# [First Reprint] SENATE, No. 3

# STATE OF NEW JERSEY 217th LEGISLATURE

INTRODUCED JANUARY 30, 2017

Sponsored by: Senator JOSEPH F. VITALE District 19 (Middlesex) Senator STEPHEN M. SWEENEY District 3 (Cumberland, Gloucester and Salem) Senator THOMAS H. KEAN, JR. District 21 (Morris, Somerset and Union) Assemblyman VINCENT PRIETO District 32 (Bergen and Hudson) Assemblyman JON M. BRAMNICK District 21 (Morris, Somerset and Union) Assemblyman HERB CONAWAY, JR. District 7 (Burlington) Assemblyman DAVID P. RIBLE District 30 (Monmouth and Ocean) Assemblyman JOSEPH A. LAGANA District 38 (Bergen and Passaic) Assemblyman JOHN F. MCKEON District 27 (Essex and Morris) Assemblywoman SHAVONDA E. SUMTER District 35 (Bergen and Passaic) Assemblyman DANIEL R. BENSON District 14 (Mercer and Middlesex) Assemblywoman VALERIE VAINIERI HUTTLE District 37 (Bergen) Assemblyman DECLAN J. O'SCANLON, JR. District 13 (Monmouth) Assemblywoman PATRICIA EGAN JONES District 5 (Camden and Gloucester) Assemblyman RAJ MUKHERJI District 33 (Hudson) Assemblyman BENJIE E. WIMBERLY District 35 (Bergen and Passaic)

#### Co-Sponsored by:

Senators Addiego, Gordon, Madden, Turner, Greenstein, B.Smith, Assemblyman Johnson, Assemblywoman McKnight, Assemblymen Eustace, C.A.Brown, Wisniewski, Gusciora and Rooney

#### SYNOPSIS

Requires health insurance coverage for treatment of substance use disorders; places certain restrictions on the prescription of opioid and certain other drugs; concerns continuing education related thereto.

#### CURRENT VERSION OF TEXT

As reported by the Senate Health, Human Services and Senior Citizens Committee on January 30, 2017, with amendments.

**AN ACT** concerning substance use disorders and revising and supplementing various parts of the statutory law.

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**BE IT ENACTED** by the Senate and General Assembly of the State of New Jersey:

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7 1. (New section) a. A hospital service corporation contract 8 that provides hospital or medical expense benefits and is delivered, 9 issued, executed or renewed in this State, or approved for issuance 10 or renewal in this State by the Commissioner of Banking and 11 Insurance, on or after the effective date of this act, shall provide 12 unlimited benefits for inpatient and outpatient treatment of substance use disorder at in-network facilities. The services for the 13 14 treatment of substance use disorder shall be prescribed by a licensed 15 physician, licensed psychologist, or licensed psychiatrist and 16 provided by licensed health care professionals or licensed or 17 certified substance use disorder providers in licensed or otherwise 18 State-approved facilities, as required by the laws of the state in 19 which the services are rendered.

20 b. The benefits for the first 180 days per plan year of inpatient 21 and outpatient treatment of substance use disorder shall be provided 22 when determined medically necessary by the covered person's physician, psychologist or psychiatrist without the imposition of 23 24 any prior authorization or other prospective utilization management 25 requirements. <sup>1</sup>The facility shall notify the hospital service corporation of both the admission and the initial treatment plan 26 within 48 hours of the admission or initiation of treatment.<sup>1</sup> If there 27 is no in-network facility immediately available for a covered 28 29 person, a hospital service corporation shall provide necessary 30 exceptions to its network to ensure admission in a treatment facility 31 within 24 hours.

c. Providers of treatment for substance use disorder to persons
covered under a covered contract shall not require pre-payment of
medical expenses during this 180 days in excess of applicable copayment, deductible, or co-insurance under the contract.

d. The benefits for outpatient visits shall not be subject to
concurrent or retrospective review of medical necessity or any other
utilization management review.

e. (1) The benefits for the first 28 days of an inpatient stay
during each plan year shall be provided without any retrospective
review or concurrent review of medical necessity and medical
necessity shall be as determined by the covered person's physician.

43 (2) The benefits for days 29 and thereafter of inpatient care shall
44 be subject to concurrent review as defined in this section. A request
45 for approval of inpatient care beyond the first 28 days shall be

**EXPLANATION** – Matter enclosed in **bold-faced brackets** [thus] in the above bill is not enacted and is intended to be omitted in the law.

Matter underlined <u>thus</u> is new matter.

Matter enclosed in superscript numerals has been adopted as follows: <sup>1</sup>Senate SHH committee amendments adopted January 30, 2017.

1 submitted for concurrent review before the expiration of the initial 2 28 day period. A request for approval of inpatient care beyond any 3 period that is approved under concurrent review shall be submitted 4 within the period that was previously approved. No hospital service 5 corporation shall initiate concurrent review more frequently than <sup>1</sup>[three-week] <u>two-week</u><sup>1</sup> intervals. 6 If a hospital service 7 corporation determines that continued inpatient care in a facility is 8 no longer medically necessary, the hospital service corporation 9 shall within 24 hours provide written notice to the covered person 10 and the covered person's physician of its decision and the right to 11 file an expedited internal appeal of the determination pursuant to an 12 expedited process pursuant to sections 11 through 13 of P.L.1997, 13 c.192 (C.26:2S-11 through 26:2S-13) and N.J.A.C.11:24A-3.5, as 14 applicable. The hospital service corporation shall review and make 15 a determination with respect to the internal appeal within 24 hours 16 and communicate such determination to the covered person and the 17 covered person's physician. If the determination is to uphold the 18 denial, the covered person and the covered person's physician have 19 the right to file an expedited external appeal with the Independent 20 Health Care Appeals Program in the Department of Banking and 21 Insurance pursuant to sections 11 through 13 of P.L.1997, c.192 22 (C.26:2S-11 through 26:2S-13) and N.J.A.C.11:24A-3.6, as 23 applicable. An independent utilization review organization shall 24 make a determination within 24 hours. If the hospital service 25 corporation's determination is upheld and it is determined 26 continued inpatient care is not medically necessary, the hospital 27 service corporation shall remain responsible to provide benefits for 28 the inpatient care through the day following the date the 29 determination is made and the covered person shall only be 30 responsible for any applicable co-payment, deductible and co-31 insurance for the stay through that date as applicable under the 32 contract. The covered person shall not be discharged or released 33 from the inpatient facility until all internal appeals and independent 34 utilization review organization appeals are exhausted. For any costs 35 incurred after the day following the date of determination until the 36 day of discharge, the covered person shall only be responsible for 37 any applicable cost-sharing, and any additional charges shall be 38 paid by the facility or provider.

f. (1) The benefits for the first 28 days of intensive outpatient
or partial hospitalization services shall be provided without any
retrospective review of medical necessity and medical necessity
shall be as determined by the covered person's physician.

43 (2) The benefits for days 29 and thereafter of intensive
44 outpatient or partial hospitalization services shall be subject to a
45 retrospective review of the medical necessity of the services.

g. Benefits for inpatient and outpatient treatment of substance
use disorder after the first 180 days per plan year shall be subject to
the medical necessity determination of the hospital service

corporation and may be subject to prior authorization or,
 retrospective review and other utilization management
 requirements.

h. Medical necessity review shall utilize an evidence-based and
peer reviewed clinical review tool to be designated through
rulemaking by the Commissioner of Human Services in
consultation with the Department of Health.

8 i. The benefits for outpatient prescription drugs to treat 9 substance use disorder shall be provided when determined 10 medically necessary by the covered person's physician, 11 psychologist or psychiatrist without the imposition of any prior 12 authorization or other prospective utilization management 13 requirements.

j. The first 180 days per plan year of benefits shall be
computed based on inpatient days. One or more unused inpatient
days may be exchanged for two outpatient visits. All extended
outpatient services such as partial hospitalization and intensive
outpatient, shall be deemed inpatient days for the purpose of the
visit to day exchange provided in this subsection.

k. Except as stated above, the benefits and cost-sharing shall be
provided to the same extent as for any other medical condition
covered under the contract.

1. The benefits required by this section are to be provided to all
 covered persons with a diagnosis of substance use disorder. The
 presence of additional related or unrelated diagnoses shall not be a
 basis to reduce or deny the benefits required by this section.

m. The provisions of this section shall apply to all hospital
service corporation contracts in which the hospital service
corporation has reserved the right to change the premium.

n. The Attorney General's Office shall be responsible for
overseeing any violations of law that may result from P.L. ,

c. (C. ) (pending before the Legislature as this bill), including
fraud, abuse, waste, and mistreatment of covered persons. The
Attorney General's Office is authorized to adopt, pursuant to the
"Administrative Procedure Act," P.L.1968, c.410 (C.52:14B-1 et
seq.), rules and regulations to implement any of the provisions of
P.L. , c. (C. ) (pending before the Legislature as this bill).

38 o. The provisions of this section shall not apply to a hospital 39 service corporation contract which, pursuant to a contract between 40 the hospital service corporation and the Department of Human 41 Services, provides benefits to persons who are eligible for medical 42 assistance under P.L.1968, c.413 (C.30:4D-1 et seq.), the "Family 43 Health Care Coverage Act," P.L.2005, c.156 (C.30:4J-8 et seq.), or 44 any other program administered by the Division of Medical 45 Assistance and Health Services in the Department of Human 46 Services.

47 p. As used in this section:

1 "Concurrent review" means inpatient care is reviewed as it is 2 provided. Medically qualified reviewers monitor appropriateness of 3 the care, the setting, and patient progress, and as appropriate, the 4 discharge plans.

5 "Substance use disorder" is as defined by the American 6 Psychiatric Association in the Diagnostic and Statistical Manual of 7 Mental Disorders, Fifth Edition and any subsequent editions and 8 shall include substance use withdrawal.

9

10 2. (New section) a. A medical service corporation contract 11 that provides hospital or medical expense benefits and is delivered, issued, executed or renewed in this State, or approved for issuance 12 or renewal in this State by the Commissioner of Banking and 13 14 Insurance, on or after the effective date of this act, shall provide 15 unlimited benefits for inpatient and outpatient treatment of 16 substance use disorder at in-network facilities. The services for the 17 treatment of substance use disorder shall be prescribed by a licensed 18 physician, licensed psychologist, or licensed psychiatrist and 19 provided by licensed health care professionals or licensed or 20 certified substance use disorder providers in licensed or otherwise State-approved facilities, as required by the laws of the state in 21 22 which the services are rendered.

23 The benefits for the first 180 days per plan year of inpatient b. 24 and outpatient treatment of substance use disorder shall be provided 25 when determined medically necessary by the covered person's 26 physician, psychologist or psychiatrist without the imposition of 27 any prior authorization or other prospective utilization management 28 <sup>1</sup>The facility shall notify the medical service requirements. corporation of both the admission and the initial treatment plan 29 within 48 hours of the admission or initiation of treatment.<sup>1</sup> If there 30 is no in-network facility immediately available for a covered 31 32 person, a medical service corporation shall provide necessary 33 exceptions to its network to ensure admission in a treatment facility 34 within 24 hours.

c. Providers of treatment for substance use disorder to persons
covered under a covered contract shall not require pre-payment of
medical expenses during this 180 days in excess of applicable copayment, deductible, or co-insurance under the contract.

d. The benefits for outpatient visits shall not be subject to
concurrent or retrospective review of medical necessity or any other
utilization management review.

e. (1) The benefits for the first 28 days of an inpatient stay
during each plan year shall be provided without any retrospective
review or concurrent review of medical necessity and medical
necessity shall be as determined by the covered person's physician.

