SENATE, No. 1966

STATE OF NEW JERSEY

217th LEGISLATURE

INTRODUCED MARCH 14, 2016

Sponsored by:

Senator CHRISTOPHER "KIP" BATEMAN
District 16 (Hunterdon, Mercer, Middlesex and Somerset)

SYNOPSIS

Requires certain health benefits coverage for diagnosing and treating autism and other developmental disabilities.

CURRENT VERSION OF TEXT

As introduced.



AN ACT requiring certain health benefits coverage for the diagnosis 2 and treatment of autism and other developmental disabilities and 3 amending P.L.2009, c.115.

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BE IT ENACTED by the Senate and General Assembly of the State of New Jersey:

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- 1. Section 1 of P.L.2009, c.115 (C.17:48-6ii) is amended to read as follows:
- 1. Notwithstanding any other provision of law to the contrary, every hospital service corporation contract that provides hospital and medical expense benefits and is delivered, issued, executed, or renewed in this State pursuant to P.L.1938, c.366 (C.17:48-1 et seq.), or approved for issuance or renewal in this State by the Commissioner of Banking and Insurance, on or after the effective date of this act, shall provide coverage pursuant to the provisions of this section.
- (1) The hospital service corporation shall provide coverage for expenses incurred in screening and diagnosing autism or another developmental disability, including, but not limited to, central auditory processing disorder, childhood apraxia of speech, sensory processing disorder, and social communication disorder.
- (2) Practitioners shall use the DSM IV-TR when rendering an autism diagnosis under this section, but an obligation to provide coverage for expenses pursuant to this section shall be required whether an autism diagnosis is rendered under the DSM IV-TR, the IDC-9-CM, or any other version of the DSM or ICD-CM published on or after January 1, 2000.
- b. When the covered person's primary diagnosis is autism. central auditory processing disorder, childhood apraxia of speech, sensory processing disorder, social communication disorder, or another developmental disability, the hospital service corporation shall provide coverage for expenses incurred for medically necessary occupational therapy, physical therapy, and speech therapy, as prescribed through a treatment plan. Coverage of these therapies shall not be denied on the basis that the treatment is not restorative or on the basis of any other exclusionary or otherwise limiting language.
- When the covered person is under 21 years of age and the covered person's primary diagnosis is autism or social communication disorder, the hospital service corporation shall provide coverage for expenses incurred for medically necessary behavioral interventions based on the principles of applied behavioral analysis and related structured behavioral programs, as prescribed through a treatment plan and as administered directly by,

EXPLANATION - Matter enclosed in bold-faced brackets [thus] in the above bill is not enacted and is intended to be omitted in the law.

or under the supervision of, a practitioner, subject to the provisions of this subsection.

- (1) Except as provided in paragraph (3) of this subsection, the benefits provided pursuant to this subsection shall be provided to the same extent as for any other medical condition under the contract, but shall not be subject to limits on the number of visits that a covered person may make to a provider of behavioral interventions.
- (2) The benefits provided pursuant to this subsection shall not be denied on the basis that the treatment is not restorative.
- (3) (a) The maximum benefit amount for a covered person in any calendar year through 2011 shall be \$36,000.
- (b) Commencing on January 1, 2012, the maximum benefit amount shall be subject to an adjustment, to be promulgated by the Commissioner of Banking and Insurance and published in the New Jersey Register no later than February 1 of each calendar year, which shall be equal to the change in the consumer price index for all urban consumers for the nation, as prepared by the United States Department of Labor, for the calendar year preceding the calendar year in which the adjustment to the maximum benefit amount is promulgated.
- (c) The adjusted maximum benefit amount shall apply to a contract that is delivered, issued, executed, or renewed, or approved for issuance or renewal, in the 12-month period following the date on which the adjustment is promulgated.
- (d) Notwithstanding the provisions of this paragraph to the contrary, a hospital service corporation shall not be precluded from providing a benefit amount for a covered person in any calendar year that exceeds the benefit amounts set forth in subparagraphs (a) and (b) of this paragraph.
- d. The treatment plan required pursuant to subsections b. and c. of this section shall include all elements necessary for the hospital service corporation to appropriately provide benefits, including, but not limited to: a diagnosis; proposed treatment by type, frequency, and duration; the anticipated outcomes stated as goals; the frequency by which the treatment plan will be updated; and the treating [physician's] practitioner's signature. The hospital service corporation may only request an updated treatment plan once every six months from the treating [physician] practitioner to review medical necessity, unless the hospital service corporation and the treating [physician] practitioner agree that a more frequent review is necessary due to emerging clinical circumstances.
- e. The provisions of subsections b. and c. of this section shall not be construed as limiting benefits otherwise available to a covered person.
- f. The provisions of subsections b. and c. of this section shall not be construed to require that benefits be provided to reimburse the cost of services provided under an individualized family service

- plan or an individualized education program, or affect any requirement to provide those services; except that the benefits provided pursuant to those subsections shall include coverage for expenses incurred by participants in an individualized family service plan through a family cost share.
 - g. The coverage required under this section may be subject to utilization review, including periodic review, by the hospital service corporation of the continued medical necessity of the specified therapies and interventions.
 - h. The provisions of this section shall apply to all contracts in which the hospital service corporation has reserved the right to change the premium.
 - i. An attorney's fees and costs shall be awarded in favor of a successful claimant alleging failure to comply with the provisions of this section.
 - j. As used in this section:

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- 17 "Autism" means any one of the several conditions classified 18 under pervasive developmental disorder in the Diagnostic and 19 Statistical Manual of Mental Disorders, Fourth Edition, Text 20 Revision (DSM IV-TR) or the International Classification of Diseases, Ninth Revision, Clinical Modification (ICD-9-CM), 21 including: autistic disorder; Asperger's disorder; childhood 22 23 disintegrative disorder; pervasive developmental disorder not 24 otherwise specified or unspecified pervasive developmental 25 disorder; fragile X syndrome, to the extent that the condition is 26 comorbid with pervasive developmental disorder; Rett's disorder, to 27 the extent that the condition is comorbid with pervasive 28 developmental disorder; autism spectrum disorder; and any 29 equivalent conditions as classified under any version of the 30 Diagnostic and Statistical Manual of Mental Disorders (DSM) or 31 the International Classification of Diseases, Clinical Modification (ICD-CM) published on or after January 1, 2000. 32
 - "Central auditory processing disorder" means a disorder in the perceptual processing of auditory information in the central nervous system as demonstrated by poor performance in one or more of the following abilities or skills: sound localization and lateralization; auditory discrimination; auditory pattern recognition; temporal aspects of audition, including temporal integration, temporal discrimination, temporal ordering, and temporal masking; auditory performance in competing acoustic signals; and auditory performance with degraded acoustic signals. The disorder includes any equivalent conditions classified under any version of the DSM or ICD-CM published on or after January 1, 2000.
- or ICD-CM published on or after January 1, 2000.

 "Childhood apraxia of speech" means a neurological childhood
 speech sound disorder in which the precision and consistency of
 movements underlying speech are impaired in the absence of
 neuromuscular deficits. The disorder may occur as a result of
 known neurological impairment, in association with complex
 neurobehavioral disorders of known or unknown origin, or as an

