

# ASSEMBLY, No. 3845

## STATE OF NEW JERSEY 216th LEGISLATURE

INTRODUCED OCTOBER 23, 2014

**Sponsored by:**

**Assemblywoman MILA M. JASEY**

**District 27 (Essex and Morris)**

**Assemblyman DANIEL R. BENSON**

**District 14 (Mercer and Middlesex)**

**Assemblywoman VALERIE VAINIERI HUTTLE**

**District 37 (Bergen)**

**Assemblyman JOHN F. MCKEON**

**District 27 (Essex and Morris)**

**Co-Sponsored by:**

**Assemblymen Diegnan, Coughlin, Wimberly, Assemblywoman Muoio and  
Assemblyman Eustace**

**SYNOPSIS**

Requires DOE to conduct study on options and benefits of instituting later school start time in middle school and high school.

**CURRENT VERSION OF TEXT**

As introduced.



**(Sponsorship Updated As Of: 6/12/2015)**

1 AN ACT requiring the Department of Education to conduct a study  
2 on school start times.

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4 **BE IT ENACTED** by the Senate and General Assembly of the State  
5 of New Jersey:

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7 1. a. The Department of Education shall conduct a study on the  
8 issues, benefits, and options for instituting a later start time to the  
9 school day in middle school and high school. The study shall:

10 (1) consider the recent recommendations of the American  
11 Academy of Pediatrics on the establishment of later school start  
12 times;

13 (2) include an assessment of the health, academic, and safety  
14 benefits associated with establishing later start times in middle  
15 schools and high schools;

16 (3) evaluate any potential negative impacts on school districts  
17 and families that may be associated with a later start time and  
18 consider strategies for addressing potential problems; and

19 (4) review all available literature and data on the experiences of  
20 school districts in the nation that have instituted later start times.

21 b. The department shall submit a report on the study to the  
22 Governor, and to the Legislature pursuant to section 2 of P.L.1991,  
23 c.164 (C.52:14-19.1) that details the findings of the study. The  
24 report shall include a recommendation on the advisability of  
25 establishing a pilot program to test later school start times in select  
26 middle schools and high schools throughout the State that are  
27 interested in participating in the program.

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29 2. This act shall take effect immediately.

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STATEMENT

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34 This bill directs the Department of Education to conduct a study  
35 on the issues, benefits, and options for instituting a later start time  
36 to the school day in middle school and high school. The study will:

37 (1) consider the recent recommendations of the American  
38 Academy of Pediatrics on the establishment of later school start  
39 times;

40 (2) include an assessment of the health, academic, and safety  
41 benefits associated with establishing later start times in middle  
42 schools and high schools;

43 (3) evaluate any potential negative impacts on school districts  
44 and families that may be associated with a later start time and  
45 consider strategies for addressing potential problems; and

46 (4) review all available literature and data on the experiences of  
47 school districts in the nation that have instituted later start times.

**A3845 JASEY, BENSON**

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1 Under the bill, the department must submit a report on the study  
2 to the Governor and to the Legislature that details the findings of  
3 the study. The report will include a recommendation on the  
4 advisability of establishing a pilot program to test later school start  
5 times in select middle schools and high schools throughout the State  
6 that are interested in participating in the program.