46 (2) The benefits for days 29 and thereafter of inpatient care shall
47 be subject to concurrent review as defined in this section. A request
48 for approval of inpatient care beyond the first 28 days shall be

6

1 submitted for concurrent review before the expiration of the initial 2 28 day period. A request for approval of inpatient care beyond any 3 period that is approved under concurrent review shall be submitted 4 within the period that was previously approved. No medical service 5 corporation shall initiate concurrent review more frequently than <sup>1</sup>[three-week]  $\underline{two-week}^1$  intervals. 6 If a medical service 7 corporation determines that continued inpatient <sup>1</sup>[confinement] 8 care<sup>1</sup> in a facility is no longer medically necessary, the medical service corporation shall within 24 hours provide written notice to 9 10 the covered person and the covered person's physician of its 11 decision and the right to file an expedited internal appeal of the 12 determination pursuant to an expedited process pursuant to sections 13 11 through 13 of P.L.1997, c.192 (C.26:2S-11 through 26:2S-13) 14 and N.J.A.C.11:24A-3.5, as applicable. The medical service 15 corporation shall review and make a determination with respect to 16 the internal appeal within 24 hours and communicate such 17 determination to the covered person and the covered person's 18 physician. If the determination is to uphold the denial, the covered 19 person and the covered person's physician have the right to file an 20 expedited external appeal with the Independent Health Care 21 Appeals Program in the Department of Banking and Insurance 22 pursuant to sections 11 through 13 of P.L.1997, c.192 (C.26:2S-11 23 through 26:2S-13) and N.J.A.C.11:24A-3.6, as applicable. An 24 independent utilization review organization shall make а 25 determination within 24 hours. If the medical service corporation's 26 determination is upheld and it is determined continued inpatient 27 care is not medically necessary, the medical service corporation 28 shall remain responsible to provide benefits for the inpatient care 29 through the day following the date the determination is made and 30 the covered person shall only be responsible for any applicable co-31 payment, deductible and co-insurance for the stay through that date 32 as applicable under the contract. The covered person shall not be 33 discharged or released from the inpatient facility until all internal 34 appeals and independent utilization review organization appeals are 35 exhausted. For any costs incurred after the day following the date of 36 determination until the day of discharge, the covered person shall 37 only be responsible for any applicable cost-sharing, and any 38 additional charges shall be paid by the facility or provider.

f. (1) The benefits for the first 28 days of intensive outpatient
or partial hospitalization services shall be provided without any
retrospective review of medical necessity and medical necessity
shall be as determined by the covered person's physician.

43 (2) The benefits for days 29 and thereafter of intensive
44 outpatient or partial hospitalization services shall be subject to a
45 retrospective review of the medical necessity of the services.

g. Benefits for inpatient and outpatient treatment of substance
use disorder after the first 180 days per plan year shall be subject to
the medical necessity determination of the medical service

corporation and may be subject to prior authorization or,
 retrospective review and other utilization management
 requirements.

h. Medical necessity review shall utilize an evidence-based and
peer reviewed clinical review tool to be designated through
rulemaking by the Commissioner of Human Services in
consultation with the Department of Health.

8 medication-assisted treatments i. The benefits for for 9 substance use disorder shall be provided when determined 10 medically necessary by the covered person's physician, 11 psychologist or psychiatrist without the imposition of any prior 12 authorization or other prospective utilization management requirements. 13

j. The first 180 days per plan year of benefits shall be computed based on inpatient days. One or more unused inpatient days may be exchanged for two outpatient visits. All extended outpatient services such as partial hospitalization and intensive outpatient, shall be deemed inpatient days for the purpose of the visit to day exchange provided in this subsection.

k. Except as stated above, the benefits and cost-sharing shall be
provided to the same extent as for any other medical condition
covered under the contract.

1. The benefits required by this section are to be provided to all
 covered persons with a diagnosis of substance use disorder. The
 presence of additional related or unrelated diagnoses shall not be a
 basis to reduce or deny the benefits required by this section.

m. The provisions of this section shall apply to all medical
service corporation contracts in which the medical service
corporation has reserved the right to change the premium.

n. The Attorney General's office shall be responsible for
overseeing any violations of law that may result from P.L. ,

c. (C. ) (pending before the Legislature as this bill), including
fraud, abuse, waste, and mistreatment of covered persons. The
Attorney General's office is authorized to adopt, pursuant to the
"Administrative Procedure Act," P.L.1968, c.410 (C.52:14B-1 et
eq.), rules and regulations to implement any of the provisions of
P.L. , c. (C. ) (pending before the Legislature as this bill).

38 o. The provisions of this section shall not apply to a medical 39 service corporation contract which, pursuant to a contract between 40 the medical service corporation and the Department of Human 41 Services, provides benefits to persons who are eligible for medical 42 assistance under P.L.1968, c.413 (C.30:4D-1 et seq.), the "Family 43 Health Care Coverage Act," P.L.2005, c.156 (C.30:2J-8 et seq.), or 44 any other program administered by the Division of Medical 45 Assistance and Health Services in the Department of Human 46 Services.

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Substance use disorder" is as defined by the American
Psychiatric Association in the Diagnostic and Statistical Manual of
Mental Disorders, Fifth Edition and any subsequent editions and
shall include substance use withdrawal.

9

10 (New section) a. A health service corporation contract that 3. 11 provides hospital or medical expense benefits and is delivered, issued, executed or renewed in this State, or approved for issuance 12 or renewal in this State by the Commissioner of Banking and 13 14 Insurance, on or after the effective date of this act shall provide 15 unlimited benefits for inpatient and outpatient treatment of 16 substance use disorder at in-network facilities. The services for the 17 treatment of substance use disorder shall be prescribed by a licensed 18 physician, licensed psychologist, or licensed psychiatrist and 19 provided by licensed health care professionals or licensed or 20 certified substance use disorder providers in licensed or otherwise State-approved facilities, as required by the laws of the state in 21 22 which the services are rendered.

23 The benefits for the first 180 days per plan year of inpatient b. 24 and outpatient treatment of substance use disorder shall be provided 25 when determined medically necessary by the covered person's 26 physician, psychologist or psychiatrist without the imposition of 27 any prior authorization or other prospective utilization management 28 <sup>1</sup>The facility shall notify the health service requirements. corporation of both the admission and the initial treatment plan 29 within 48 hours of the admission or initiation of treatment.<sup>1</sup> If there 30 is no in-network facility immediately available for a covered 31 32 person, a health service corporation shall provide necessary 33 exceptions to its network to ensure admission in a treatment facility 34 within 24 hours.

c. Providers of treatment for substance use disorder to persons
covered under a covered contract shall not require pre-payment of
medical expenses during this 180 days in excess of applicable copayment, deductible, or co-insurance under the contract.

d. The benefits for outpatient visits shall not be subject to
concurrent or retrospective review of medical necessity or any other
utilization management review.

e. (1) The benefits for the first 28 days of an inpatient stay
during each plan year shall be provided without any retrospective
review or concurrent review of medical necessity and medical
necessity shall be as determined by the covered person's physician.

46 (2) The benefits for days 29 and thereafter of inpatient care shall
47 be subject to concurrent review as defined in this section. A request
48 for approval of inpatient care beyond the first 28 days shall be

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1 submitted for concurrent review before the expiration of the initial 2 28 day period. A request for approval of inpatient care beyond any 3 period that is approved under concurrent review shall be submitted 4 within the period that was previously approved. No health service 5 corporation shall initiate concurrent review more frequently than <sup>1</sup>[three-week] <u>two-week</u><sup>1</sup> intervals. If a health service corporation 6 7 determines that continued inpatient care in a facility is no longer 8 medically necessary, the health service corporation shall within 24 9 hours provide written notice to the covered person and the covered 10 person's physician of its decision and the right to file an expedited internal appeal of the determination pursuant to an expedited 11 12 process pursuant to sections 11 through 13 of P.L.1997, c.192 13 (C.26:2S-11 through 26:2S-13) and N.J.A.C.11:24A-3.5, as 14 applicable. The health service corporation shall review and make a 15 determination with respect to the internal appeal within 24 hours 16 and communicate such determination to the covered person and the 17 covered person's physician. If the determination is to uphold the 18 denial, the covered person and the covered person's physician have 19 the right to file an expedited external appeal with the Independent 20 Health Care Appeals Program in the Department of Banking and 21 Insurance pursuant to sections 11 through 13 of P.L.1997, c.192 22 (C.26:2S-11 through 26:2S-13) and N.J.A.C.11:24A-3.6, as 23 applicable. An independent utilization review organization shall 24 make a determination within 24 hours. If the health service 25 corporation's determination is upheld and it is determined 26 continued inpatient care is not medically necessary, the health 27 service corporation shall remain responsible to provide benefits for 28 the inpatient care through the day following the date the 29 determination is made and the covered person shall only be 30 responsible for any applicable co-payment, deductible and co-31 insurance for the stay through that date as applicable under the 32 policy. The covered person shall not be discharged or released 33 from the inpatient facility until all internal appeals and independent 34 utilization review organization appeals are exhausted. For any costs 35 incurred after the day following the date of determination until the 36 day of discharge, the covered person shall only be responsible for 37 any applicable cost-sharing, and any additional charges shall be 38 paid by the facility or provider.

f. (1) The benefits for the first 28 days of intensive outpatient
or partial hospitalization services shall be provided without any
retrospective review of medical necessity and medical necessity
shall be as determined by the covered person's physician.

43 (2) The benefits for days 29 and thereafter of intensive
44 outpatient or partial hospitalization services shall be subject to a
45 retrospective review of the medical necessity of the services.

g. Benefits for inpatient and outpatient treatment of substance
use disorder after the first 180 days per plan year shall be subject to
the medical necessity determination of the health service

1 corporation and may be subject to prior authorization or, 2 retrospective review and other utilization management 3 requirements.

h. Medical necessity review shall utilize an evidence-based and 4 5 peer reviewed clinical review tool to be designated through rulemaking by the Commissioner of Human Services in 6 7 consultation with the Department of Health.

8 The benefits for outpatient prescription drugs to treat i. 9 substance use disorder shall be provided when determined 10 medically necessary by the covered person's physician, 11 psychologist or psychiatrist without the imposition of any prior 12 authorization or other prospective utilization management requirements. 13

14 The first 180 days per plan year of benefits shall be į. 15 computed based on inpatient days. One or more unused inpatient 16 days may be exchanged for two outpatient visits. All extended 17 outpatient services such as partial hospitalization and intensive 18 outpatient, shall be deemed inpatient days for the purpose of the 19 visit to day exchange provided in this subsection.

20 Except as stated above, the benefits and cost-sharing shall be k. provided to the same extent as for any other medical condition 21 22 covered under the contract.

23 The benefits required by this section are to be provided to all 1. 24 covered persons with a diagnosis of substance use disorder. The 25 presence of additional related or unrelated diagnoses shall not be a 26 basis to reduce or deny the benefits required by this section.

27 m. The provisions of this section shall apply to all health service corporation contracts in which the health service 28 29 corporation has reserved the right to change the premium.

30 n. The Attorney General's Office shall be responsible for 31 overseeing any violations of law that may result from P.L .

32 c. (C. ) (pending before the Legislature as this bill), including 33 fraud, abuse, waste, and mistreatment of covered persons. The 34 Attorney General's office is authorized to adopt, pursuant to the 35 "Administrative Procedure Act," P.L.1968, c.410 (C.52:14B-1 et 36 seq.), rules and regulations to implement any of the provisions of 37 P.L., c. (C.) (pending before the Legislature as this bill).

o. The provisions of this section shall not apply to a health 38 39 service corporation contract which, pursuant to a contract between 40 the health service corporation and the Department of Human 41 Services, provides benefits to persons who are eligible for medical 42 assistance under P.L.1968, c.413 (C.30:4D-1 et seq.), the "Family 43 Health Care Coverage Act," P.L.2005, c.156 (C.30:4J-8 et seq.) or 44 any other program administered by the Division of Medical 45 Assistance and Health Services in the Department of Human 46 Services.

47 p. As used in this section:

1 "Concurrent review" means inpatient care is reviewed as it is 2 provided. Medically qualified reviewers monitor appropriateness of 3 the care, the setting, and patient progress, and as appropriate, the 4 discharge plans.

5 "Substance use disorder" is as defined by the American 6 Psychiatric Association in the Diagnostic and Statistical Manual of 7 Mental Disorders, Fifth Edition and any subsequent editions and 8 shall include substance use withdrawal.