1 <u>idiopathic neurogenic speech sound disorder</u>. The core impairment

2 <u>in planning or programming spatiotemporal parameters of</u>

- 3 <u>movement sequences results in errors in speech sound production</u>
- 4 and prosody. The disorder includes conditions classified under
- 5 phonological disorder in the DSM IV-TR or ICD-9-CM, conditions
- 6 <u>classified under speech sound disorder in any version of the DSM</u>
- 7 or ICD-CM published on or after January 1, 2000, and any
- 8 equivalent conditions classified under any version of the DSM or
- 9 <u>ICD-CM</u> published on or after January 1, 2000.
- 10 "Practitioner" means a physician, psychologist, or other health
- 11 <u>care professional licensed pursuant to Title 45 of the Revised</u>
- 12 Statutes who is qualified by training to make a diagnosis of autism,
- central auditory processing disorder, childhood apraxia of speech,
- 14 sensory processing disorder, social communication disorder, or
- another developmental disability. For the purposes of this act,
- 16 "practitioner" shall also include an individual credentialed by the
- 17 Behavior Analyst Certification Board as a Board Certified Behavior
- 18 Analyst or as a Board Certified Behavior Analyst-Doctoral.
- 19 "Sensory processing disorder" means a condition characterized
- 20 by one or more of the following symptoms that impair daily
- 21 routines or roles: sensory modulation disorder, defined as difficulty
- regulating responses to sensory input or as behavior that is not graded relative to the degree, nature, or intensity of the sensory
- graded relative to the degree, nature, or intensity of the sensory information and including, but not limited to, sensory over-
- 25 responsivity, sensory under-responsivity, and sensory craving;
- 26 sensory discrimination disorder, defined as difficulty interpreting
- qualities of sensory stimuli or perceiving similarities and
- 28 <u>differences among stimuli and including, but not limited to, sensory</u>
- 29 <u>discrimination disorder subtypes affecting the visual, auditory,</u>
- 30 olfactory, gustatory, tactile, vestibular, proprioceptive, and
- 31 interoceptive sensory systems; and sensory-based motor disorder,
- 32 <u>defined as a sensory-based impairment of postural or motor</u>
- 33 planning abilities including, but not limited to, the sensory-based
- 34 motor disorder subtypes of postural disorder, which involves
- 35 <u>difficulties</u> with core motor functions and balance, and motor
- 36 planning disorder, which involves difficulties with the ideation,
- 37 sequencing, and execution of novel motor actions. Sensory
- 38 processing disorder includes any equivalent conditions classified
- 39 <u>under any version of the DSM or ICD-CM published on or after</u>
- 40 <u>January 1, 2000.</u>
- 41 "Social communication disorder" means a condition
- 42 <u>characterized by the following symptoms that are present from early</u>
- 43 <u>childhood and that result in functional limitations in effective</u>
- 44 <u>communication, social participation, academic achievement, or</u>
- 45 <u>occupational performance: persistent difficulties in pragmatics or</u>
- 46 <u>the social uses of verbal and nonverbal communication in</u> 47 naturalistic contexts, which affect the development of social
- 48 reciprocity and social relationships and which cannot be explained
- 49 by low abilities in the domains of word structure and grammar or

- 1 general cognitive ability; persistent difficulties in the acquisition
- 2 <u>and use of spoken language, written language, or other modalities</u>
- 3 <u>of language for narrative, expository, and conversational discourse;</u>
- 4 and the absence of restricted and repetitive patterns of behavior,
- 5 <u>interests</u>, or activities, thereby ruling out an autism diagnosis. The
- 6 <u>disorder includes any equivalent conditions classified under any</u>
- 7 <u>version of the DSM or ICD-CM published on or after January 1,</u>
- 8 <u>2000.</u>
- 9 (cf: P.L.2009, c.115, s.1)

- 2. Section 2 of P.L.2009, c.115 (C.17:48A-7ff) is amended to read as follows:
- 2. Notwithstanding any other provision of law to the contrary, every medical service corporation contract that provides hospital and medical expense benefits and is delivered, issued, executed, or renewed in this State pursuant to P.L.1940, c.74 (C.17:48A-1 et seq.), or approved for issuance or renewal in this State by the Commissioner of Banking and Insurance, on or after the effective date of this act, shall provide coverage pursuant to the provisions of this section.
- a. <u>(1)</u> The medical service corporation shall provide coverage for expenses incurred in screening and diagnosing autism or another developmental disability, including, but not limited to, central auditory processing disorder, childhood apraxia of speech, sensory processing disorder, and social communication disorder.
- (2) Practitioners shall use the DSM IV-TR when rendering an autism diagnosis under this section, but an obligation to provide coverage for expenses pursuant to this section shall be required whether an autism diagnosis is rendered under the DSM IV-TR, the IDC-9-CM, or any other version of the DSM or ICD-CM published on or after January 1, 2000.
- b. When the covered person's primary diagnosis is autism, central auditory processing disorder, childhood apraxia of speech, sensory processing disorder, social communication disorder, or another developmental disability, the medical service corporation shall provide coverage for expenses incurred for medically necessary occupational therapy, physical therapy, and speech therapy, as prescribed through a treatment plan. Coverage of these therapies shall not be denied on the basis that the treatment is not restorative or on the basis of any other exclusionary or otherwise limiting language.
- c. When the covered person is under 21 years of age and the covered person's primary diagnosis is autism or social communication disorder, the medical service corporation shall provide coverage for expenses incurred for medically necessary behavioral interventions based on the principles of applied behavioral analysis and related structured behavioral programs, as prescribed through a treatment plan and as administered directly by,

or under the supervision of, a practitioner, subject to the provisions of this subsection.

- (1) Except as provided in paragraph (3) of this subsection, the benefits provided pursuant to this subsection shall be provided to the same extent as for any other medical condition under the contract, but shall not be subject to limits on the number of visits that a covered person may make to a provider of behavioral interventions.
- (2) The benefits provided pursuant to this subsection shall not be denied on the basis that the treatment is not restorative.
- (3) (a) The maximum benefit amount for a covered person in any calendar year through 2011 shall be \$36,000.
- (b) Commencing on January 1, 2012, the maximum benefit amount shall be subject to an adjustment, to be promulgated by the Commissioner of Banking and Insurance and published in the New Jersey Register no later than February 1 of each calendar year, which shall be equal to the change in the consumer price index for all urban consumers for the nation, as prepared by the United States Department of Labor, for the calendar year preceding the calendar year in which the adjustment to the maximum benefit amount is promulgated.
- (c) The adjusted maximum benefit amount shall apply to a contract that is delivered, issued, executed, or renewed, or approved for issuance or renewal, in the 12-month period following the date on which the adjustment is promulgated.
- (d) Notwithstanding the provisions of this paragraph to the contrary, a medical service corporation shall not be precluded from providing a benefit amount for a covered person in any calendar year that exceeds the benefit amounts set forth in subparagraphs (a) and (b) of this paragraph.
- d. The treatment plan required pursuant to subsections b. and c. of this section shall include all elements necessary for the medical service corporation to appropriately provide benefits, including, but not limited to: a diagnosis; proposed treatment by type, frequency, and duration; the anticipated outcomes stated as goals; the frequency by which the treatment plan will be updated; and the treating [physician's] practitioner's signature. The medical service corporation may only request an updated treatment plan once every six months from the treating [physician] practitioner to review medical necessity, unless the medical service corporation and the treating [physician] practitioner agree that a more frequent review is necessary due to emerging clinical circumstances.
- e. The provisions of subsections b. and c. of this section shall not be construed as limiting benefits otherwise available to a covered person.
- f. The provisions of subsections b. and c. of this section shall not be construed to require that benefits be provided to reimburse the cost of services provided under an individualized family service

- plan or an individualized education program, or affect any requirement to provide those services; except that the benefits provided pursuant to those subsections shall include coverage for expenses incurred by participants in an individualized family service plan through a family cost share.
 - g. The coverage required under this section may be subject to utilization review, including periodic review, by the medical service corporation of the continued medical necessity of the specified therapies and interventions.
 - h. The provisions of this section shall apply to all contracts in which the medical service corporation has reserved the right to change the premium.
 - i. An attorney's fees and costs shall be awarded in favor of a successful claimant alleging failure to comply with the provisions of this section.
 - j. As used in this section:

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- 17 "Autism" means any one of the several conditions classified 18 under pervasive developmental disorder in the Diagnostic and 19 Statistical Manual of Mental Disorders, Fourth Edition, Text 20 Revision (DSM IV-TR) or the International Classification of Diseases, Ninth Revision, Clinical Modification (ICD-9-CM), 21 including: autistic disorder; Asperger's disorder; childhood 22 23 disintegrative disorder; pervasive developmental disorder not 24 otherwise specified or unspecified pervasive developmental 25 disorder; fragile X syndrome, to the extent that the condition is 26 comorbid with pervasive developmental disorder; Rett's disorder, to 27 the extent that the condition is comorbid with pervasive 28 developmental disorder; autism spectrum disorder; and any 29 equivalent conditions as classified under any version of the 30 Diagnostic and Statistical Manual of Mental Disorders (DSM) or 31 the International Classification of Diseases, Clinical Modification (ICD-CM) published on or after January 1, 2000. 32
 - "Central auditory processing disorder" means a disorder in the perceptual processing of auditory information in the central nervous system as demonstrated by poor performance in one or more of the following abilities or skills: sound localization and lateralization; auditory discrimination; auditory pattern recognition; temporal aspects of audition, including temporal integration, temporal discrimination, temporal ordering, and temporal masking; auditory performance in competing acoustic signals; and auditory performance with degraded acoustic signals. The disorder includes any equivalent conditions classified under any version of the DSM or ICD-CM published on or after January 1, 2000.

