STATE OF NEW JERSEY 213th LEGISLATURE

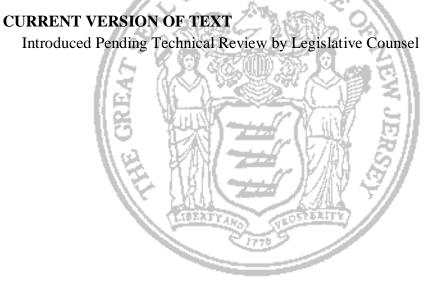
PRE-FILED FOR INTRODUCTION IN THE 2008 SESSION

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#### SYNOPSIS

Requires training in diabetes care for certain school employees and use of medical management plans in schools for students with diabetes.



(Sponsorship Updated As Of: 5/6/2008)

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AN ACT concerning the care of students with diabetes and 1 2 supplementing Title 18A of the New Jersey Statutes. 3 4 BE IT ENACTED by the Senate and General Assembly of the State 5 of New Jersey: 6 7 1. The Legislature finds and declares that: 8 a. Diabetes is a serious chronic disease that impairs the body's 9 ability to use food, and must be managed 24 hours a day in order to: 10 avoid the potentially life-threatening short-term consequences of blood sugar levels that are either too high or too low; and avoid or 11 12 delay the serious long-term complications of high blood sugar level 13 that include blindness, amputation, heart disease, and kidney 14 failure: 15 b. In order to manage their disease, students with diabetes must 16 have access to the means to balance food, medications, and physical 17 activity level while at school, and at school-related activities; 18 c. The school nurse is the most appropriate person in the school 19 setting to provide care for a student with diabetes; however, even a 20 nurse who is assigned to a school on a full-time basis will not 21 always be available during the school day, during extracurricular 22 activities or on field trips: 23 d. Because diabetes management is needed at all times, 24 additional school personnel need to be prepared to provide diabetes 25 care at school and all school-related activities in order for students 26 with diabetes to be medically safe and have the same access to 27 educational opportunities as all other students in New Jersey; and 28 e. Because of the significant number of students with diabetes, 29 the effect of diabetes upon a student's ability to learn, and the risk 30 for serious long and short-term medical complications, the 31 Legislature deems it in the public interest to enact the provisions of 32 this act into law. 33 34 2. As used in this act: 35 "Medical management plan" means a document developed by the 36 parent or guardian of a student with diabetes and the student's 37 personal health care team, which sets out the health services needed 38 by the student at school and is signed by at least one member of the 39 student's personal health care team. 40 "School" means an elementary or secondary public school, 41 charter school, or nonpublic school located within this State. 42 "School employee" means a person employed by a public school 43 district, a charter school, or a nonpublic school, a person employed 44 by a local health department and assigned to a school, or a person 45 employed by another entity and assigned to a school to provide 46 health services pursuant to a contract between that entity and the 47 public school district, charter school, or nonpublic school.

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"Student's personal health care team" means those health care
professionals who provide and guide the diabetes care provided to
the student outside of school.

4 "Trained diabetes personnel" means a school employee who is
5 trained in accordance with the provisions of section 3 of this act,
6 but need not be a licensed or certified health care professional.

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8 The Commissioner of Health and Senior Services, in 3. a. 9 consultation with the State Board of Education, shall develop guidelines for the training of school employees in the care needed 10 for students with diabetes, for which purpose the commissioner 11 shall solicit recommendations from at least the following: the 12 American Diabetes Association, the American Association of 13 14 Diabetes Educators, the New Jersey Academy of Family Physicians, 15 the New Jersey State School Nurses Association, and the New Jersey Diabetes Prevention and Control Program in the Department 16 17 of Health and Senior Services.

The training guidelines shall be fully developed no later than 90
days after the effective date of this act and shall include instruction
in the following:

21 (1) recognition and treatment of hypoglycemia and22 hyperglycemia;

(2) understanding the appropriate actions to take when a
student's blood glucose levels are outside of the target ranges
indicated by the student's medical management plan;

26 (3) understanding physician instructions concerning diabetes
27 medication drug dosage, frequency, and the manner of
28 administration;

29 (4) performance of finger-stick blood glucose checking, ketone30 checking, and recording the results;

(5) the administration of glucagon and insulin and the recordingof results; and

33 (6) recommended schedules and food intake for meals and
34 snacks, the effect of physical activity upon blood glucose levels,
35 and actions to be implemented in the case of schedule disruption.