9

10 4. (New section) a. An individual health insurance policy that 11 provides hospital or medical expense benefits and is delivered, issued, executed or renewed in this State, or approved for issuance 12 or renewal in this State by the Commissioner of Banking and 13 14 Insurance, on or after the effective date of this act, shall provide 15 unlimited benefits for inpatient and outpatient treatment of 16 substance use disorder at in-network facilities. The services for the 17 treatment of substance use disorder shall be prescribed by a licensed 18 physician, licensed psychologist, or licensed psychiatrist and 19 provided by licensed health care professionals or licensed or 20 certified substance use disorder providers in licensed or otherwise 21 State-approved facilities, as required by the laws of the state in 22 which the services are rendered.

23 The benefits for the first 180 days per plan year of inpatient b. 24 and outpatient treatment of substance use disorder shall be provided 25 when determined medically necessary by the covered person's 26 physician, psychologist or psychiatrist without the imposition of 27 any prior authorization or other prospective utilization management 28 <sup>1</sup>The facility shall notify the insurer of both the requirements. admission and the initial treatment plan within 48 hours of the 29 admission or initiation of treatment.<sup>1</sup> If there is no in-network 30 facility immediately available for a covered person, an insurer shall 31 32 provide necessary exceptions to their network to ensure admission 33 in a treatment facility within 24 hours.

c. Providers of treatment for substance use disorder to persons
covered under a covered policy shall not require pre-payment of
medical expenses during this 180 days in excess of applicable copayment, deductible, or co-insurance under the policy.

d. The benefits for outpatient visits shall not be subject to
concurrent or retrospective review of medical necessity or any other
utilization management review.

e. (1) The benefits for the first 28 days of an inpatient stay
during each plan year shall be provided without any retrospective
review or concurrent review of medical necessity and medical
necessity shall be as determined by the covered person's physician.

(2) The benefits for days 29 and thereafter of inpatient care shall
be subject to concurrent review as defined in this section. A request
for approval of inpatient care beyond the first 28 days shall be
submitted for concurrent review before the expiration of the initial

1 28 day period. A request for approval of inpatient care beyond any 2 period that is approved under concurrent review shall be submitted 3 within the period that was previously approved. No insurer shall 4 initiate concurrent review more frequently than <sup>1</sup>[three-week] two-5 week<sup>1</sup> intervals. If an insurer determines that continued inpatient care in a facility is no longer medically necessary, the insurer shall 6 7 within 24 hours provide written notice to the covered person and the 8 covered person's physician of its decision and the right to file an 9 expedited internal appeal of the determination pursuant to an 10 expedited process pursuant to sections 11 through 13 of P.L.1997, 11 c.192 (C.26:2S-11 through 26:2S-13) and N.J.A.C.11:24A-3.5, as 12 applicable. The insurer shall review and make a determination with 13 respect to the internal appeal within 24 hours and communicate 14 such determination to the covered person and the covered person's 15 physician. If the determination is to uphold the denial, the covered 16 person and the covered person's physician have the right to file an 17 expedited external appeal with the Independent Health Care 18 Appeals Program in the Department of Banking and Insurance 19 pursuant to sections 11 through 13 of P.L.1997, c.192 (C.26:2S-11 20 through 26:2S-13) and N.J.A.C.11:24A-3.6, as applicable. An 21 independent utilization review organization shall make а 22 determination within 24 hours. If the insurer's determination is 23 upheld and it is determined continued inpatient care is not 24 medically necessary, the insurer shall remain responsible to provide 25 benefits for the inpatient care through the day following the date the 26 determination is made and the covered person shall only be 27 responsible for any applicable co-payment, deductible and co-28 insurance for the stay through that date as applicable under the 29 policy. The covered person shall not be discharged or released 30 from the inpatient facility until all internal appeals and independent 31 utilization review organization appeals are exhausted. For any costs 32 incurred after the day following the date of determination until the 33 day of discharge, the covered person shall only be responsible for 34 any applicable cost-sharing, and any additional charges shall be 35 paid by the facility or provider.

f. (1) The benefits for the first 28 days of intensive outpatient
or partial hospitalization services shall be provided without any
retrospective review of medical necessity and medical necessity
shall be as determined by the covered person's physician.

40 (2) The benefits for days 29 and thereafter of intensive
41 outpatient or partial hospitalization services shall be subject to a
42 retrospective review of the medical necessity of the services.

g. Benefits for inpatient and outpatient treatment of substance
use disorder after the first 180 days per plan year shall be subject to
the medical necessity determination of the insurer and may be
subject to prior authorization or, retrospective review and other
utilization management requirements.

h. Medical necessity review shall utilize an evidence-based and
 peer reviewed clinical review tool to be designated through
 rulemaking by the Commissioner of Human Services in
 consultation with the Department of Health.

5 i. The benefits for outpatient prescription drugs to treat 6 substance use disorder shall be provided when determined 7 medically necessary by the covered person's physician, 8 psychologist or psychiatrist without the imposition of any prior 9 authorization or other prospective utilization management 10 requirements.

j. The first 180 days per plan year of benefits shall be
computed based on inpatient days. One or more unused inpatient
days may be exchanged for two outpatient visits. All extended
outpatient services such as partial hospitalization and intensive
outpatient, shall be deemed inpatient days for the purpose of the
visit to day exchange provided in this subsection.

k. Except as stated above, the benefits and cost-sharing shall be
provided to the same extent as for any other medical condition
covered under the policy.

I. The benefits required by this section are to be provided to all
 covered persons with a diagnosis of substance use disorder. The
 presence of additional related or unrelated diagnoses shall not be a
 basis to reduce or deny the benefits required by this section.

m. The provisions of this section shall apply to those policies inwhich the insurer has reserved the right to change the premium.

n. The Attorney General's Office shall be responsible for overseeing any violations of law that may result from P.L.

c. (C. ) (pending before the Legislature as this bill), including fraud, abuse, waste, and mistreatment of covered persons. The Attorney General's Office is authorized to adopt, pursuant to the "Administrative Procedure Act," P.L.1968, c.410 (C.52:14B-1 et seq.), rules and regulations to implement any of the provisions of P.L. , c. (C. ) (pending before the Legislature as this bill).

34 o. The provisions of this section shall not apply to an 35 individual health insurance policy which, pursuant to a contract 36 between the insurer and the Department of Human Services, 37 provides benefits to persons who are eligible for medical assistance under P.L.1968, c.413 (C.30:4D-1 et seq.), the "Family Health Care 38 39 Coverage Act," P.L.2005, c.156 (C.30:4J-8 et seq.), or any other 40 program administered by the Division of Medical Assistance and 41 Health Services in the Department of Human Services.

42 p. As used in this section:

43 "Concurrent review" means inpatient care is reviewed as it is
44 provided. Medically qualified reviewers monitor appropriateness of
45 the care, the setting, and patient progress, and as appropriate, the
46 discharge plans.

47 "Substance use disorder" is as defined by the American48 Psychiatric Association in the Diagnostic and Statistical Manual of

Mental Disorders, Fifth Edition and any subsequent editions and
 shall include substance use withdrawal.

3

4 5. (New section) a. A group health insurance policy that 5 provides hospital or medical expense benefits and is delivered, 6 issued, executed or renewed in this State, or approved for issuance 7 or renewal in this State by the Commissioner of Banking and 8 Insurance, on or after the effective date of this act, shall provide 9 unlimited benefits for inpatient and outpatient treatment of 10 substance use disorder at in-network facilities. The services for the 11 treatment of substance use disorder shall be prescribed by a licensed physician, licensed psychologist, or licensed psychiatrist and 12 provided by licensed health care professionals or licensed or 13 14 certified substance use disorder providers in licensed or otherwise 15 State-approved facilities, as required by the laws of the state in 16 which the services are rendered.

17 b. The benefits for the first 180 days per plan year of inpatient 18 and outpatient treatment of substance use disorder shall be provided 19 when determined medically necessary by the covered person's 20 physician, psychologist or psychiatrist without the imposition of 21 any prior authorization or other prospective utilization management 22 requirements. <sup>1</sup><u>The facility shall notify the insurer of both the</u> admission and the initial treatment plan within 48 hours of the 23 admission or initiation of treatment.<sup>1</sup> If there is no in-network 24 facility immediately available for a covered person, an insurer shall 25 26 provide necessary exceptions to its network to ensure admission in 27 a treatment facility within 24 hours.

c. Providers of treatment for substance use disorder to persons
covered under a covered insurance policy shall not require prepayment of medical expenses during this 180 days in excess of
applicable co-payment, deductible, or co-insurance under the
policy.

d. The benefits for outpatient visits shall not be subject to
concurrent or retrospective review of medical necessity or any other
utilization management review.

e. (1) The benefits for the first 28 days of an inpatient stay
during each plan year shall be provided without any retrospective
review or concurrent review of medical necessity and medical
necessity shall be as determined by the covered person's physician.

40 (2) The benefits for days 29 and thereafter of inpatient care shall 41 be subject to concurrent review as defined in this section. A request 42 for approval of inpatient care beyond the first 28 days shall be 43 submitted for concurrent review before the expiration of the initial 44 28 day period. A request for approval of inpatient care beyond any 45 period that is approved under concurrent review shall be submitted 46 within the period that was previously approved. No insurer shall 47 initiate concurrent review more frequently than <sup>1</sup>[three-week] two-48 <u>week<sup>1</sup></u> intervals. If an insurer determines that continued inpatient

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1 care in a facility is no longer medically necessary, the insurer shall 2 within 24 hours provide written notice to the covered person and the 3 covered person's physician of its decision and the right to file an 4 expedited internal appeal of the determination pursuant to an 5 expedited process pursuant to sections 11 through 13 of P.L.1997, c.192 (C.26:2S-11 through 26:2S-13) and N.J.A.C.11:24A-3.5, as 6 7 applicable. The insurer shall review and make a determination with 8 respect to the internal appeal within 24 hours and communicate 9 such determination to the covered person and the covered person's 10 physician. If the determination is to uphold the denial, the covered 11 person and the covered person's physician have the right to file an 12 expedited external appeal with the Independent Health Care 13 Appeals Program in the Department of Banking and Insurance 14 pursuant to sections 11 through 13 of P.L.1997, c.192 (C.26:2S-11 15 through 26:2S-13) and N.J.A.C.11:24A-3.6, as applicable. An 16 independent utilization review organization shall make а 17 determination within 24 hours. If the insurer's determination is 18 upheld and it is determined continued inpatient care is not 19 medically necessary, the insurer shall remain responsible to provide 20 benefits for the inpatient care through the day following the date the 21 determination is made and the covered person shall only be 22 responsible for any applicable co-payment, deductible and co-23 insurance for the stay through that date as applicable under the 24 policy. The covered person shall not be discharged or released 25 from the inpatient facility until all internal appeals and independent 26 utilization review organization appeals are exhausted. For any costs 27 incurred after the day following the date of determination until the 28 day of discharge, the covered person shall only be responsible for 29 any applicable cost-sharing, and any additional charges shall be 30 paid by the facility or provider.

f. (1) The benefits for the first 28 days of intensive outpatient
or partial hospitalization services shall be provided without any
retrospective review of medical necessity and medical necessity
shall be as determined by the covered person's physician.

35 (2) The benefits for days 29 and thereafter of intensive
36 outpatient or partial hospitalization services shall be subject to a
37 retrospective review of the medical necessity of the services.

g. Benefits for inpatient and outpatient treatment of substance
use disorder after the first 180 days per plan year shall be subject to
the medical necessity determination of the insurer and may be
subject to prior authorization or, retrospective review and other
utilization management requirements.

h. Medical necessity review shall utilize an evidence-based and
peer reviewed clinical review tool to be designated through
rulemaking by the Commissioner of Human Services in
consultation with the Department of Health.

47 i. The benefits for outpatient prescription drugs to treat48 substance use disorder shall be provided when determined

1 medically necessary by the covered person's physician, 2 psychologist or psychiatrist without the imposition of any prior 3 authorization or other prospective utilization management 4 requirements.

5 į. The first 180 days per plan year of benefits shall be computed based on inpatient days. One or more unused inpatient 6 7 days may be exchanged for two outpatient visits. All extended 8 outpatient services such as partial hospitalization and intensive 9 outpatient, shall be deemed inpatient days for the purpose of the 10 visit to day exchange provided in this subsection.

11 k. Except as stated above, the benefits and cost-sharing shall be 12 provided to the same extent as for any other medical condition covered under the policy. 13

14 The benefits required by this section are to be provided to all 1. 15 covered persons with a diagnosis of substance use disorder. The 16 presence of additional related or unrelated diagnoses shall not be a 17 basis to reduce or deny the benefits required by this section.