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neurobehavioral disorders of known or unknown origin, or as an

1 <u>idiopathic neurogenic speech sound disorder</u>. The core impairment

2 <u>in planning or programming spatiotemporal parameters of</u>

- 3 movement sequences results in errors in speech sound production
- 4 and prosody. The disorder includes conditions classified under
- 5 phonological disorder in the DSM IV-TR or ICD-9-CM, conditions
- 6 <u>classified under speech sound disorder in any version of the DSM</u>
- 7 or ICD-CM published on or after January 1, 2000, and any
- 8 equivalent conditions classified under any version of the DSM or
- 9 <u>ICD-CM</u> published on or after January 1, 2000.
- 10 "Practitioner" means a physician, psychologist, or other health
- 11 <u>care professional licensed pursuant to Title 45 of the Revised</u>
- 12 Statutes who is qualified by training to make a diagnosis of autism,
- central auditory processing disorder, childhood apraxia of speech,
- 14 <u>sensory processing disorder, social communication disorder, or</u>
- 15 <u>another developmental disability</u>. For the purposes of this act,
- 16 "practitioner" shall also include an individual credentialed by the
- 17 <u>Behavior Analyst Certification Board as a Board Certified Behavior</u>
- 18 Analyst or as a Board Certified Behavior Analyst-Doctoral.
- 19 "Sensory processing disorder" means a condition characterized
- 20 by one or more of the following symptoms that impair daily
- 21 routines or roles: sensory modulation disorder, defined as difficulty
- 22 regulating responses to sensory input or as behavior that is not
- 23 graded relative to the degree, nature, or intensity of the sensory
- 24 <u>information and including, but not limited to, sensory over-</u> 25 responsivity, sensory under-responsivity, and sensory craving;
- responsivity, sensory under-responsivity, and sensory craving;
 sensory discrimination disorder, defined as difficulty interpreting
- qualities of sensory stimuli or perceiving similarities and
- 28 <u>differences among stimuli and including, but not limited to, sensory</u>
- 29 <u>discrimination disorder subtypes affecting the visual, auditory,</u>
- 30 olfactory, gustatory, tactile, vestibular, proprioceptive, and
- 31 interoceptive sensory systems; and sensory-based motor disorder,
- 32 <u>defined as a sensory-based impairment of postural or motor</u>
- 33 planning abilities including, but not limited to, the sensory-based
- 34 <u>motor disorder subtypes of postural disorder, which involves</u>
- 35 <u>difficulties with core motor functions and balance, and motor</u>
- planning disorder, which involves difficulties with the ideation, sequencing, and execution of novel motor actions. Sensory
- 38 processing disorder includes any equivalent conditions classified
- 39 under any version of the DSM or ICD-CM published on or after
- 40 January 1, 2000.
- 41 "Social communication disorder" means a condition
- 42 <u>characterized by the following symptoms that are present from early</u>
- 43 childhood and that result in functional limitations in effective
- 44 <u>communication</u>, <u>social participation</u>, <u>academic achievement</u>, <u>or</u>
- 45 <u>occupational performance: persistent difficulties in pragmatics or</u>
- 46 the social uses of verbal and nonverbal communication in
- 47 <u>naturalistic contexts, which affect the development of social</u>
- 48 <u>reciprocity and social relationships and which cannot be explained</u>
- 49 by low abilities in the domains of word structure and grammar or

- 1 general cognitive ability; persistent difficulties in the acquisition
- 2 and use of spoken language, written language, or other modalities
- 3 of language for narrative, expository, and conversational discourse;
- 4 and the absence of restricted and repetitive patterns of behavior,
- 5 interests, or activities, thereby ruling out an autism diagnosis. The
- 6 disorder includes any equivalent conditions classified under any
- 7 version of the DSM or ICD-CM published on or after January 1,
- 8 2000.
- 9 (cf: P.L.2009, c.115, s.2)

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- 3. Section 3 of P.L.2009, c.115 (C.17:48E-35.33) is amended to read as follows:
- 3. Notwithstanding any other provision of law to the contrary, every health service corporation contract that provides hospital and medical expense benefits and is delivered, issued, executed, or renewed in this State pursuant to P.L.1985, c.236 (C.17:48E-1 et seq.), or approved for issuance or renewal in this State by the Commissioner of Banking and Insurance, on or after the effective date of this act, shall provide coverage pursuant to the provisions of this section.
 - a. (1) The health service corporation shall provide coverage for expenses incurred in screening and diagnosing autism or another developmental disability, including, but not limited to, central auditory processing disorder, childhood apraxia of speech, sensory processing disorder, and social communication disorder.
 - (2) Practitioners shall use the DSM IV-TR when rendering an autism diagnosis under this section, but an obligation to provide coverage for expenses pursuant to this section shall be required whether an autism diagnosis is rendered under the DSM IV-TR, the IDC-9-CM, or any other version of the DSM or ICD-CM published on or after January 1, 2000.
 - b. When the covered person's primary diagnosis is autism, central auditory processing disorder, childhood apraxia of speech, sensory processing disorder, social communication disorder, or another developmental disability, the health service corporation shall provide coverage for expenses incurred for medically necessary occupational therapy, physical therapy, and speech therapy, as prescribed through a treatment plan. Coverage of these therapies shall not be denied on the basis that the treatment is not restorative or on the basis of any other exclusionary or otherwise limiting language.
- 42 When the covered person is under 21 years of age and the 43 covered person's primary diagnosis is autism or social 44 communication disorder, the health service corporation shall provide coverage for expenses incurred for medically necessary 46 behavioral interventions based on the principles of applied behavioral analysis and related structured behavioral programs, as 48 prescribed through a treatment plan and as administered directly by,

<u>or under the supervision of, a practitioner,</u> subject to the provisions of this subsection.

- (1) Except as provided in paragraph (3) of this subsection, the benefits provided pursuant to this subsection shall be provided to the same extent as for any other medical condition under the contract, but shall not be subject to limits on the number of visits that a covered person may make to a provider of behavioral interventions.
- (2) The benefits provided pursuant to this subsection shall not be denied on the basis that the treatment is not restorative.
- (3) (a) The maximum benefit amount for a covered person in any calendar year through 2011 shall be \$36,000.
- (b) Commencing on January 1, 2012, the maximum benefit amount shall be subject to an adjustment, to be promulgated by the Commissioner of Banking and Insurance and published in the New Jersey Register no later than February 1 of each calendar year, which shall be equal to the change in the consumer price index for all urban consumers for the nation, as prepared by the United States Department of Labor, for the calendar year preceding the calendar year in which the adjustment to the maximum benefit amount is promulgated.
- (c) The adjusted maximum benefit amount shall apply to a contract that is delivered, issued, executed, or renewed, or approved for issuance or renewal, in the 12-month period following the date on which the adjustment is promulgated.
- (d) Notwithstanding the provisions of this paragraph to the contrary, a health service corporation shall not be precluded from providing a benefit amount for a covered person in any calendar year that exceeds the benefit amounts set forth in subparagraphs (a) and (b) of this paragraph.
- d. The treatment plan required pursuant to subsections b. and c. of this section shall include all elements necessary for the health service corporation to appropriately provide benefits, including, but not limited to: a diagnosis; proposed treatment by type, frequency, and duration; the anticipated outcomes stated as goals; the frequency by which the treatment plan will be updated; and the treating [physician's] practitioner's signature. The health service corporation may only request an updated treatment plan once every six months from the treating [physician] practitioner to review medical necessity, unless the health service corporation and the treating [physician] practitioner agree that a more frequent review is necessary due to emerging clinical circumstances.
- e. The provisions of subsections b. and c. of this section shall not be construed as limiting benefits otherwise available to a covered person.
- f. The provisions of subsections b. and c. of this section shall not be construed to require that benefits be provided to reimburse the cost of services provided under an individualized family service

- plan or an individualized education program, or affect any requirement to provide those services; except that the benefits provided pursuant to those subsections shall include coverage for expenses incurred by participants in an individualized family service plan through a family cost share.
 - g. The coverage required under this section may be subject to utilization review, including periodic review, by the health service corporation of the continued medical necessity of the specified therapies and interventions.
 - h. The provisions of this section shall apply to all contracts in which the health service corporation has reserved the right to change the premium.
 - i. An attorney's fees and costs shall be awarded in favor of a successful claimant alleging failure to comply with the provisions of this section.
 - <u>i</u>. As used in this section:

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- 17 "Autism" means any one of the several conditions classified 18 under pervasive developmental disorder in the Diagnostic and 19 Statistical Manual of Mental Disorders, Fourth Edition, Text 20 Revision (DSM IV-TR) or the International Classification of Diseases, Ninth Revision, Clinical Modification (ICD-9-CM), 21 including: autistic disorder; Asperger's disorder; childhood 22 23 disintegrative disorder; pervasive developmental disorder not 24 otherwise specified or unspecified pervasive developmental 25 disorder; fragile X syndrome, to the extent that the condition is 26 comorbid with pervasive developmental disorder; Rett's disorder, to 27 the extent that the condition is comorbid with pervasive 28 developmental disorder; autism spectrum disorder; and any 29 equivalent conditions as classified under any version of the 30 Diagnostic and Statistical Manual of Mental Disorders (DSM) or 31 the International Classification of Diseases, Clinical Modification (ICD-CM) published on or after January 1, 2000. 32
 - "Central auditory processing disorder" means a disorder in the perceptual processing of auditory information in the central nervous system as demonstrated by poor performance in one or more of the following abilities or skills: sound localization and lateralization; auditory discrimination; auditory pattern recognition; temporal aspects of audition, including temporal integration, temporal discrimination, temporal ordering, and temporal masking; auditory performance in competing acoustic signals; and auditory performance with degraded acoustic signals. The disorder includes any equivalent conditions classified under any version of the DSM or ICD-CM published on or after January 1, 2000.
- or ICD-CM published on or after January 1, 2000.