36 b. Each public school district, charter school, and nonpublic 37 school shall ensure that the training outlined in subsection a. of this section is provided, at a minimum, to three school employees, who 38 39 may include the registered school nurse, at each school that is 40 attended by a student with diabetes no later than the 120th day after 41 the effective date of this act or the 30th day after the parent or 42 guardian of a student with diabetes submits a written request to the school for the use of trained diabetes personnel, whichever date is 43 44 later.

c. The training outlined in subsection a. of this section shall be
provided annually by a health care professional with expertise in
diabetes, and shall take place prior to the commencement of each

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school year or as needed when a student with diabetes is newly
 enrolled at a school or a student is newly diagnosed with diabetes.

d. Each public school district, charter school, and nonpublic
school shall, no later than the 120th day after the effective date of
this act or the 30th day after the parent or guardian of a student with
diabetes submits a written request to the school for the use of
trained diabetes personnel, whichever date is later, provide training
to all bus drivers responsible for the transportation of a student with
diabetes:

10 (1) in the recognition of hypoglycemia and hyperglycemia; and

(2) unless cell phone contact between bus drivers and trained
diabetes personnel can be arranged, in actions to take in response to
emergency situations.

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4. a. The parent or guardian of each student with diabetes who seeks diabetes care while at school shall submit a medical management plan to the school. The plan shall be reviewed by the school prior to the beginning of each school year or upon the enrollment of a student with diabetes or the diagnosis of a student with diabetes.

21 b. In accordance with the request of a parent or guardian of a 22 student with diabetes and the student's medical management plan, 23 trained diabetes personnel shall, no later than the 120th day after 24 the effective date of this act or the 30th day after the parent or 25 guardian submits a written request to the school for the use of 26 trained diabetes personnel, whichever date is later, perform at least 27 the following functions: responding to blood glucose levels that are 28 outside of the student's target range; administering glucagon; 29 administering insulin or assisting a student in administering insulin 30 through the insulin delivery system that the student uses; providing 31 oral diabetes medications; checking and recording blood glucose 32 levels and ketone levels or assisting a student with such checking 33 and recording; and following instructions regarding meals, snacks, 34 and physical activity.

35 The school nurse assigned to a particular school shall c. 36 coordinate the provision of diabetes care at that school, in a manner 37 consistent with the medical management plan for each student with 38 diabetes, and serve as the lead person among the trained diabetes 39 personnel at the school. At least one of the trained diabetes 40 personnel shall be on site and available to provide care to each student with diabetes as set forth in subsection b. of this section 41 42 during: regular school hours; school-sponsored, before and after-43 school care programs; field trips; extracurricular activities; and on 44 buses when the bus driver has not completed the necessary training 45 in actions to take in response to emergency situations, unless the 46 bus driver has completed training in the recognition of

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hypoglycemia and hyperglycemia and cell phone contact between
 the bus driver and trained diabetes personnel can be arranged.

d. There shall be trained diabetes personnel at each school in
which a student with diabetes is enrolled, and a student's school
choice shall in no way be restricted because the student has
diabetes.

e. The activities set forth in subsection b. of this section shall
not constitute the practice of nursing and shall be exempted from all
applicable statutory or regulatory provisions that restrict the
activities that may be delegated to a person who is not a licensed
health care professional.

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13 Upon the written request of the parent or guardian and 5. 14 authorization by the student's medical management plan, a student 15 with diabetes shall be permitted to: perform blood glucose checks; 16 administer insulin through the insulin delivery system that the 17 student uses; treat hypoglycemia and hyperglycemia, and otherwise 18 attend to the care and management of his diabetes in the classroom, in any area of the school or school grounds, and at any school-19 20 related activity; and possess on his person at all times such supplies 21 and equipment as are necessary to perform these monitoring and 22 treatment functions.

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6. A physician, nurse, school employee, public school district,
charter school, or nonpublic school shall not be liable for civil
damages as a result of the actions authorized by this act when those
actions are taken in the same manner as a reasonably prudent person
would have acted under the same or similar circumstances.

7. This act shall take effect immediately.

#### STATEMENT

This bill requires training in diabetes care for certain school employees and the use of medical management plans in schools for students with diabetes.