18 m. The provisions of this section shall apply to those policies in 19 which the insurer has reserved the right to change the premium.

20 The Attorney General's Office shall be responsible for n. 21 overseeing any violations of law that may result from P.L.

22 c. (C.) (pending before the Legislature as this bill), including 23 fraud, abuse, waste, and mistreatment of covered persons. The 24 Attorney General's Office is authorized to adopt, pursuant to the 25 "Administrative Procedure Act," P.L.1968, c.410 (C.52:14B-1 et 26 seq.), rules and regulations to implement any of the provisions of 27 P.L., c. (C.) (pending before the Legislature as this bill).

o. The provisions of this section shall not apply to a group 28 29 health insurance policy which, pursuant to a contract between the 30 insurer and the Department of Human Services, provides benefits to 31 persons who are eligible for medical assistance under P.L.1968, 32 c.413 (C.30:4D-1 et seq.), the "Family Health Care Coverage Act," 33 P.L.2005, c.156 (C.30:4J-8 et seq.), or any other program 34 administered by the Division of Medical Assistance and Health 35 Services in the Department of Human Services.

36 p. As used in this section:

37 "Concurrent review" means inpatient care is reviewed as it is 38 provided. Medically qualified reviewers monitor appropriateness of 39 the care, the setting, and patient progress, and as appropriate, the 40 discharge plans.

"Substance use disorder" is as defined by the American 41 42 Psychiatric Association in the Diagnostic and Statistical Manual of 43 Mental Disorders, Fifth Edition and any subsequent editions and 44 shall include substance use withdrawal.

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46 6. (New section) a. An individual health benefits plan that provides hospital or medical expense benefits and is delivered, 47 48 issued, executed or renewed in this State, or approved for issuance

1 or renewal in this State by the Commissioner of Banking and 2 Insurance, on or after the effective date of this act, shall provide 3 unlimited benefits for inpatient and outpatient treatment of 4 substance use disorder at in-network facilities. The services for the 5 treatment of substance use disorder shall be prescribed by a licensed 6 physician, licensed psychologist, or licensed psychiatrist and 7 provided by licensed health care professionals or licensed or 8 certified substance use disorder providers in licensed or otherwise 9 State-approved facilities, as required by the laws of the state in 10 which the services are rendered.

11 b. The benefits for the first 180 days per plan year of inpatient 12 and outpatient treatment of substance use disorder shall be provided when determined medically necessary by the covered person's 13 14 physician, psychologist or psychiatrist without the imposition of 15 any prior authorization or other prospective utilization management 16 requirements. <sup>1</sup><u>The facility shall notify the carrier of both the</u> 17 admission and the initial treatment plan within 48 hours of the admission or initiation of treatment.<sup>1</sup> If there is no in-network 18 19 facility immediately available for a covered person, a carrier shall 20 provide necessary exceptions to their network to ensure admission 21 in a treatment facility within 24 hours.

22 c. Providers of treatment for substance use disorder to persons 23 covered under a covered health benefits plan shall not require pre-24 payment of medical expenses during this 180 days in excess of 25 applicable co-payment, deductible, or co-insurance under the plan.

26 d. The benefits for outpatient visits shall not be subject to 27 concurrent or retrospective review of medical necessity or any other 28 utilization management review.

29 e. (1) The benefits for the first 28 days of an inpatient stay 30 during each plan year shall be provided without any retrospective 31 review or concurrent review of medical necessity and medical 32 necessity shall be as determined by the covered person's physician.

33 (2) The benefits for days 29 and thereafter of inpatient care shall 34 be subject to concurrent review as defined in this section. A request 35 for approval of inpatient care beyond the first 28 days shall be 36 submitted for concurrent review before the expiration of the initial 37 28 day period. A request for approval of inpatient care beyond any 38 period that is approved under concurrent review shall be submitted 39 within the period that was previously approved. No carrier shall 40 initiate concurrent review more frequently than <sup>1</sup>[three-week] twoweek<sup>1</sup> intervals. If a carrier determines that continued inpatient 41 42 care in a facility is no longer medically necessary, the carrier shall 43 within 24 hours provide written notice to the covered person and the 44 covered person's physician of its decision and the right to file an 45 expedited internal appeal of the determination pursuant to an 46 expedited process pursuant to sections 11 through 13 of P.L.1997, 47 c.192 (C.26:2S-11 through 26:2S-13) and N.J.A.C.11:24A-3.5, as 48 applicable. The carrier shall review and make a determination with

1 respect to the internal appeal within 24 hours and communicate 2 such determination to the covered person and the covered person's 3 physician. If the determination is to uphold the denial, the covered 4 person and the covered person's physician have the right to file an 5 expedited external appeal with the Independent Health Care 6 Appeals Program in the Department of Banking and Insurance 7 pursuant to sections 11 through 13 of P.L.1997, c.192 (C.26:2S-11 8 through 26:2S-13) and N.J.A.C.11:24A-3.6, as applicable. An 9 independent utilization review organization shall make а 10 determination within 24 hours. If the carrier's determination is upheld and it is determined continued inpatient care is not 11 12 medically necessary, the carrier shall remain responsible to provide benefits for the inpatient care through the day following the date the 13 14 determination is made and the covered person shall only be 15 responsible for any applicable co-payment, deductible and co-16 insurance for the stay through that date as applicable under the 17 policy. The covered person shall not be discharged or released 18 from the inpatient facility until all internal appeals and independent 19 utilization review organization appeals are exhausted. For any costs 20 incurred after the day following the date of determination until the 21 day of discharge, the covered person shall only be responsible for any applicable cost-sharing, and any additional charges shall be 22 23 paid by the facility or provider.

24 f. (1) The benefits for the first 28 days of intensive outpatient 25 or partial hospitalization services shall be provided without any 26 retrospective review of medical necessity and medical necessity 27 shall be as determined by the covered person's physician.

28 (2) The benefits for days 29 and thereafter of intensive 29 outpatient or partial hospitalization services shall be subject to a 30 retrospective review of the medical necessity of the services.

31 Benefits for inpatient and outpatient treatment of substance g. 32 use disorder after the first 180 days per plan year shall be subject to the medical necessity determination of the <sup>1</sup>[insurer] <u>carrier</u><sup>1</sup> and 33 34 may be subject to prior authorization or, retrospective review and 35 other utilization management requirements.

36 h. Medical necessity review shall utilize an evidence-based and 37 peer reviewed clinical review tool to be designated through 38 rulemaking by the Commissioner of Human Services in 39 consultation with the Department of Health.

40 i. The benefits for outpatient prescription drugs to treat substance use disorder shall be provided when determined 41 42 medically necessary by the covered person's physician, 43 psychologist or psychiatrist without the imposition of any prior 44 authorization or other prospective utilization management 45 requirements.

46 The first 180 days per plan year of benefits shall be i. 47 computed based on inpatient days. One or more unused inpatient days may be exchanged for two outpatient visits. All extended 48

outpatient services such as partial hospitalization and intensive
 outpatient, shall be deemed inpatient days for the purpose of the
 visit to day exchange provided in this subsection.

k. Except as stated above, the benefits and cost-sharing shall be
provided to the same extent as for any other medical condition
covered under the health benefits plan.

1. The benefits required by this section are to be provided to all
covered persons with a diagnosis of substance use disorder. The
presence of additional related or unrelated diagnoses shall not be a
basis to reduce or deny the benefits required by this section.

m. The provisions of this section shall apply to all individual
health benefits plans in which the carrier has reserved the right to
change the premium.

n. The Attorney General's Office shall be responsible for
overseeing any violations of law that may result from P.L. ,
c. (C. ) (pending before the Legislature as this bill), including
fraud, abuse, waste, and mistreatment of covered persons. The
Attorney General's Office is authorized to adopt, pursuant to the
"Administrative Procedure Act," P.L.1968, c.410 (C.52:14B-1 et

seq.), rules and regulations to implement any of the provisions of
P.L., c. (C.) (pending before the Legislature as this bill).

22 o. The provisions of this section shall not apply to an 23 individual health benefits plan which, pursuant to a contract 24 between the carrier and the Department of Human Services, 25 provides benefits to persons who are eligible for medical assistance 26 under P.L.1968, c.413 (C.30:4D-1 et seq.), the "Family Health Care 27 Coverage Act," P.L.2005, c.156 (C.30:4J-8 et seq.), or any other program administered by the Division of Medical Assistance and 28 29 Health Services in the Department of Human Services.

30 p. As used in this section:

31 "Concurrent review" means inpatient care is reviewed as it is
32 provided. Medically qualified reviewers monitor appropriateness of
33 the care, the setting, and patient progress, and as appropriate, the
34 discharge plans.

35 "Substance use disorder" is as defined by the American
36 Psychiatric Association in the Diagnostic and Statistical Manual of
37 Mental Disorders, Fifth Edition and any subsequent editions and
38 shall include substance use withdrawal.

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40 7. (New section) a. A small employer health benefits plan that 41 provides hospital or medical expense benefits and is delivered, 42 issued, executed or renewed in this State, or approved for issuance 43 or renewal in this State by the Commissioner of Banking and 44 Insurance, on or after the effective date of this act, shall provide 45 unlimited benefits for inpatient and outpatient treatment of substance use disorder at in-network facilities. The services for the 46 47 treatment of substance use disorder shall be prescribed by a licensed physician, licensed psychologist, or licensed psychiatrist and 48

provided by licensed health care professionals or licensed or
 certified substance use disorder providers in licensed or otherwise
 State-approved facilities, as required by the laws of the state in
 which the services are rendered.

5 b. The benefits for the first 180 days per plan year of inpatient 6 and outpatient treatment of substance use disorder shall be provided 7 when determined medically necessary by the covered person's 8 physician, psychologist or psychiatrist without the imposition of 9 any prior authorization or other prospective utilization management <sup>1</sup>The facility shall notify the carrier of both the 10 requirements. admission and the initial treatment plan within 48 hours of the 11 admission or initiation of treatment.<sup>1</sup> If there is no in-network 12 13 facility immediately available for a covered person, a carrier shall 14 provide necessary exceptions to their network to ensure admission 15 in a treatment facility within 24 hours.

c. Providers of treatment for substance use disorder to persons
covered under a covered health benefits plan shall not require prepayment of medical expenses during this 180 days in excess of
applicable co-payment, deductible, or co-insurance under the plan.

d. The benefits for outpatient visits shall not be subject to
concurrent or retrospective review of medical necessity or any other
utilization management review.

e. (1) The benefits for the first 28 days of an inpatient stay
during each plan year shall be provided without any retrospective
review or concurrent review of medical necessity and medical
necessity shall be as determined by the covered person's physician.

27 (2) The benefits for days 29 and thereafter of inpatient care shall be subject to concurrent review as defined in this section. A request 28 29 for approval of inpatient care beyond the first 28 days shall be 30 submitted for concurrent review before the expiration of the initial 31 28 day period. A request for approval of inpatient care beyond any 32 period that is approved under concurrent review shall be submitted 33 within the period that was previously approved. No carrier shall 34 initiate concurrent review more frequently than <sup>1</sup>[three-week] two-35  $\underline{\text{week}}^1$  intervals. If a carrier determines that continued inpatient 36 care in a facility is no longer medically necessary, the carrier shall 37 within 24 hours provide written notice to the covered person and the covered person's physician of its decision and the right to file an 38 39 expedited internal appeal of the determination pursuant to an 40 expedited process pursuant to sections 11 through 13 of P.L.1997, 41 c.192 (C.26:2S-11 through 26:2S-13) and N.J.A.C.11:24A-3.5, as 42 applicable. The carrier shall review and make a determination with 43 respect to the internal appeal within 24 hours and communicate 44 such determination to the covered person and the covered person's 45 physician. If the determination is to uphold the denial, the covered 46 person and the covered person's physician have the right to file an 47 expedited external appeal with the Independent Health Care 48 Appeals Program in the Department of Banking and Insurance

1 pursuant to sections 11 through 13 of P.L.1997, c.192 (C.26:2S-11 2 through 26:2S-13) and N.J.A.C.11:24A-3.6, as applicable. An 3 independent utilization review organization shall make а determination within 24 hours. If the carrier's determination is 4 5 upheld and it is determined continued inpatient care is not medically necessary, the carrier shall remain responsible to provide 6 7 benefits for the inpatient care through the day following the date the 8 determination is made and the covered person shall only be 9 responsible for any applicable co-payment, deductible and co-10 insurance for the stay through that date as applicable under the 11 policy. The covered person shall not be discharged or released 12 from the inpatient facility until all internal appeals and independent 13 utilization review organization appeals are exhausted. For any costs 14 incurred after the day following the date of determination until the 15 day of discharge, the covered person shall only be responsible for 16 any applicable cost-sharing, and any additional charges shall be 17 paid by the facility or provider.