 "Childhood apraxia of speech" means a neurological childhood
 speech sound disorder in which the precision and consistency of
 movements underlying speech are impaired in the absence of
 neuromuscular deficits. The disorder may occur as a result of
 known neurological impairment, in association with complex
 neurobehavioral disorders of known or unknown origin, or as an

1 <u>idiopathic neurogenic speech sound disorder</u>. The core impairment

2 in planning or programming spatiotemporal parameters of

3 <u>movement sequences results in errors in speech sound production</u>

4 and prosody. The disorder includes conditions classified under

phonological disorder in the DSM IV-TR or ICD-9-CM, conditions

6 <u>classified under speech sound disorder in any version of the DSM</u>

7 or ICD-CM published on or after January 1, 2000, and any

8 equivalent conditions classified under any version of the DSM or

9 <u>ICD-CM published on or after January 1, 2000.</u>

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"Practitioner" means a physician, psychologist, or other health care professional licensed pursuant to Title 45 of the Revised Statutes who is qualified by training to make a diagnosis of autism, central auditory processing disorder, childhood apraxia of speech, sensory processing disorder, social communication disorder, or another developmental disability. For the purposes of this act, "practitioner" shall also include an individual credentialed by the Behavior Analyst Certification Board as a Board Certified Behavior Analyst or as a Board Certified Behavior Analyst-Doctoral.

"Sensory processing disorder" means a condition characterized by one or more of the following symptoms that impair daily routines or roles: sensory modulation disorder, defined as difficulty regulating responses to sensory input or as behavior that is not graded relative to the degree, nature, or intensity of the sensory information and including, but not limited to, sensory overresponsivity, sensory under-responsivity, and sensory craving; sensory discrimination disorder, defined as difficulty interpreting qualities of sensory stimuli or perceiving similarities and differences among stimuli and including, but not limited to, sensory discrimination disorder subtypes affecting the visual, auditory, olfactory, gustatory, tactile, vestibular, proprioceptive, and interoceptive sensory systems; and sensory-based motor disorder, defined as a sensory-based impairment of postural or motor planning abilities including, but not limited to, the sensory-based motor disorder subtypes of postural disorder, which involves difficulties with core motor functions and balance, and motor planning disorder, which involves difficulties with the ideation, sequencing, and execution of novel motor actions. Sensory processing disorder includes any equivalent conditions classified under any version of the DSM or ICD-CM published on or after

"Social communication disorder" means a condition characterized by the following symptoms that are present from early childhood and that result in functional limitations in effective communication, social participation, academic achievement, or occupational performance: persistent difficulties in pragmatics or the social uses of verbal and nonverbal communication in naturalistic contexts, which affect the development of social reciprocity and social relationships and which cannot be explained by low abilities in the domains of word structure and grammar or

- 1 general cognitive ability; persistent difficulties in the acquisition
- 2 <u>and use of spoken language, written language, or other modalities</u>
- 3 of language for narrative, expository, and conversational discourse;
- 4 and the absence of restricted and repetitive patterns of behavior,
- 5 interests, or activities, thereby ruling out an autism diagnosis. The
- 6 disorder includes any equivalent conditions classified under any
- 7 version of the DSM or ICD-CM published on or after January 1,
- 8 <u>2000.</u>
- 9 (cf: P.L.2009, c.115, s.3)

- 4. Section 4 of P.L.2009, c.115 (C.17B:26-2.1cc) is amended to read as follows:
- 4. Notwithstanding any other provision of law to the contrary, every individual health insurance policy that provides hospital and medical expense benefits and is delivered, issued, executed, or renewed in this State pursuant to chapter 26 of Title 17B of the New Jersey Statutes, or approved for issuance or renewal in this State by the Commissioner of Banking and Insurance, on or after the effective date of this act, shall provide coverage pursuant to the provisions of this section.
- a. (1) The insurer shall provide coverage for expenses incurred in screening and diagnosing autism or another developmental disability, including, but not limited to, central auditory processing disorder, childhood apraxia of speech, sensory processing disorder, and social communication disorder.
- (2) Practitioners shall use the DSM IV-TR when rendering an autism diagnosis under this section, but an obligation to provide coverage for expenses pursuant to this section shall be required whether an autism diagnosis is rendered under the DSM IV-TR, the IDC-9-CM, or any other version of the DSM or ICD-CM published on or after January 1, 2000.
- b. When the insured's primary diagnosis is autism, central auditory processing disorder, childhood apraxia of speech, sensory processing disorder, social communication disorder, or another developmental disability, the insurer shall provide coverage for expenses incurred for medically necessary occupational therapy, physical therapy, and speech therapy, as prescribed through a treatment plan. Coverage of these therapies shall not be denied on the basis that the treatment is not restorative or on the basis of any other exclusionary or otherwise limiting language.
- c. When the insured is under 21 years of age and the insured's primary diagnosis is autism <u>or social communication disorder</u>, the insurer shall provide coverage for expenses incurred for medically necessary behavioral interventions based on the principles of applied behavioral analysis and related structured behavioral programs, as prescribed through a treatment plan <u>and as administered directly by, or under the supervision of, a practitioner, subject to the provisions of this subsection.</u>

- (1) Except as provided in paragraph (3) of this subsection, the benefits provided pursuant to this subsection shall be provided to the same extent as for any other medical condition under the policy, but shall not be subject to limits on the number of visits that an insured may make to a provider of behavioral interventions.
- (2) The benefits provided pursuant to this subsection shall not be denied on the basis that the treatment is not restorative.
- (3) (a) The maximum benefit amount for an insured in any calendar year through 2011 shall be \$36,000.
- (b) Commencing on January 1, 2012, the maximum benefit amount shall be subject to an adjustment, to be promulgated by the Commissioner of Banking and Insurance and published in the New Jersey Register no later than February 1 of each calendar year, which shall be equal to the change in the consumer price index for all urban consumers for the nation, as prepared by the United States Department of Labor, for the calendar year preceding the calendar year in which the adjustment to the maximum benefit amount is promulgated.
- (c) The adjusted maximum benefit amount shall apply to a policy that is delivered, issued, executed, or renewed, or approved for issuance or renewal, in the 12-month period following the date on which the adjustment is promulgated.
- (d) Notwithstanding the provisions of this paragraph to the contrary, an insurer shall not be precluded from providing a benefit amount for an insured in any calendar year that exceeds the benefit amounts set forth in subparagraphs (a) and (b) of this paragraph.
- d. The treatment plan required pursuant to subsections b. and c. of this section shall include all elements necessary for the insurer to appropriately provide benefits, including, but not limited to: a diagnosis; proposed treatment by type, frequency, and duration; the anticipated outcomes stated as goals; the frequency by which the treatment plan will be updated; and the treating [physician's] practitioner's signature. The insurer may only request an updated treatment plan once every six months from the treating [physician] practitioner to review medical necessity, unless the insurer and the treating [physician] practitioner agree that a more frequent review is necessary due to emerging clinical circumstances.
- e. The provisions of subsections b. and c. of this section shall not be construed as limiting benefits otherwise available to an insured.
- f. The provisions of subsections b. and c. of this section shall not be construed to require that benefits be provided to reimburse the cost of services provided under an individualized family service plan or an individualized education program, or affect any requirement to provide those services; except that the benefits provided pursuant to those subsections shall include coverage for expenses incurred by participants in an individualized family service plan through a family cost share.