Specifically, the bill provides as follows:

39 The Commissioner of Health and Senior Services, in 40 consultation with the State Board of Education, is to develop guidelines for the training of public, charter and nonpublic 41 42 school employees in the care needed for students with 43 diabetes, for which purpose the commissioner will solicit 44 recommendations from at least the following: the American 45 Diabetes Association, the American Association of Diabetes Educators, the New Jersey Academy of Family Physicians, 46 47 the New Jersey State School Nurses Association, and the

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New Jersey Diabetes Prevention and Control Program in the 1 2 Department of Health and Senior Services. 3 The training guidelines are to be fully developed no later than 90 days after the effective date of the bill and include 4 5 instruction in the following: --6 recognition and treatment of hypoglycemia and 7 hyperglycemia; 8 -- understanding the appropriate actions to take when a 9 student's blood glucose levels are outside of the target ranges 10 indicated by the student's medical management plan; 11 -- understanding physician instructions concerning diabetes 12 medication drug dosage, frequency, and the manner of 13 administration; 14 -- performance of finger-stick blood glucose checking, 15 ketone checking, and recording the results; -- the administration of glucagon and insulin and the 16 17 recording of results; and 18 -- recommended schedules and food intake for meals and 19 snacks, the effect of physical activity upon blood glucose levels, 20 and actions to be implemented in the case of schedule disruption. 21 • Each public school district, charter school, and nonpublic 22 school is to ensure that the training is provided, at a 23 minimum, to three school employees, who may include the 24 registered school nurse, at each school that is attended by a 25 student with diabetes no later than the 120th day after the 26 effective date of the bill or the 30th day after the parent or guardian of a student with diabetes submits a written request 27 28 to the school for the use of trained diabetes personnel, whichever date is later. 29 30 The training is to be provided annually by a health care professional with expertise in diabetes and take place prior 31 32 to the commencement of each school year or as needed when 33 a student with diabetes is newly enrolled at a school or a 34 student is newly diagnosed with diabetes. Each public school district, charter school, and nonpublic 35 36 school is, no later than the 120th day after the effective date 37 of the bill or the 30th day after the parent or guardian of a 38 student with diabetes submits a written request to the school 39 for the use of trained diabetes personnel, whichever date is later, to provide training provide training to all bus drivers 40 41 responsible for the transportation of a student with diabetes: 42 -- in the recognition of hypoglycemia and hyperglycemia; 43 and 44 -- unless cell phone contact between bus drivers and trained 45 diabetes personnel can be arranged, in actions to take in response to 46 emergency situations.

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• The parent or guardian of each student with diabetes who seeks diabetes care while at school is to submit a medical management plan to the school, which will be reviewed by the school prior to the beginning of each school year or upon the enrollment of a student with diabetes or the diagnosis of a student with diabetes.

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In accordance with the request of a parent or guardian of a 7 8 student with diabetes and the student's medical management 9 plan, trained diabetes personnel, commencing no later than the 120th day after the effective date of the bill or the 30th 10 11 day after the parent or guardian submits a written request to 12 the school for the use of trained diabetes personnel, whichever date is later, are to perform the following 13 14 functions: responding to blood glucose levels that are outside of the student's target range; administering glucagon; 15 administering insulin or assisting a student in administering 16 17 insulin through the insulin delivery system that the student 18 uses; providing oral diabetes medications; checking and 19 recording blood glucose levels and ketone levels or assisting a student with such checking and recording; and following 20 21 instructions regarding meals, snacks and physical activity.

The school nurse assigned to a particular school is to 22 23 coordinate the provision of diabetes care at that school, in a manner consistent with the medical management plan for 24 25 each student with diabetes, and serve as the lead person 26 among the trained diabetes personnel at the school. At least 27 one of the trained diabetes personnel is to be on site and 28 available to provide care to each student with diabetes 29 during: regular school hours; school-sponsored, before and 30 after-school care programs; field trips; extracurricular 31 activities; and on buses when the bus driver has not 32 completed the necessary training in actions to take in 33 response to emergency situations, unless the bus driver has 34 completed training in the recognition of hypoglycemia and 35 hyperglycemia and cell phone contact between the bus driver 36 and trained diabetes personnel can be arranged.

• There are to be trained diabetes personnel at each school in which a student with diabetes is enrolled, and a student's school choice must in no way be restricted because the student has diabetes.

Upon the written request of the parent or guardian and authorization by the student's medical management plan, a student with diabetes will be permitted to: perform blood glucose checks; administer insulin through the insulin delivery system that the student uses; treat hypoglycemia and hyperglycemia, and otherwise attend to the care and management of his diabetes in the classroom, in any area of

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the school or school grounds, and at any school-related 1 2 activity; and possess on his person at all times such supplies 3 and equipment as are necessary to perform these monitoring 4 and treatment functions. 5 • A physician, nurse, school employee, public school district, charter school, or nonpublic school will not be liable for 6 civil damages as a result of the actions authorized by this bill 7 8 when those actions are taken in the same manner as a 9 reasonably prudent person would have acted under the same 10 or similar circumstances.