18 (1) The benefits for the first 28 days of intensive outpatient f. 19 or partial hospitalization services shall be provided without any 20 retrospective review of medical necessity and medical necessity 21 shall be as determined by the covered person's physician.

22 (2) The benefits for days 29 and thereafter of intensive 23 outpatient or partial hospitalization services shall be subject to a 24 retrospective review of the medical necessity of the services.

25 g. Benefits for inpatient and outpatient treatment of substance 26 use disorder after the first 180 days per plan year shall be subject to 27 the medical necessity determination of the carrier and may be subject to prior authorization or, retrospective review and other 28 29 utilization management requirements.

30 h. Medical necessity review shall utilize an evidence-based and peer reviewed clinical review tool to be designated through 31 rulemaking by the Commissioner of Human Services in 32 33 consultation with the Department of Health.

34 i. The benefits for outpatient prescription drugs to treat 35 substance use disorder shall be provided when determined 36 medically necessary by the covered person's physician, 37 psychologist or psychiatrist without the imposition of any prior 38 authorization or other prospective utilization management 39 requirements.

40 The first 180 days per plan year of benefits shall be į. 41 computed based on inpatient days. One or more unused inpatient 42 days may be exchanged for two outpatient visits. All extended 43 outpatient services such as partial hospitalization and intensive 44 outpatient, shall be deemed inpatient days for the purpose of the 45 visit to day exchange provided in this subsection.

46 Except as stated above, the benefits and cost-sharing shall be k. 47 provided to the same extent as for any other medical condition 48 covered under the health benefits plan.

1. The benefits required by this section are to be provided to all
 covered persons with a diagnosis of substance use disorder. The
 presence of additional related or unrelated diagnoses shall not be a
 basis to reduce or deny the benefits required by this section.

5 m. The provisions of this section shall apply to all small 6 employer health benefits plans in which the carrier has reserved the 7 right to change the premium.

8 n. The Attorney General's Office shall be responsible for 9 overseeing any violations of law that may result from P.L. ,

10 c. (C. ) (pending before the Legislature as this bill), including 11 fraud, abuse, waste, and mistreatment of covered persons. The 12 Attorney General's Office is authorized to adopt, pursuant to the 13 Administrative Procedure Act," P.L.1968, c.410 (C.52:14B-1 et 14 seq.), rules and regulations to implement any of the provisions of 15 P.L., c. (C. ) (pending before the Legislature as this bill).

16 o. As used in this section:

"Concurrent review" means inpatient care is reviewed as it is
provided. Medically qualified reviewers monitor appropriateness of
the care, the setting, and patient progress, and as appropriate, the
discharge plans.

21 "Substance use disorder" is as defined by the American
22 Psychiatric Association in the Diagnostic and Statistical Manual of
23 Mental Disorders, Fifth Edition and any subsequent editions and
24 shall include substance abuse withdrawal.

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26 8. (New section) a. A health maintenance organization 27 contract that provides hospital or medical expense benefits and is delivered, issued, executed or renewed in this State, or approved for 28 29 issuance or renewal in this State by the Commissioner of Banking 30 and Insurance, on or after the effective date of this act, shall provide 31 unlimited benefits for inpatient and outpatient treatment of substance use disorder at in-network facilities. The services for the 32 33 treatment of substance use disorder shall be prescribed by a licensed 34 physician, licensed psychologist, or licensed psychiatrist and 35 provided by licensed health care professionals or licensed or 36 certified substance use disorder providers in licensed or otherwise 37 State-approved facilities, as required by the laws of the state in 38 which the services are rendered.

39 b. The benefits for the first 180 days per plan year of inpatient 40 and outpatient treatment of substance use disorder shall be provided 41 when determined medically necessary by the covered person's 42 physician, psychologist or psychiatrist without the imposition of 43 any prior authorization or other prospective utilization management 44 requirements. <sup>1</sup><u>The facility shall notify the health maintenance</u> organization of both the admission and the initial treatment plan 45 within 48 hours of the admission or initiation of treatment.<sup>1</sup> If there 46 47 is no in-network facility immediately available for a covered 48 person, a health maintenance organization shall provide necessary

exceptions to their network to ensure admission in a treatment
 facility within 24 hours.

c. Providers of treatment for substance use disorder to persons
covered under a covered contract shall not require pre-payment of
medical expenses during this 180 days in excess of applicable copayment, deductible, or co-insurance under the policy.

d. The benefits for outpatient visits shall not be subject to
concurrent or retrospective review of medical necessity or any other
utilization management review.

e. (1) The benefits for the first 28 days of an inpatient stay
during each plan year shall be provided without any retrospective
review or concurrent review of medical necessity and medical
necessity shall be as determined by the covered person's physician.

14 (2) The benefits for days 29 and thereafter of inpatient care shall 15 be subject to concurrent review as defined in this section. A request 16 for approval of inpatient care beyond the first 28 days shall be 17 submitted for concurrent review before the expiration of the initial 18 28 day period. A request for approval of inpatient care beyond any 19 period that is approved under concurrent review shall be submitted 20 within the period that was previously approved. No health maintenance organization shall initiate concurrent review more 21 frequently than <sup>1</sup>[three-week] <u>two-week</u><sup>1</sup> intervals. If a health 22 maintenance organization determines that continued inpatient 23 <sup>1</sup>[confinement] <u>care</u><sup>1</sup> in a facility is no longer medically necessary, 24 the health <sup>1</sup>[insurance] <u>maintenance</u><sup>1</sup> organization shall within 24 25 hours provide written notice to the covered person and the covered 26 27 person's physician of its decision and the right to file an expedited 28 internal appeal of the determination pursuant to an expedited 29 process pursuant to sections 11 through 13 of P.L.1997, c.192 30 (C.26:2S-11 through 26:2S-13) and N.J.A.C.11:24A-3.5, as 31 applicable. The health maintenance organization shall review and 32 make a determination with respect to the internal appeal within 24 33 hours and communicate such determination to the covered person 34 and the covered person's physician. If the determination is to 35 uphold the denial, the covered person and the covered person's physician have the right to file an expedited external appeal with 36 37 the Independent Health Care Appeals Program in the Department of 38 Banking and Insurance pursuant to sections 11 through 13 of 39 P.L.1997, c.192 (C.26:2S-11 through 26:2S-13) and 40 N.J.A.C.11:24A-3.6, as applicable. An independent utilization 41 review organization shall make a determination within 24 hours. If 42 the health maintenance organization's determination is upheld and it is determined continued inpatient care is not medically necessary, 43 44 the carrier shall remain responsible to provide benefits for the 45 inpatient care through the day following the date the determination 46 is made and the covered person shall only be responsible for any 47 applicable co-payment, deductible and co-insurance for the stay 48 through that date as applicable under the policy. The covered

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person shall not be discharged or released from the inpatient facility until all internal appeals and independent utilization review organization appeals are exhausted. For any costs incurred after the day following the date of determination until the day of discharge, the covered person shall only be responsible for any applicable cost-sharing, and any additional charges shall be paid by the facility or provider.

8 f. (1) The benefits for the first 28 days of intensive outpatient 9 or partial hospitalization services shall be provided without any 10 retrospective review of medical necessity and medical necessity 11 shall be as determined by the covered person's physician.

(2) The benefits for days 29 and thereafter of intensive
outpatient or partial hospitalization services shall be subject to a
retrospective review of the medical necessity of the services.

15 g. Benefits for inpatient and outpatient treatment of substance 16 use disorder after the first 180 days per plan year shall be subject to 17 the medical necessity determination of the health maintenance 18 organization and may be subject to prior authorization or, 19 retrospective review and other utilization management 20 requirements.

h. Medical necessity review shall utilize an evidence-based and
peer reviewed clinical review tool to be designated through
rulemaking by the Commissioner of Human Services in
consultation with the Department of Health.

i. The benefits for outpatient prescription drugs to treat
substance use disorder shall be provided when determined
medically necessary by the covered person's physician,
psychologist or psychiatrist without the imposition of any prior
authorization or other prospective utilization management
requirements.

j. The first 180 days per plan year of benefits shall be
computed based on inpatient days. One or more unused inpatient
days may be exchanged for two outpatient visits. All extended
outpatient services such as partial hospitalization and intensive
outpatient, shall be deemed inpatient days for the purpose of the
visit to day exchange provided in this subsection.

k. Except as stated above, the benefits and cost-sharing shall be
provided to the same extent as for any other medical condition
covered under the contract.

1. The benefits required by this section are to be provided to all
covered persons with a diagnosis of substance use disorder. The
presence of additional related or unrelated diagnoses shall not be a
basis to reduce or deny the benefits required by this section.

m. The provisions of this section shall apply to those contracts
in which the health maintenance organization has reserved the right
to change the premium.

n. The Attorney General's Office shall be responsible for
overseeing any violations of law that may result from P.L. ,

c. (C. ) (pending before the Legislature as this bill), including
 fraud, abuse, waste, and mistreatment of covered persons. The
 Attorney General's Office is authorized to adopt, pursuant to the
 "Administrative Procedure Act," P.L.1968, c.410 (C.52:14B-1 et
 seq.), rules and regulations to implement any of the provisions of
 P.L., c. (C. ) (pending before the Legislature as this bill).

7 o. The provisions of this section shall not apply to a health 8 maintenance organization contract which, pursuant to a contract 9 between the health maintenance organization and the Department of 10 Human Services, provides benefits to persons who are eligible for 11 medical assistance under P.L.1968, c.413 (C.30:4D-1 et seq.), the 12 "Family Health Care Coverage Act," P.L.2005, c.156 (C.30:4J-8 et seq.), or any other program administered by the Division of Medical 13 14 Assistance and Health Services in the Department of Human 15 Services.

16 p. As used in this section:

"Concurrent review" means inpatient care is reviewed as it is
provided. Medically qualified reviewers monitor appropriateness of
the care, the setting, and patient progress, and as appropriate, the
discharge plans.

21 "Substance use disorder" is as defined by the American
22 Psychiatric Association in the Diagnostic and Statistical Manual of
23 Mental Disorders, Fifth Edition and any subsequent editions and
24 shall include substance use withdrawal.

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26 9. (New section) a. The State Health Benefits Commission 27 shall ensure that every contract purchased by the commission on or after the effective date of this act provides unlimited benefits for 28 29 inpatient and outpatient treatment of substance use disorder at in-30 network facilities. The services for the treatment of substance use disorder shall be prescribed by a licensed physician, licensed 31 32 psychologist, or licensed psychiatrist and provided by licensed 33 health care professionals or licensed or certified substance use 34 disorder providers in licensed or otherwise State-approved facilities, 35 as required by the laws of the state in which the services are 36 rendered.

37 b. The benefits for the first 180 days per plan year of inpatient and outpatient treatment of substance use disorder shall be provided 38 39 when determined medically necessary by the covered person's 40 physician, psychologist or psychiatrist without the imposition of 41 any prior authorization or other prospective utilization management 42 requirements. <sup>1</sup>The facility shall notify the benefit payer of both 43 the admission and the initial treatment plan within 48 hours of the admission or initiation of treatment.<sup>1</sup> If there is no in-network 44 45 facility immediately available for a covered person, the contract 46 shall provide necessary exceptions to their network to ensure 47 admission in a treatment facility within 24 hours.

c. Providers of treatment for substance use disorder to persons
 covered under a covered contract shall not require pre-payment of
 medical expenses during this 180 days in excess of applicable co payment, deductible, or co-insurance under the policy.

d. The benefits for outpatient visits shall not be subject to
concurrent or retrospective review of medical necessity or any other
utilization management review.