- g. The coverage required under this section may be subject to 2 utilization review, including periodic review, by the insurer of the continued medical necessity of the specified therapies and interventions.
 - h. The provisions of this section shall apply to all policies in which the insurer has reserved the right to change the premium.
- 7 i. An attorney's fees and costs shall be awarded in favor of a 8 successful claimant alleging failure to comply with the provisions 9 of this section.
- 10 j. As used in this section:

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11 "Autism" means any one of the several conditions classified 12 under pervasive developmental disorder in the Diagnostic and 13 Statistical Manual of Mental Disorders, Fourth Edition, Text 14 Revision (DSM IV-TR) or the International Classification of 15 Diseases, Ninth Revision, Clinical Modification (ICD-9-CM), 16 including: autistic disorder; Asperger's disorder; childhood 17 disintegrative disorder; pervasive developmental disorder not 18 otherwise specified or unspecified pervasive developmental 19 disorder; fragile X syndrome, to the extent that the condition is 20 comorbid with pervasive developmental disorder; Rett's disorder, to the extent that the condition is comorbid with pervasive 21 developmental disorder; autism spectrum disorder; and any 22 23 equivalent conditions as classified under any version of the 24 Diagnostic and Statistical Manual of Mental Disorders (DSM) or 25 the International Classification of Diseases, Clinical Modification 26 (ICD-CM) published on or after January 1, 2000.

"Central auditory processing disorder" means a disorder in the perceptual processing of auditory information in the central nervous system as demonstrated by poor performance in one or more of the following abilities or skills: sound localization and lateralization; auditory discrimination; auditory pattern recognition; temporal aspects of audition, including temporal integration, temporal discrimination, temporal ordering, and temporal masking; auditory performance in competing acoustic signals; and auditory performance with degraded acoustic signals. The disorder includes any equivalent conditions classified under any version of the DSM or ICD-CM published on or after January 1, 2000.

"Childhood apraxia of speech" means a neurological childhood speech sound disorder in which the precision and consistency of movements underlying speech are impaired in the absence of neuromuscular deficits. The disorder may occur as a result of known neurological impairment, in association with complex neurobehavioral disorders of known or unknown origin, or as an idiopathic neurogenic speech sound disorder. The core impairment in planning or programming spatiotemporal parameters of movement sequences results in errors in speech sound production and prosody. The disorder includes conditions classified under phonological disorder in the DSM IV-TR or ICD-9-CM, conditions

classified under speech sound disorder in any version of the DSM or ICD-CM published on or after January 1, 2000, and any equivalent conditions classified under any version of the DSM or ICD-CM published on or after January 1, 2000.

"Practitioner" means a physician, psychologist, or other health

6 care professional licensed pursuant to Title 45 of the Revised 7 Statutes who is qualified by training to make a diagnosis of autism, 8 central auditory processing disorder, childhood apraxia of speech, 9 sensory processing disorder, social communication disorder, or 10 another developmental disability. For the purposes of this act, 11 "practitioner" shall also include an individual credentialed by the 12 Behavior Analyst Certification Board as a Board Certified Behavior 13 Analyst or as a Board Certified Behavior Analyst-Doctoral.

14 "Sensory processing disorder" means a condition characterized 15 by one or more of the following symptoms that impair daily 16 routines or roles: sensory modulation disorder, defined as difficulty 17 regulating responses to sensory input or as behavior that is not 18 graded relative to the degree, nature, or intensity of the sensory 19 information and including, but not limited to, sensory over-20 responsivity, sensory under-responsivity, and sensory craving; sensory discrimination disorder, defined as difficulty interpreting 21 qualities of sensory stimuli or perceiving similarities and 22 23 differences among stimuli and including, but not limited to, sensory 24 discrimination disorder subtypes affecting the visual, auditory, 25 olfactory, gustatory, tactile, vestibular, proprioceptive, and 26 interoceptive sensory systems; and sensory-based motor disorder, 27 defined as a sensory-based impairment of postural or motor 28 planning abilities including, but not limited to, the sensory-based 29 motor disorder subtypes of postural disorder, which involves 30 difficulties with core motor functions and balance, and motor 31 planning disorder, which involves difficulties with the ideation, 32 sequencing, and execution of novel motor actions. Sensory 33 processing disorder includes any equivalent conditions classified 34 under any version of the DSM or ICD-CM published on or after 35 January 1, 2000.

36 "Social communication disorder" means a condition 37 characterized by the following symptoms that are present from early 38 childhood and that result in functional limitations in effective 39 communication, social participation, academic achievement, or 40 occupational performance: persistent difficulties in pragmatics or 41 the social uses of verbal and nonverbal communication in 42 naturalistic contexts, which affect the development of social 43 reciprocity and social relationships and which cannot be explained 44 by low abilities in the domains of word structure and grammar or 45 general cognitive ability; persistent difficulties in the acquisition 46 and use of spoken language, written language, or other modalities 47 of language for narrative, expository, and conversational discourse; 48 and the absence of restricted and repetitive patterns of behavior, 49 interests, or activities, thereby ruling out an autism diagnosis. The

- 1 <u>disorder includes any equivalent conditions classified under any</u>
- 2 version of the DSM or ICD-CM published on or after January 1,
- 3 <u>2000</u>.
- 4 (cf: P.L.2009, c.115, s.4)

- 5. Section 5 of P.L.2009, c.115 (C.17B:27-46.1ii) is amended to read as follows:
 - 5. Notwithstanding any other provision of law to the contrary, every group health insurance policy that provides hospital and medical expense benefits and is delivered, issued, executed, or renewed in this State pursuant to chapter 27 of Title 17B of the New Jersey Statutes, or approved for issuance or renewal in this State by the Commissioner of Banking and Insurance, on or after the effective date of this act, shall provide coverage pursuant to the provisions of this section.
 - a. (1) The insurer shall provide coverage for expenses incurred in screening and diagnosing autism or another developmental disability, including, but not limited to, central auditory processing disorder, childhood apraxia of speech, sensory processing disorder, and social communication disorder.
 - (2) Practitioners shall use the DSM IV-TR when rendering an autism diagnosis under this section, but an obligation to provide coverage for expenses pursuant to this section shall be required whether an autism diagnosis is rendered under the DSM IV-TR, the IDC-9-CM, or any other version of the DSM or ICD-CM published on or after January 1, 2000.
 - b. When the insured's primary diagnosis is autism, central auditory processing disorder, childhood apraxia of speech, sensory processing disorder, social communication disorder, or another developmental disability, the insurer shall provide coverage for expenses incurred for medically necessary occupational therapy, physical therapy, and speech therapy, as prescribed through a treatment plan. Coverage of these therapies shall not be denied on the basis that the treatment is not restorative or on the basis of any other exclusionary or otherwise limiting language.
 - c. When the insured is under 21 years of age and the insured's primary diagnosis is autism <u>or social communication disorder</u>, the insurer shall provide coverage for expenses incurred for medically necessary behavioral interventions based on the principles of applied behavioral analysis and related structured behavioral programs, as prescribed through a treatment plan <u>and as administered directly by, or under the supervision of, a practitioner, subject to the provisions of this subsection.</u>
- (1) Except as provided in paragraph (3) of this subsection, the benefits provided pursuant to this subsection shall be provided to the same extent as for any other medical condition under the policy, but shall not be subject to limits on the number of visits that an insured may make to a provider of behavioral interventions.

(2) The benefits provided pursuant to this subsection shall not be denied on the basis that the treatment is not restorative.

- (3) (a) The maximum benefit amount for an insured in any calendar year through 2011 shall be \$36,000.
- (b) Commencing on January 1, 2012, the maximum benefit amount shall be subject to an adjustment, to be promulgated by the Commissioner of Banking and Insurance and published in the New Jersey Register no later than February 1 of each calendar year, which shall be equal to the change in the consumer price index for all urban consumers for the nation, as prepared by the United States Department of Labor, for the calendar year preceding the calendar year in which the adjustment to the maximum benefit amount is promulgated.
- (c) The adjusted maximum benefit amount shall apply to a policy that is delivered, issued, executed, or renewed, or approved for issuance or renewal, in the 12-month period following the date on which the adjustment is promulgated.
- (d) Notwithstanding the provisions of this paragraph to the contrary, an insurer shall not be precluded from providing a benefit amount for an insured in any calendar year that exceeds the benefit amounts set forth in subparagraphs (a) and (b) of this paragraph.
- d. The treatment plan required pursuant to subsections b. and c. of this section shall include all elements necessary for the insurer to appropriately provide benefits, including, but not limited to: a diagnosis; proposed treatment by type, frequency, and duration; the anticipated outcomes stated as goals; the frequency by which the treatment plan will be updated; and the treating [physician's] practitioner's signature. The insurer may only request an updated treatment plan once every six months from the treating [physician] practitioner to review medical necessity, unless the insurer and the treating [physician] practitioner agree that a more frequent review is necessary due to emerging clinical circumstances.
- e. The provisions of subsections b. and c. of this section shall not be construed as limiting benefits otherwise available to an insured.
- f. The provisions of subsections b. and c. of this section shall not be construed to require that benefits be provided to reimburse the cost of services provided under an individualized family service plan or an individualized education program, or affect any requirement to provide those services; except that the benefits provided pursuant to those subsections shall include coverage for expenses incurred by participants in an individualized family service plan through a family cost share.
- g. The coverage required under this section may be subject to utilization review, including periodic review, by the insurer of the continued medical necessity of the specified therapies and interventions.

- 1 h. The provisions of this section shall apply to all policies in 2 which the insurer has reserved the right to change the premium.
- 3 i. An attorney's fees and costs shall be awarded in favor of a 4 successful claimant alleging failure to comply with the provisions 5 of this section.
- 6 j. As used in this section:

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7 "Autism" means any one of the several conditions classified 8 under pervasive developmental disorder in the Diagnostic and Statistical Manual of Mental Disorders, Fourth Edition, Text 9 10 Revision (DSM IV-TR) or the International Classification of 11 Diseases, Ninth Revision, Clinical Modification (ICD-9-CM), 12 including: autistic disorder; Asperger's disorder; childhood 13 disintegrative disorder; pervasive developmental disorder not 14 otherwise specified or unspecified pervasive developmental 15 disorder; fragile X syndrome, to the extent that the condition is 16 comorbid with pervasive developmental disorder; Rett's disorder, to 17 the extent that the condition is comorbid with pervasive 18 developmental disorder; autism spectrum disorder; and any 19 equivalent conditions as classified under any version of the 20 Diagnostic and Statistical Manual of Mental Disorders (DSM) or the International Classification of Diseases, Clinical Modification 21 22 (ICD-CM) published on or after January 1, 2000.

"Central auditory processing disorder" means a disorder in the perceptual processing of auditory information in the central nervous system as demonstrated by poor performance in one or more of the following abilities or skills: sound localization and lateralization; auditory discrimination; auditory pattern recognition; temporal aspects of audition, including temporal integration, temporal discrimination, temporal ordering, and temporal masking; auditory performance in competing acoustic signals; and auditory performance with degraded acoustic signals. The disorder includes any equivalent conditions classified under any version of the DSM or ICD-CM published on or after January 1, 2000.

34 "Childhood apraxia of speech" means a neurological childhood 35 speech sound disorder in which the precision and consistency of 36 movements underlying speech are impaired in the absence of neuromuscular deficits. The disorder may occur as a result of known neurological impairment, in association with complex neurobehavioral disorders of known or unknown origin, or as an idiopathic neurogenic speech sound disorder. The core impairment in planning or programming spatiotemporal parameters of movement sequences results in errors in speech sound production and prosody. The disorder includes conditions classified under 44 phonological disorder in the DSM IV-TR or ICD-9-CM, conditions classified under speech sound disorder in any version of the DSM 46 or ICD-CM published on or after January 1, 2000, and any equivalent conditions classified under any version of the DSM or ICD-CM published on or after January 1, 2000.

1 "Practitioner" means a physician, psychologist, or other health 2 care professional licensed pursuant to Title 45 of the Revised 3 Statutes who is qualified by training to make a diagnosis of autism, 4 central auditory processing disorder, childhood apraxia of speech, 5 sensory processing disorder, social communication disorder, or 6 another developmental disability. For the purposes of this act, 7 "practitioner" shall also include an individual credentialed by the 8 Behavior Analyst Certification Board as a Board Certified Behavior 9 Analyst or as a Board Certified Behavior Analyst-Doctoral. 10 "Sensory processing disorder" means a condition characterized 11 by one or more of the following symptoms that impair daily 12 routines or roles: sensory modulation disorder, defined as difficulty regulating responses to sensory input or as behavior that is not 13 14 graded relative to the degree, nature, or intensity of the sensory 15 information and including, but not limited to, sensory over-16 responsivity, sensory under-responsivity, and sensory craving; 17 sensory discrimination disorder, defined as difficulty interpreting 18 qualities of sensory stimuli or perceiving similarities and 19 differences among stimuli and including, but not limited to, sensory 20 discrimination disorder subtypes affecting the visual, auditory, olfactory, gustatory, tactile, vestibular, proprioceptive, and 21 22 interoceptive sensory systems; and sensory-based motor disorder, 23 defined as a sensory-based impairment of postural or motor 24 planning abilities including, but not limited to, the sensory-based 25 motor disorder subtypes of postural disorder, which involves 26 difficulties with core motor functions and balance, and motor 27 planning disorder, which involves difficulties with the ideation, sequencing, and execution of novel motor actions. Sensory 28 29 processing disorder includes any equivalent conditions classified 30 under any version of the DSM or ICD-CM published on or after 31 January 1, 2000. 32 "Social communication disorder" means a condition 33 characterized by the following symptoms that are present from early 34 childhood and that result in functional limitations in effective 35 communication, social participation, academic achievement, or 36 occupational performance: persistent difficulties in pragmatics or 37 the social uses of verbal and nonverbal communication in 38 naturalistic contexts, which affect the development of social 39 reciprocity and social relationships and which cannot be explained 40 by low abilities in the domains of word structure and grammar or 41 general cognitive ability; persistent difficulties in the acquisition 42 and use of spoken language, written language, or other modalities 43 of language for narrative, expository, and conversational discourse; 44 and the absence of restricted and repetitive patterns of behavior, 45 interests, or activities, thereby ruling out an autism diagnosis. The 46 disorder includes any equivalent conditions classified under any 47 version of the DSM or ICD-CM published on or after January 1, 48

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(cf: P.L.2009, c.115, s.5)

6. Section 6 of P.L.2009, c.115 (C.17B:27A-7.16) is amended to read as follows:

- 6. Notwithstanding any other provision of law to the contrary, an individual health benefits plan that provides hospital and medical expense benefits and is delivered, issued, executed, renewed, or approved for issuance or renewal in this State pursuant to P.L.1992, c.161 (C.17B:27A-2 et seq.), or approved for issuance or renewal in this State by the Commissioner of Banking and Insurance, on or after the effective date of this act, shall provide coverage pursuant to the provisions of this section.
 - a. (1) The carrier shall provide coverage for expenses incurred in screening and diagnosing autism or another developmental disability, including, but not limited to, central auditory processing disorder, childhood apraxia of speech, sensory processing disorder, and social communication disorder.
 - (2) Practitioners shall use the DSM IV-TR when rendering an autism diagnosis under this section, but an obligation to provide coverage for expenses pursuant to this section shall be required whether an autism diagnosis is rendered under the DSM IV-TR, the IDC-9-CM, or any other version of the DSM or ICD-CM published on or after January 1, 2000.
- b. When the covered person's primary diagnosis is autism, central auditory processing disorder, childhood apraxia of speech, sensory processing disorder, social communication disorder, or another developmental disability, the carrier shall provide coverage for expenses incurred for medically necessary occupational therapy, physical therapy, and speech therapy, as prescribed through a treatment plan. Coverage of these therapies shall not be denied on the basis that the treatment is not restorative or on the basis of any other exclusionary or otherwise limiting language.
- c. When the covered person is under 21 years of age and the covered person's primary diagnosis is autism or social communication disorder, the carrier shall provide coverage for expenses incurred for medically necessary behavioral interventions based on the principles of applied behavioral analysis and related structured behavioral programs, as prescribed through a treatment plan and as administered directly by, or under the supervision of, a practitioner, subject to the provisions of this subsection.
- (1) Except as provided in paragraph (3) of this subsection, the benefits provided pursuant to this subsection shall be provided to the same extent as for any other medical condition under the health benefits plan, but shall not be subject to limits on the number of visits that a covered person may make to a provider of behavioral interventions.
- (2) The benefits provided pursuant to this subsection shall not be denied on the basis that the treatment is not restorative.
- 47 (3) (a) The maximum benefit amount for a covered person in 48 any calendar year through 2011 shall be \$36,000.

- (b) Commencing on January 1, 2012, the maximum benefit amount shall be subject to an adjustment, to be promulgated by the Commissioner of Banking and Insurance and published in the New Jersey Register no later than February 1 of each calendar year, which shall be equal to the change in the consumer price index for all urban consumers for the nation, as prepared by the United States Department of Labor, for the calendar year preceding the calendar year in which the adjustment to the maximum benefit amount is promulgated.
 - (c) The adjusted maximum benefit amount shall apply to a health benefits plan that is delivered, issued, executed, or renewed, or approved for issuance or renewal, in the 12-month period following the date on which the adjustment is promulgated.