8 e. (1) The benefits for the first 28 days of an inpatient stay 9 during each plan year shall be provided without any retrospective 10 review or concurrent review of medical necessity and medical 11 necessity shall be as determined by the covered person's physician.

12 (2) The benefits for days 29 and thereafter of inpatient care shall 13 be subject to concurrent review as defined in this section. A request 14 for approval of inpatient care beyond the first 28 days shall be 15 submitted for concurrent review before the expiration of the initial 16 28 day period. A request for approval of inpatient care beyond any 17 period that is approved under concurrent review shall be submitted 18 within the period that was previously approved. The contract shall 19 not initiate concurrent review more frequently than <sup>1</sup>[three-week] 20 two-week<sup>1</sup> intervals. If it is determined that continued inpatient 21 care in a facility is no longer medically necessary, the contract shall 22 provide that within 24 hours, written notice shall be provided to the 23 covered person and the covered person's physician of its decision 24 and the right to file an expedited internal appeal of the 25 determination pursuant to an expedited process pursuant to sections 26 11 through 13 of P.L.1997, c.192 (C.26:2S-11 through 26:2S-13) 27 and N.J.A.C.11:24A-3.5, as applicable. A determination shall be made with respect to the internal appeal within 24 hours and shall 28 29 be communicated to the covered person and the covered person's 30 physician. If the determination is to uphold the denial, the covered 31 person and the covered person's physician have the right to file an 32 expedited external appeal with the Independent Health Care 33 Appeals Program in the Department of Banking and Insurance 34 pursuant to sections 11 through 13 of P.L.1997, c.192 (C.26:2S-11 35 through 26:2S-13) and N.J.A.C.11:24A-3.6, as applicable. An 36 independent utilization review organization shall make a 37 determination within 24 hours. If the determination is upheld and it 38 is determined continued inpatient care is not medically necessary, 39 the contract shall state that benefits are provided for the inpatient 40 care through the day following the date the determination is made 41 and the covered person shall only be responsible for any applicable 42 co-payment, deductible and co-insurance for the stay through that 43 date as applicable under the contract. The covered person shall not 44 be discharged or released from the inpatient facility until all internal 45 appeals and independent utilization review organization appeals are 46 exhausted. For any costs incurred after the day following the date of 47 determination until the day of discharge, the covered person shall

only be responsible for any applicable cost-sharing, and any
 additional charges shall be paid by the facility or provider.

f. (1) The benefits for the first 28 days of intensive outpatient
or partial hospitalization services shall be provided without any
retrospective review of medical necessity and medical necessity
shall be as determined by the covered person's physician.

7 (2) The benefits for days 29 and thereafter of intensive
8 outpatient or partial hospitalization services shall be subject to a
9 retrospective review of the medical necessity of the services.

g. Benefits for inpatient and outpatient treatment of substance
use disorder after the first 180 days per plan year shall be subject to
medical necessity determination and may be subject to prior
authorization or, retrospective review and other utilization
management requirements.

h. Medical necessity review shall utilize an evidence-based and
peer reviewed clinical review tool to be designated through
rulemaking by the Commissioner of Human Services in
consultation with the Department of Health.

i. The benefits for outpatient prescription drugs to treat
substance use disorder shall be provided when determined
medically necessary by the covered person's physician,
psychologist or psychiatrist without the imposition of any prior
authorization or other prospective utilization management
requirements.

j. The first 180 days per plan year of benefits shall be computed based on inpatient days. One or more unused inpatient days may be exchanged for two outpatient visits. All extended outpatient services such as partial hospitalization and intensive outpatient, shall be deemed inpatient days for the purpose of the visit to day exchange provided in this subsection.

k. Except as stated above, the benefits and cost-sharing shall be
provided to the same extent as for any other medical condition
covered under the contract.

The benefits required by this section are to be provided to all
 covered persons with a diagnosis of substance use disorder. The
 presence of additional related or unrelated diagnoses shall not be a
 basis to reduce or deny the benefits required by this section.

38 m. As used in this section:

39 "Concurrent review" means inpatient care is reviewed as it is
40 provided. Medically qualified reviewers monitor appropriateness of
41 the care, the setting, and patient progress, and as appropriate, the
42 discharge plans.

43 "Substance use disorder" is as defined by the American
44 Psychiatric Association in the Diagnostic and Statistical Manual of
45 Mental Disorders, Fifth Edition and any subsequent editions and
46 shall include substance use withdrawal.

1 10. (New section) a. The School Employees' Health Benefits 2 Commission shall ensure that every contract purchased by the 3 commission on or after the effective date of this act provides unlimited benefits for inpatient and outpatient treatment of 4 5 substance use disorder at in-network facilities. The services for the 6 treatment of substance use disorder shall be prescribed by a licensed 7 physician, licensed psychologist, or licensed psychiatrist and 8 provided by licensed health care professionals or licensed or 9 certified substance use disorder providers in licensed or otherwise 10 State-approved facilities, as required by the laws of the state in 11 which the services are rendered.

12 The benefits for the first 180 days per plan year of inpatient b. 13 and outpatient treatment of substance use disorder shall be provided 14 when determined medically necessary by the covered person's physician, psychologist or psychiatrist without the imposition of 15 16 any prior authorization or other prospective utilization management requirements. <sup>1</sup><u>The facility shall notify the benefit payer of both</u> 17 the admission and the initial treatment plan within 48 hours of the 18 19 admission or initiation of treatment.<sup>1</sup> If there is no in-network facility immediately available for a covered person, the contract 20 21 shall provide necessary exceptions to their network to ensure 22 admission in a treatment facility within 24 hours.

c. Providers of treatment for substance use disorder to persons
covered under a covered contract shall not require pre-payment of
medical expenses during this 180 days in excess of applicable copayment, deductible, or co-insurance under the policy.

d. The benefits for outpatient visits shall not be subject to
concurrent or retrospective review of medical necessity or any other
utilization management review.

e. (1) The benefits for the first 28 days of an inpatient stay
during each plan year shall be provided without any retrospective
review or concurrent review of medical necessity and medical
necessity shall be as determined by the covered person's physician.

34 (2) The benefits for days 29 and thereafter of inpatient care shall 35 be subject to concurrent review as defined in this section. A request 36 for approval of inpatient care beyond the first 28 days shall be 37 submitted for concurrent review before the expiration of the initial 38 28 day period. A request for approval of inpatient care beyond any 39 period that is approved under concurrent review shall be submitted 40 within the period that was previously approved. The contract shall 41 not initiate concurrent review more frequently than <sup>1</sup>[three-week] <u>two-week<sup>1</sup></u> intervals. If it is determined that continued inpatient 42 43 care in a facility is no longer medically necessary, the contract shall 44 provide that within 24 hours, written notice shall be provided to the 45 covered person and the covered person's physician of its decision 46 and the right to file an expedited internal appeal of the 47 determination pursuant to an expedited process pursuant to sections 11 through 13 of P.L.1997, c.192 (C.26:2S-11 through 26:2S-13) 48

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1 and N.J.A.C.11:24A-3.5, as applicable. A determination shall be 2 made with respect to the internal appeal within 24 hours and shall 3 be communicated to the covered person and the covered person's 4 physician. If the determination is to uphold the denial, the covered 5 person and the covered person's physician have the right to file an 6 expedited external appeal with the Independent Health Care 7 Appeals Program in the Department of Banking and Insurance 8 pursuant to sections 11 through 13 of P.L.1997, c.192 (C.26:2S-11 9 through 26:2S-13) and N.J.A.C.11:24A-3.6, as applicable. An 10 independent utilization review organization shall make a 11 determination within 24 hours. If the determination is upheld and it 12 is determined continued inpatient care is not medically necessary, 13 the contract shall state that benefits are provided for the inpatient 14 care through the day following the date the determination is made 15 and the covered person shall only be responsible for any applicable 16 co-payment, deductible and co-insurance for the stay through that 17 date as applicable under the contract. The covered person shall not 18 be discharged or released from the inpatient facility until all internal 19 appeals and independent utilization review organization appeals are 20 exhausted. For any costs incurred after the day following the date of 21 determination until the day of discharge, the covered person shall 22 only be responsible for any applicable cost-sharing, and any 23 additional charges shall be paid by the facility or provider.

f. (1) The benefits for the first 28 days of intensive outpatient
or partial hospitalization services shall be provided without any
retrospective review of medical necessity and medical necessity
shall be as determined by the covered person's physician.

(2) The benefits for days 29 and thereafter of intensive
outpatient or partial hospitalization services shall be subject to a
retrospective review of the medical necessity of the services.

g. Benefits for inpatient and outpatient treatment of substance
use disorder after the first 180 days per plan year shall be subject to
medical necessity determination and may be subject to prior
authorization or, retrospective review and other utilization
management requirements.

h. Medical necessity review shall utilize an evidence-based and
peer reviewed clinical review tool to be designated through
rulemaking by the Commissioner of Human Services in
consultation with the Department of Health.

i. The benefits for outpatient prescription drugs to treat
substance use disorder shall be provided when determined
medically necessary by the covered person's physician,
psychologist or psychiatrist without the imposition of any prior
authorization or other prospective utilization management
requirements.

j. The first 180 days per plan year of benefits shall be
computed based on inpatient days. One or more unused inpatient
days may be exchanged for two outpatient visits. All extended

outpatient services such as partial hospitalization and intensive
 outpatient, shall be deemed inpatient days for the purpose of the
 visit to day exchange provided in this subsection.

k. Except as stated above, the benefits and cost-sharing shall be
provided to the same extent as for any other medical condition
covered under the contract.

1. The benefits required by this section are to be provided to all
covered persons with a diagnosis of substance use disorder. The
presence of additional related or unrelated diagnoses shall not be a
basis to reduce or deny the benefits required by this section.

11 m. As used in this section:

12 "Concurrent review" means inpatient care is reviewed as it is 13 provided. Medically qualified reviewers monitor appropriateness of 14 the care, the setting, and patient progress, and as appropriate, the 15 discharge plans.

"Substance use disorder" is as defined by the American
Psychiatric Association in the Diagnostic and Statistical Manual of
Mental Disorders, Fifth Edition and any subsequent editions and
shall include substance use withdrawal.

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11. (New section) a. A practitioner shall not issue an initial
prescription for an opioid drug which is a prescription drug as
defined in section 2 of P.L.2003, c.280 (C.45:14-41) in a quantity
exceeding a five-day supply for treatment of acute pain. <sup>1</sup><u>Any</u>
prescription for acute pain pursuant to this subsection shall be for
the lowest effective dose of immediate-release opioid drug.<sup>1</sup>

b. Prior to issuing an initial prescription of a <sup>1</sup>[course of
treatment that includes a]<sup>1</sup> Schedule II controlled dangerous
substance or any other opioid drug which is a prescription drug as
defined in section 2 of P.L.2003, c.280 (C.45:14-41) <sup>1</sup>in a course of
treatment<sup>1</sup> for acute or chronic pain, a practitioner shall:

(1) take and document the results of a thorough medical history,
including the patient's experience with non-opioid medication and
non-pharmacological pain management approaches and substance
abuse history;

36 (2) conduct, as appropriate, and document the results of a37 physical examination;

38 (3) develop a treatment plan, with particular attention focused39 on determining the cause of the patient's pain;

40 (4) access relevant prescription monitoring information under
41 the Prescription Monitoring Program pursuant to section 8 of
42 P.L.2015, c.74 (C. 45:1-46.1); and

43 (5) limit the supply of any opioid drug prescribed for acute pain
44 to a duration of no more than five days as determined by the
45 directed dosage and frequency of dosage.

46 c. No less than four days after issuing the initial prescription

47 <sup>1</sup><u>pursuant to subsection a. of this subsection</u><sup>1</sup>, the practitioner, after

consultation with the patient, may issue a subsequent prescription
 for the drug to the patient in any quantity that complies with
 applicable State and federal laws, provided that:

4 (1) the subsequent prescription would not be deemed an initial5 prescription under this section;

6 (2) the practitioner determines the prescription is necessary and 7 appropriate to the patient's treatment needs and documents the 8 rationale for the issuance of the subsequent prescription; and

9 (3) the practitioner determines that issuance of the subsequent 10 prescription does not present an undue risk of abuse, addiction, or 11 diversion and documents that determination.