- (d) Notwithstanding the provisions of this paragraph to the contrary, a carrier shall not be precluded from providing a benefit amount for a covered person in any calendar year that exceeds the benefit amounts set forth in subparagraphs (a) and (b) of this paragraph.
- d. The treatment plan required pursuant to subsections b. and c. of this section shall include all elements necessary for the carrier to appropriately provide benefits, including, but not limited to: a diagnosis; proposed treatment by type, frequency, and duration; the anticipated outcomes stated as goals; the frequency by which the treatment plan will be updated; and the treating [physician's] practitioner's signature. The carrier may only request an updated treatment plan once every six months from the treating [physician] practitioner to review medical necessity, unless the carrier and the treating [physician] practitioner agree that a more frequent review is necessary due to emerging clinical circumstances.
- e. The provisions of subsections b. and c. of this section shall not be construed as limiting benefits otherwise available to a covered person.
- f. The provisions of subsections b. and c. of this section shall not be construed to require that benefits be provided to reimburse the cost of services provided under an individualized family service plan or an individualized education program, or affect any requirement to provide those services; except that the benefits provided pursuant to those subsections shall include coverage for expenses incurred by participants in an individualized family service plan through a family cost share.
- g. The coverage required under this section may be subject to utilization review, including periodic review, by the carrier of the continued medical necessity of the specified therapies and interventions.
- h. The provisions of this section shall apply to those health benefits plans in which the carrier has reserved the right to change the premium.

i. An attorney's fees and costs shall be awarded in favor of a
 successful claimant alleging failure to comply with the provisions
 of this section.

4 j. As used in this section:

"Autism" means any one of the several conditions classified under pervasive developmental disorder in the Diagnostic and Statistical Manual of Mental Disorders, Fourth Edition, Text Revision (DSM IV-TR) or the International Classification of Diseases, Ninth Revision, Clinical Modification (ICD-9-CM), including: autistic disorder; Asperger's disorder; childhood disintegrative disorder; pervasive developmental disorder not otherwise specified or unspecified pervasive developmental disorder; fragile X syndrome, to the extent that the condition is comorbid with pervasive developmental disorder; Rett's disorder, to the extent that the condition is comorbid with pervasive developmental disorder; autism spectrum disorder; and any equivalent conditions as classified under any version of the Diagnostic and Statistical Manual of Mental Disorders (DSM) or the International Classification of Diseases, Clinical Modification (ICD-CM) published on or after January 1, 2000.

"Central auditory processing disorder" means a disorder in the perceptual processing of auditory information in the central nervous system as demonstrated by poor performance in one or more of the following abilities or skills: sound localization and lateralization; auditory discrimination; auditory pattern recognition; temporal aspects of audition, including temporal integration, temporal discrimination, temporal ordering, and temporal masking; auditory performance in competing acoustic signals; and auditory performance with degraded acoustic signals. The disorder includes any equivalent conditions classified under any version of the DSM or ICD-CM published on or after January 1, 2000.

"Childhood apraxia of speech" means a neurological childhood speech sound disorder in which the precision and consistency of movements underlying speech are impaired in the absence of neuromuscular deficits. The disorder may occur as a result of known neurological impairment, in association with complex neurobehavioral disorders of known or unknown origin, or as an idiopathic neurogenic speech sound disorder. The core impairment in planning or programming spatiotemporal parameters of movement sequences results in errors in speech sound production and prosody. The disorder includes conditions classified under phonological disorder in the DSM IV-TR or ICD-9-CM, conditions classified under speech sound disorder in any version of the DSM or ICD-CM published on or after January 1, 2000, and any equivalent conditions classified under any version of the DSM or ICD-CM published on or after January 1, 2000.

46 <u>ICD-CM published on or after January 1, 2000.</u>
47 <u>"Practitioner" means a physician, psychologist, or other health</u>
48 <u>care professional licensed pursuant to Title 45 of the Revised</u>
49 <u>Statutes who is qualified by training to make a diagnosis of autism,</u>

1 central auditory processing disorder, childhood apraxia of speech, 2 sensory processing disorder, social communication disorder, or 3 another developmental disability. For the purposes of this act, 4 "practitioner" shall also include an individual credentialed by the 5 Behavior Analyst Certification Board as a Board Certified Behavior 6 Analyst or as a Board Certified Behavior Analyst-Doctoral. 7 "Sensory processing disorder" means a condition characterized 8 by one or more of the following symptoms that impair daily 9 routines or roles: sensory modulation disorder, defined as difficulty 10 regulating responses to sensory input or as behavior that is not 11 graded relative to the degree, nature, or intensity of the sensory 12 information and including, but not limited to, sensory over-13 responsivity, sensory under-responsivity, and sensory craving; 14 sensory discrimination disorder, defined as difficulty interpreting 15 qualities of sensory stimuli or perceiving similarities and 16 differences among stimuli and including, but not limited to, sensory 17 discrimination disorder subtypes affecting the visual, auditory, 18 olfactory, gustatory, tactile, vestibular, proprioceptive, and 19 interoceptive sensory systems; and sensory-based motor disorder, 20 defined as a sensory-based impairment of postural or motor 21 planning abilities including, but not limited to, the sensory-based 22 motor disorder subtypes of postural disorder, which involves 23 difficulties with core motor functions and balance, and motor 24 planning disorder, which involves difficulties with the ideation, 25 sequencing, and execution of novel motor actions. Sensory 26 processing disorder includes any equivalent conditions classified 27 under any version of the DSM or ICD-CM published on or after 28 January 1, 2000. "Social communication disorder" means a condition 29 30 characterized by the following symptoms that are present from early 31 childhood and that result in functional limitations in effective 32 communication, social participation, academic achievement, or 33 occupational performance: persistent difficulties in pragmatics or 34 the social uses of verbal and nonverbal communication in naturalistic contexts, which affect the development of social 35 36 reciprocity and social relationships and which cannot be explained 37 by low abilities in the domains of word structure and grammar or general cognitive ability; persistent difficulties in the acquisition 38 39 and use of spoken language, written language, or other modalities 40 of language for narrative, expository, and conversational discourse; 41 and the absence of restricted and repetitive patterns of behavior, 42 interests, or activities, thereby ruling out an autism diagnosis. The 43 disorder includes any equivalent conditions classified under any 44 version of the DSM or ICD-CM published on or after January 1, 45 46 (cf: P.L.2009, c.115, s.6) 47

48 7. Section 7 of P.L.2009, c.115 (C.17B:27A-19.20) is amended 49 to read as follows: 7. Notwithstanding any other provision of law to the contrary, a small employer health benefits plan that provides hospital and medical expense benefits and is delivered, issued, executed, renewed, or approved for issuance or renewal in this State pursuant to P.L.1992, c.162 (C.17B:27A-17 et seq.), or approved for issuance or renewal in this State by the Commissioner of Banking and Insurance, on or after the effective date of this act, shall provide coverage pursuant to the provisions of this section.

- a. (1) The carrier shall provide coverage for expenses incurred in screening and diagnosing autism or another developmental disability, including, but not limited to, central auditory processing disorder, childhood apraxia of speech, sensory processing disorder, and social communication disorder.
- (2) Practitioners shall use the DSM IV-TR when rendering an autism diagnosis under this section, but an obligation to provide coverage for expenses pursuant to this section shall be required whether an autism diagnosis is rendered under the DSM IV-TR, the IDC-9-CM, or any other version of the DSM or ICD-CM published on or after January 1, 2000.
- b. When the covered person's primary diagnosis is autism, central auditory processing disorder, childhood apraxia of speech, sensory processing disorder, social communication disorder, or another developmental disability, the carrier shall provide coverage for expenses incurred for medically necessary occupational therapy, physical therapy, and speech therapy, as prescribed through a treatment plan. Coverage of these therapies shall not be denied on the basis that the treatment is not restorative or on the basis of any other exclusionary or otherwise limiting language.
- c. When the covered person is under 21 years of age and the covered person's primary diagnosis is autism <u>or social communication disorder</u>, the carrier shall provide coverage for expenses incurred for medically necessary behavioral interventions based on the principles of applied behavioral analysis and related structured behavioral programs, as prescribed through a treatment plan <u>and as administered directly by</u>, or under the supervision of, a <u>practitioner</u>, subject to the provisions of this subsection.
- (1) Except as provided in paragraph (3) of this subsection, the benefits provided pursuant to this subsection shall be provided to the same extent as for any other medical condition under the health benefits plan, but shall not be subject to limits on the number of visits that a covered person may make to a provider of behavioral interventions.
- (2) The benefits provided pursuant to this subsection shall not be denied on the basis that the treatment is not restorative.
- (3) (a) The maximum benefit amount for a covered person in any calendar year through 2011 shall be \$36,000.
- 47 (b) Commencing on January 1, 2012, the maximum benefit 48 amount shall be subject to an adjustment, to be promulgated by the 49 Commissioner of Banking and Insurance and published in the New