12 d. Prior to issuing the initial prescription of <sup>1</sup>[a course of treatment that includes ]<sup>1</sup> a Schedule II controlled dangerous 13 substance or any other opioid drug which is a prescription drug as 14 defined in section 2 of P.L.2003, c.280 (C.45:14-41) <sup>1</sup>in a course of 15 treatment for acute or chronic pain<sup>1</sup> and again prior to issuing the 16 third prescription of the course of treatment, a practitioner shall 17 discuss with the patient, or the patient's parent or guardian if the 18 19 patient is under 18 years of age and is not an emancipated minor, 20 the risks associated with the drugs being prescribed, including but 21 not limited to:

(1) the risks of addiction and overdose associated with opioid
drugs and the dangers of taking opioid drugs with alcohol,
benzodiazepines and other central nervous system depressants;

(2) the reasons why the prescription is necessary;

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(3) alternative treatments that may be available; and

(4) risks associated with the use of the drugs being prescribed,
specifically that opioids are highly addictive, even when taken as
prescribed, that there is a risk of developing a physical or
psychological dependence on the controlled dangerous substance,
and that the risks of taking more opioids than prescribed, or mixing
sedatives, benzodiazepines or alcohol with opioids, can result in
fatal respiratory depression.

34 The practitioner shall <sup>1</sup>[obtain a written acknowledgement, on a form developed and made available by the Division of Consumer 35 Affairs,] include a note in the patient's medical record<sup>1</sup> that the 36 patient or the patient's parent or guardian, as applicable, has 37 38 discussed with the practitioner the risks of developing a physical or 39 psychological dependence on the controlled dangerous substance 40 and alternative treatments that may be available. The Division of 41 Consumer Affairs shall develop and make available to practitioners 42 guidelines for the discussion required pursuant to this subsection.

e. At the time of the issuance of the third prescription for a
prescription opioid drug, the practitioner shall enter into a pain
management agreement with the patient.

f. When a Schedule II controlled dangerous substance or any
other prescription opioid drug is continuously prescribed for three
months or more for chronic pain, the practitioner shall:

(1) review, at a minimum of every three months, the course of
 treatment, any new information about the etiology of the pain, and
 the patient's progress toward treatment objectives and document the
 results of that review;

5 (2) assess the patient prior to every renewal to determine 6 whether the patient is experiencing problems associated with 7 physical and psychological dependence and document the results of 8 that assessment;

9 (3) periodically make reasonable efforts, unless clinically 10 contraindicated, to either stop the use of the controlled substance, 11 decrease the dosage, try other drugs or treatment modalities in an 12 effort to reduce the potential for abuse or the development of 13 physical or psychological dependence and document with 14 specificity the efforts undertaken;

(4) review the Prescription Drug Monitoring information in
accordance with section 8 of P.L.2015, c.74 (C. 45:1-46.1); and

(5) monitor compliance with the pain management agreementand any recommendations that the patient seek a referral.

19 g. As used in this section:

"Acute pain" means pain, whether resulting from disease,
accidental or intentional trauma, or other cause, that the practitioner
reasonably expects to last only a short period of time. "Acute pain"
does not include chronic pain, pain being treated as part of cancer
care, hospice or other end of life care, or pain being treated as part
of palliative care.

26 "Initial prescription" means a prescription issued to a patient27 who:

(1) has never previously been issued a prescription for the drugor its pharmaceutical equivalent; or

30 (2) was previously issued a prescription for the drug or its
31 pharmaceutical equivalent, but the date on which the current
32 prescription is being issued is more than one year after the date the
33 patient last used or was administered the drug or its equivalent.

When determining whether a patient was previously issued a prescription for a drug or its pharmaceutical equivalent, the practitioner shall consult with the patient and review the patient's medical record and prescription monitoring information.

"Pain management agreement" means a written contract or
agreement that is executed between a practitioner and a patient,
prior to the commencement of treatment for chronic pain using a
Schedule II controlled dangerous substance or any other opioid drug
which is a prescription drug as defined in section 2 of P.L. 2003, c.
280 (C.45:14-41), as a means to:

44 (1) prevent the possible development of physical or45 psychological dependence in the patient;

46 (2) document the understanding of both the practitioner and the47 patient regarding the patient's pain management plan;

1 (3) establish the patient's rights in association with treatment, 2 and the patient's obligations in relation to the responsible use, 3 discontinuation of use, and storage of Schedule II controlled 4 dangerous substances, including any restrictions on the refill of 5 prescriptions or the acceptance of Schedule II prescriptions from 6 practitioners;

7 (4) identify the specific medications and other modes of 8 treatment, including physical therapy or exercise, relaxation, or 9 psychological counseling, that are included  ${}^{1}\underline{as}{}^{1}$  a part of the pain 10 management plan;

(5) specify the measures the practitioner may employ to monitor
the patient's compliance, including but not limited to random
specimen screens and pill counts; and

(6) delineate the process for terminating the agreement,
including the consequences if the practitioner has reason to believe
that the patient is not complying with the terms of the agreement.

"Practitioner" means a medical doctor, doctor of osteopathy,
dentist, optometrist, podiatrist, physician assistant, certified nurse
midwife, or advanced practice nurse <sup>1</sup>, acting within the scope of
practice of their professional license pursuant to Title 45 of the
Revised Statutes<sup>1</sup>.

h. This section shall not apply to a prescription for a patient who is currently in active treatment for cancer, receiving hospice care from a licensed hospice or palliative care, or is a resident of a long term care facility, or to any medications that are being prescribed for use in the treatment of substance abuse or opioid dependence.

28 <sup>1</sup>i. Every policy, contract or plan delivered, issued, executed or 29 renewed in this State, or approved for issuance or renewal in this 30 State by the Commissioner of Banking and Insurance, and every 31 contract purchased by the School Employees' Health Benefits 32 Commission or State Health Benefits Commission, on or after the 33 effective date of this act, that provides coverage for prescription 34 drugs subject to a co-payment, coinsurance or deductible shall 35 charge a co-payment, coinsurance or deductible for an initial 36 prescription of an opioid drug prescribed pursuant to this section 37 that is either: (1) proportional between the cost sharing for a 30-day supply 38 39 and the amount of drugs the patient was prescribed; or

40 (2) equivalent to the cost sharing for a full 30-day supply of the
41 opioid drug, provided that no additional cost sharing may be
42 charged for any additional prescriptions for the remainder of the 3043 day supply.<sup>1</sup>

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45 12. Section 1 of P.L.1997, c.249 (C.45:9-22.19) is amended to 46 read as follows:

1 1. a. [A] Except in the case of an initial prescription issued 2 pursuant to section 11 of P.L., c. (C.) (pending before the 3 Legislature as this bill), a physician licensed pursuant to chapter 9 4 of Title 45 of the Revised Statutes may prescribe a Schedule II 5 controlled dangerous substance for the use of a patient in any 6 quantity which does not exceed a 30-day supply, as defined by regulations adopted by the State Board of Medical Examiners in 7 8 consultation with the Department of Health [and Senior Services]. 9 The physician shall document the diagnosis and the medical need 10 for the prescription in the patient's medical record, in accordance 11 with guidelines established by the State Board of Medical 12 Examiners. 13 b. [A] Except in the case of an initial prescription issued pursuant to section 11 of P.L., c. (C.) (pending before the 14 15 Legislature as this bill), a physician may issue multiple 16 prescriptions authorizing the patient to receive a total of up to a 90-17 day supply of a Schedule II controlled dangerous substance, 18 provided that the following conditions are met: 19 (1) each separate prescription is issued for a legitimate medical 20 purpose by the physician acting in the usual course of professional 21 practice; 22 (2) the physician provides written instructions on each 23 prescription, other than the first prescription if it is to be filled 24 immediately, indicating the earliest date on which a pharmacy may 25 fill each prescription; 26 (3) the physician determines that providing the patient with 27 multiple prescriptions in this manner does not create an undue risk 28 of diversion or abuse; and 29 (4) the physician complies with all other applicable State and 30 federal laws and regulations. 31 (cf: P.L.2009, c.165, s.1) 32 33 13. (New section) a. The Director of the Division of Consumer Affairs, pursuant to the "Administrative Procedure Act," P.L.1968, 34 35 c.410 (C.52:14B-1 et seq.), shall adopt rules and regulations to effectuate the purposes of sections 11 and 12 of P.L., c. (C. 36 ) 37 (pending before the Legislature as this bill). 38 b. Notwithstanding the provision of the "Administrative Procedure Act," P.L.1968, c.410 (C.52:14B-1 et seq.) to the 39 40 contrary, the Director of the Division of Consumer Affairs may 41 adopt, immediately upon filing with the Office of Administrative 42 Law, and no later than the 90th day after the effective date of this 43 act, such regulations as the director deems necessary to implement any of the provisions of P.L., c. (C. 44 ) (pending before the 45 Legislature as this bill). Regulations adopted pursuant to this 46 subsection shall be effective until the adoption of rules and

47 regulations pursuant to subsection a. of this section, and may be

1 amended, adopted, or readopted by the director in accordance with 2 the requirements of P.L.1968, c.410 (C.52:14B-1 et seq.). 3 4 14. Section 3 of P.L.1991, c.97 (C.45:10-19) is amended to read 5 as follows: 6 3. To qualify to prescribe drugs pursuant to section 2 of [this 7 act] P.L.1991, c.97 (C.45:10-18), a certified nurse midwife shall 8 have completed 30 contact hours, as defined by the National Task 9 Force on the Continuing Education Unit, in pharmacology or a 10 pharmacology course, acceptable to the board, in an accredited 11 institution of higher education approved by the Department of 12 Higher Education or the board. Such contact hours shall include 13 one credit of educational programs or topics on issues concerning 14 prescription opioid drugs, including responsible prescribing 15 practices, alternatives to opioids for managing and treating pain, 16 and the risks and signs of opioid abuse, addiction, and diversion. 17 (cf: P.L.1991, c.97, s.3) 18 19 15. Section 10 of P.L.1991, c.377 (C.45:11-49) is amended to 20 read as follows: 10. a. In addition to all other tasks which a registered 21 22 professional nurse may, by law, perform, an advanced practice 23 nurse may manage preventive care services and diagnose and 24 manage deviations from wellness and long-term illnesses, consistent 25 with the needs of the patient and within the scope of practice of the 26 advanced practice nurse, by: 27 (1) initiating laboratory and other diagnostic tests; (2) prescribing or ordering medications and devices, as 28 29 authorized by subsections b. and c. of this section; and 30 (3) prescribing or ordering treatments, including referrals to 31 other licensed health care professionals, and performing specific 32 procedures in accordance with the provisions of this subsection. 33 b. An advanced practice nurse may order medications and 34 devices in the inpatient setting, subject to the following conditions: 35 (1) the collaborating physician and advanced practice nurse 36 shall address in the joint protocols whether prior consultation with 37 the collaborating physician is required to initiate an order for a 38 controlled dangerous substance; 39 (2) the order is written in accordance with standing orders or 40 joint protocols developed in agreement between a collaborating 41 physician and the advanced practice nurse, or pursuant to the 42 specific direction of a physician; 43 (3) the advanced practice nurse authorizes the order by signing 44 the nurse's own name, printing the name and certification number, 45 and printing the collaborating physician's name; 46 (4) the physician is present or readily available through 47 electronic communications;

1 (5) the charts and records of the patients treated by the advanced 2 practice nurse are reviewed by the collaborating physician and the 3 advanced practice nurse within the period of time specified by rule 4 adopted by the Commissioner of Health pursuant to section 13 of 5 P.L.1991, c.377 (C.45:11-52);

6 (6) the joint protocols developed by the collaborating physician
7 and the advanced practice nurse are reviewed, updated, and signed
8 at least annually by both parties; and

9 (7) the advanced practice nurse has completed six contact hours 10 of continuing professional education in pharmacology related to controlled substances, including pharmacologic therapy [and], 11 12 addiction prevention and management, and issues concerning prescription opioid drugs, including responsible prescribing 13 14 practices, alternatives to opioids for managing and treating pain, 15 and the risks and signs of opioid abuse, addiction, and diversion, in 16 accordance with regulations adopted by the New Jersey Board of 17 Nursing. The six contact hours shall be in addition to New Jersey 18 Board of Nursing pharmacology education requirements for 19 advanced practice nurses related to initial certification and 20 recertification of an advanced practice nurse as set forth in 21 N.J.A.C.13:37-7.2.

c. An advanced practice nurse may prescribe medications and
devices in all other medically appropriate settings, subject to the
following conditions:

(1) the collaborating physician and advanced practice nurse
shall address in the joint protocols whether prior consultation with
the collaborating physician is required to initiate a prescription for a
controlled dangerous substance;

(2) the prescription is written in accordance with standing orders
or joint protocols developed in agreement between a collaborating
physician and the advanced practice nurse, or pursuant to the
specific direction of a physician;

(3) the advanced practice nurse writes the prescription on a New
Jersey Prescription Blank pursuant to P.L.2003, c.280 (C.45:14-40
et seq.), signs the nurse's own name to the prescription and prints
the nurse's name and certification number;

37 (4) the prescription is dated and includes the name of the patient
38 and the name, address, and telephone number of the collaborating
39 physician;

40 (5) the physician is present or readily available through41 electronic communications;

42 (6) the charts and records of the patients treated by the advanced
43 practice nurse are periodically reviewed by the collaborating
44 physician and the advanced practice nurse;

45 (7) the joint protocols developed by the collaborating physician
46 and the advanced practice nurse are reviewed, updated, and signed
47 at least annually by both parties; and

1 (8) the advanced practice nurse has completed six contact hours 2 of continuing professional education in pharmacology related to 3 controlled substances, including pharmacologic therapy [and], 4 addiction prevention and management, and issues concerning 5 prescription opioid drugs, including responsible prescribing 6 practices, alternatives to opioids for managing and treating pain, 7 and the risks and signs of opioid abuse, addiction, and diversion, in 8 accordance with regulations adopted by the New Jersey Board of 9 Nursing. The six contact hours shall be in addition to New Jersey 10 Board of Nursing pharmacology education requirements for advanced practice nurses related to initial certification and 11 12 recertification of an advanced practice nurse as set forth in 13 N.J.A.C.13:37-7.2.

d. The joint protocols employed pursuant to subsections b. and
c. of this section shall conform with standards adopted by the
Director of the Division of Consumer Affairs pursuant to section 12
of P.L.1991, c.377 (C.45:11-51) or section 10 of P.L.1999, c.85
(C.45:11-49.2), as applicable.

e. (Deleted by amendment, P.L.2004, c.122.)

f. An attending advanced practice nurse may determine and
certify the cause of death of the nurse's patient and execute the
death certification pursuant to R.S.26:6-8 if no collaborating
physician is available to do so and the nurse is the patient's primary
caregiver.

25 (cf: P.L.2015, c.38, s.3)

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27 16. R.S.45:12-1 is amended to read as follows:

28 45:12-1. Optometry is hereby declared to be a profession, and 29 the practice of optometry is defined to be the employment of 30 objective or subjective means, or both, for the examination of the 31 human eye and adnexae for the purposes of ascertaining any 32 departure from the normal, measuring its powers of vision and 33 adapting lenses or prisms for the aid thereof, or the use and 34 prescription of pharmaceutical agents, excluding injections, except 35 for injections to counter anaphylactic reaction **[,]**; and excluding 36 controlled dangerous substances as provided in sections 5 and 6 of 37 P.L.1970, c.226 (C.24:21-5 and C.24:21-6), except as otherwise authorized by section 9 of P.L.1991, c.385 (C.45:12-9.11), for the 38 39 purposes of treating deficiencies, deformities, diseases, or 40 abnormalities of the human eye and adnexae, including the removal 41 of superficial foreign bodies from the eye and adnexae.

An optometrist utilizing pharmaceutical agents for the purposes of treatment of ocular conditions and diseases shall be held to a standard of patient care in the use of such agents commensurate to that of a physician utilizing pharmaceutical agents for treatment purposes.

47 A person shall be deemed to be practicing optometry within the48 meaning of this chapter who in any way advertises himself as an

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1 optometrist, or who shall employ any means for the measurement of 2 the powers of vision or the adaptation of lenses or prisms for the aid 3 thereof, practice, offer or attempt to practice optometry as herein 4 defined, either on his own behalf or as an employee or student of 5 another, whether under the personal supervision of his employer or 6 perceptor or not, or to use testing appliances for the purposes of 7 measurement of the powers of vision or diagnose any ocular 8 deficiency or deformity, visual or muscular anomaly of the human 9 eye and adnexae or prescribe lenses, prisms or ocular exercise for 10 the correction or the relief thereof, or who uses or prescribes 11 pharmaceutical agents for the purposes of diagnosing and treating 12 deficiencies, deformities, diseases or abnormalities of the human eye and adnexae or who holds himself out as qualified to practice 13 14 optometry.

15 (cf: P.L.2004, c.115, s.1)

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17 17. Section 3 of P.L.1975, c.24 (C.45:12-9.3) is amended to read 18 as follows:

19 3. Fifty credits of continuing professional optometric education 20 shall be required biennially of each New Jersey optometrist holding 21 an active license during the period preceding the established license 22 renewal date. Each credit shall represent or be equivalent to one 23 hour of actual course attendance or in the case of those electing an 24 alternative method of satisfying the requirements of this act shall be 25 approved by the board and certified to the board on forms to be 26 provided for that purpose. Of the 50 credits biennially required 27 under this section, at least one credit shall be for educational 28 programs or topics that concern the prescription of hydrocodone, or 29 the prescription of opioid drugs in general, including responsible 30 prescribing practices, the alternatives to the use of opioids for the 31 management and treatment of pain, and the risks and signs of opioid 32 abuse, addiction, and diversion.

- 33 (cf: P.L.1975, c.24, s.3)
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35 18. (New section) a. The New Jersey State Board of Dentistry 36 shall require that the number of credits of continuing dental 37 education required of each person licensed as a dentist, as a condition of biennial registration pursuant to R.S.45:6-10 and 38 39 section 1 of P.L.1972, c.108 (C.45:1-7), include one credit of 40 educational programs or topics concerning prescription opioid 41 drugs, including responsible prescribing practices, alternatives to 42 opioids for managing and treating pain, and the risks and signs of 43 opioid abuse, addiction, and diversion. The continuing dental 44 education requirement in this subsection shall be subject to the 45 provisions of P.L.1991, c.490 (C.45:6-10.1 et seq.), including, but 46 not limited to, the authority of the board to waive the provisions of 47 this section for a specific individual if the board deems it is 48 appropriate to do so.

b. The New Jersey State Board of Dentistry, pursuant to the
"Administrative Procedure Act," P.L.1968, c.410 (C.52:14B-1 et
seq.), shall adopt such rules and regulations as are necessary to
effectuate the purposes of this section.

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6 19. (New section) a. The State Board of Medical Examiners 7 shall require that the number of credits of continuing medical 8 education required of each person licensed as a physician, as a 9 condition of biennial registration pursuant to section 1 of P.L.1971, 10 c.236 (C.45:9-6.1), include one credit of educational programs or 11 topics concerning prescription opioid drugs, including responsible 12 prescribing practices, alternatives to opioids for managing and treating pain, and the risks and signs of opioid abuse, addiction, and 13 14 diversion. The continuing medical education requirement in this 15 subsection shall be subject to the provisions of section 10 of 16 P.L.2001, c.307 (C.45:9-7.1), including, but not limited to, the 17 authority of the board to waive the provisions of this section for a 18 specific individual if the board deems it is appropriate to do so.

b. The State Board of Medical Examiners, pursuant to the
"Administrative Procedure Act," P.L.1968, c.410 (C.52:14B-1 et
seq.), shall adopt such rules and regulations as are necessary to
effectuate the purposes of this section.

23

24 20. (New section) a. The State Board of Medical Examiners 25 shall require that the number of credits of continuing medical 26 education required of each person licensed as a physician assistant, 27 as a condition of biennial renewal pursuant to section 4 of P.L.1991, 28 c.378 (C.45:9-27.13), include one credit of educational programs or 29 topics concerning prescription opioid drugs, including responsible 30 prescribing practices, alternatives to opioids for managing and 31 treating pain, and the risks and signs of opioid abuse, addiction, and 32 diversion. The continuing medical education requirement in this 33 subsection shall be subject to the provisions of section 16 of 34 P.L.1991, c.378 (C.45:9-27.25), including, but not limited to, the 35 authority of the board to waive the provisions of this section for a 36 specific individual if the board deems it is appropriate to do so.

b. The State Board of Medical Examiners, pursuant to the
"Administrative Procedure Act," P.L.1968, c.410 (C.52:14B-1 et
seq.), shall adopt such rules and regulations as are necessary to
effectuate the purposes of this section.

41

42 21. (New section) a. The New Jersey Board of Nursing shall
43 require that the number of credits of continuing education required
44 of each person licensed as a professional nurse or a practical nurse,
45 as a condition of biennial license renewal, include one credit of
46 educational programs or topics concerning prescription opioid
47 drugs, including alternatives to opioids for managing and treating

1 pain and the risks and signs of opioid abuse, addiction, and2 diversion.

b. The board may, in its discretion, waive the continuing
education requirement in subsection a. of this section on an
individual basis for reasons of hardship, such as illness or disability,
retirement of the license, or other good cause. A waiver shall apply
only to the current biennial renewal period at the time of board
issuance.

9 c. The New Jersey Board of Nursing, pursuant to the 10 "Administrative Procedure Act," P.L.1968, c.410 (C.52:14B-1 et 11 seq.), shall adopt such rules and regulations as are necessary to 12 effectuate the purposes of this section.

13

14 22. (New section) a. The New Jersey State Board of Pharmacy 15 shall require that the number of credits of continuing pharmacy 16 education required of each person registered as a pharmacist, as a 17 condition of biennial renewal certification, include one credit of 18 educational programs or topics concerning prescription opioid 19 drugs, including alternatives to opioids for managing and treating 20 pain and the risks and signs of opioid abuse, addiction, and 21 diversion. The continuing pharmacy education requirement in this 22 subsection shall be subject to the provisions of section 15 of 23 P.L.2003, c.280 (C.45:14-54), including, but not limited to, the 24 authority of the board to waive the provisions of this section for a 25 specific individual if the board deems it is appropriate to do so.

b. The New Jersey State Board of Pharmacy, pursuant to the
"Administrative Procedure Act," P.L.1968, c.410 (C.52:14B-1 et
seq.), shall adopt such rules and regulations as are necessary to
effectuate the purposes of this section.

30

31 23. (New section) The Commissioner of Health, in consultation 32 with the Commissioner of Banking and Insurance, shall submit 33 reports at two intervals to the Legislature, pursuant to section 2 of 34 P.L.1991, c.164 (C.52:14-19.1), and the Governor. The first report shall be submitted six months, and the second report shall be 35 36 submitted 12 months, after the date of enactment of this act. The 37 reports shall evaluate the implementation and impact of the act's provisions and make recommendations regarding revisions to the 38 39 statutes that may be appropriate. The report shall include, but not 40 be limited to, an evaluation of the following:

a. The effects of the five-day supply limitation on
prescriptions, and other requirements concerning the prescribing of
opioids and other drugs pursuant to section 11 of the act, including
the impact of these provisions on patients with chronic pain and the
impact on patient cost sharing; and

b. The effects of the provisions of the bill providing that if
there is no in-network facility immediately available for a covered
person to receive treatment, a carrier shall provide necessary

1 exceptions to their network to ensure admission in a treatment 2 facility within 24 hours, including the impact of these provisions on the availability of treatment beds for patients, the impact on 3 4 facilities in the State, and the costs associated with these provisions. 5 6 24. The following sections are repealed: 7 P.L.1977, c.115 (C.17:48-6a); P.L.1977, c.116 (C.17B:27-46.1); 8 9 P.L.1977, c.117 (C.17:48A-7a); 10 P.L.1977, c.118 (C.17B:26-2.1); and Section 34 of P.L.1985, c.236 (C.17:48E-34). 11

12

13 25. This bill shall take effect on the 90<sup>th</sup> day next after
14 enactment.