- 1 Jersey Register no later than February 1 of each calendar year,
- 2 which shall be equal to the change in the consumer price index for
- all urban consumers for the nation, as prepared by the United States
- 4 Department of Labor, for the calendar year preceding the calendar
- 5 year in which the adjustment to the maximum benefit amount is
- 6 promulgated.
 7 (c) The a

- (c) The adjusted maximum benefit amount shall apply to a health benefits plan that is delivered, issued, executed, or renewed, or approved for issuance or renewal, in the 12-month period following the date on which the adjustment is promulgated.
- (d) Notwithstanding the provisions of this paragraph to the contrary, a carrier shall not be precluded from providing a benefit amount for a covered person in any calendar year that exceeds the benefit amounts set forth in subparagraphs (a) and (b) of this paragraph.
- d. The treatment plan required pursuant to subsections b. and c. of this section shall include all elements necessary for the carrier to appropriately provide benefits, including, but not limited to: a diagnosis; proposed treatment by type, frequency, and duration; the anticipated outcomes stated as goals; the frequency by which the treatment plan will be updated; and the treating [physician's] practitioner's signature. The carrier may only request an updated treatment plan once every six months from the treating [physician] practitioner to review medical necessity, unless the carrier and the treating [physician] practitioner agree that a more frequent review is necessary due to emerging clinical circumstances.
- e. The provisions of subsections b. and c. of this section shall not be construed as limiting benefits otherwise available to a covered person.
- f. The provisions of subsections b. and c. of this section shall not be construed to require that benefits be provided to reimburse the cost of services provided under an individualized family service plan or an individualized education program, or affect any requirement to provide those services; except that the benefits provided pursuant to those subsections shall include coverage for expenses incurred by participants in an individualized family service plan through a family cost share.
- g. The coverage required under this section may be subject to utilization review, including periodic review, by the carrier of the continued medical necessity of the specified therapies and interventions.
- h. The provisions of this section shall apply to those health benefits plans in which the carrier has reserved the right to change the premium.
- i. An attorney's fees and costs shall be awarded in favor of a
 successful claimant alleging failure to comply with the provisions
 of this section.
 - j. As used in this section:

"Autism" means any one of the several conditions classified under pervasive developmental disorder in the Diagnostic and Statistical Manual of Mental Disorders, Fourth Edition, Text Revision (DSM IV-TR) or the International Classification of Diseases, Ninth Revision, Clinical Modification (ICD-9-CM), including: autistic disorder; Asperger's disorder; childhood disintegrative disorder; pervasive developmental disorder not otherwise specified or unspecified pervasive developmental disorder; fragile X syndrome, to the extent that the condition is comorbid with pervasive developmental disorder; Rett's disorder, to the extent that the condition is comorbid with pervasive developmental disorder; autism spectrum disorder; and any equivalent conditions as classified under any version of the Diagnostic and Statistical Manual of Mental Disorders (DSM) or the International Classification of Diseases, Clinical Modification (ICD-CM) published on or after January 1, 2000. "Central auditory processing disorder" means a disorder in the

central auditory processing disorder means a disorder in the perceptual processing of auditory information in the central nervous system as demonstrated by poor performance in one or more of the following abilities or skills: sound localization and lateralization; auditory discrimination; auditory pattern recognition; temporal aspects of audition, including temporal integration, temporal discrimination, temporal ordering, and temporal masking; auditory performance in competing acoustic signals; and auditory performance with degraded acoustic signals. The disorder includes any equivalent conditions classified under any version of the DSM or ICD-CM published on or after January 1, 2000.

 "Childhood apraxia of speech" means a neurological childhood speech sound disorder in which the precision and consistency of movements underlying speech are impaired in the absence of neuromuscular deficits. The disorder may occur as a result of known neurological impairment, in association with complex neurobehavioral disorders of known or unknown origin, or as an idiopathic neurogenic speech sound disorder. The core impairment in planning or programming spatiotemporal parameters of movement sequences results in errors in speech sound production and prosody. The disorder includes conditions classified under phonological disorder in the DSM IV-TR or ICD-9-CM, conditions classified under speech sound disorder in any version of the DSM or ICD-CM published on or after January 1, 2000, and any equivalent conditions classified under any version of the DSM or ICD-CM published on or after January 1, 2000.

iCD-CM published on or after January 1, 2000.

"Practitioner" means a physician, psychologist, or other health care professional licensed pursuant to Title 45 of the Revised Statutes who is qualified by training to make a diagnosis of autism, central auditory processing disorder, childhood apraxia of speech, sensory processing disorder, social communication disorder, or another developmental disability. For the purposes of this act, "practitioner" shall also include an individual credentialed by the

1 Behavior Analyst Certification Board as a Board Certified Behavior 2 Analyst or as a Board Certified Behavior Analyst-Doctoral. 3 "Sensory processing disorder" means a condition characterized 4 by one or more of the following symptoms that impair daily 5 routines or roles: sensory modulation disorder, defined as difficulty 6 regulating responses to sensory input or as behavior that is not 7 graded relative to the degree, nature, or intensity of the sensory 8 information and including, but not limited to, sensory over-9 responsivity, sensory under-responsivity, and sensory craving; 10 sensory discrimination disorder, defined as difficulty interpreting qualities of sensory stimuli or perceiving similarities and 11 12 differences among stimuli and including, but not limited to, sensory discrimination disorder subtypes affecting the visual, auditory, 13 14 olfactory, gustatory, tactile, vestibular, proprioceptive, and 15 interoceptive sensory systems; and sensory-based motor disorder, 16 defined as a sensory-based impairment of postural or motor 17 planning abilities including, but not limited to, the sensory-based motor disorder subtypes of postural disorder, which involves 18 19 difficulties with core motor functions and balance, and motor 20 planning disorder, which involves difficulties with the ideation, 21 sequencing, and execution of novel motor actions. Sensory 22 processing disorder includes any equivalent conditions classified 23 under any version of the DSM or ICD-CM published on or after 24 January 1, 2000. 25 "Social communication disorder" means a condition 26 characterized by the following symptoms that are present from early 27 childhood and that result in functional limitations in effective 28 communication, social participation, academic achievement, or occupational performance: persistent difficulties in pragmatics or 29 30 the social uses of verbal and nonverbal communication in 31 naturalistic contexts, which affect the development of social 32 reciprocity and social relationships and which cannot be explained 33 by low abilities in the domains of word structure and grammar or 34 general cognitive ability; persistent difficulties in the acquisition 35 and use of spoken language, written language, or other modalities of language for narrative, expository, and conversational discourse; 36 37 and the absence of restricted and repetitive patterns of behavior, 38 interests, or activities, thereby ruling out an autism diagnosis. The 39 disorder includes any equivalent conditions classified under any 40 version of the DSM or ICD-CM published on or after January 1, 41 2000. 42 (cf: P.L.2009, c.115, s.7) 43 44 8. Section 8 of P.L.2009, c.115 (C.26:2J-4.34) is amended to

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Notwithstanding any other provision of law to the contrary, a health maintenance organization enrollee agreement that provides health care services and is delivered, issued, executed, or renewed in this State pursuant to P.L.1973, c.337 (C.26:2J-1 et seq.), or approved for issuance or renewal in this State by the Commissioner of Banking and Insurance, on or after the effective date of this act, shall provide coverage pursuant to the provisions of this section.

- a. (1) The health maintenance organization shall provide coverage for health care services for screening and diagnosing autism or another developmental disability, including, but not limited to, central auditory processing disorder, childhood apraxia of speech, sensory processing disorder, and social communication disorder.
- (2) Practitioners shall use the DSM IV-TR when rendering an autism diagnosis under this section, but an obligation to provide coverage for health care services pursuant to this section shall be required whether an autism diagnosis is rendered under the DSM IV-TR, the IDC-9-CM, or any other version of the DSM or ICD-CM published on or after January 1, 2000.
- b. When the enrollee's primary diagnosis is autism, central auditory processing disorder, childhood apraxia of speech, sensory processing disorder, social communication disorder, or another developmental disability, the health maintenance organization shall provide coverage for medically necessary occupational therapy, physical therapy, and speech therapy services, as prescribed through a treatment plan. Coverage of these therapies shall not be denied on the basis that the treatment is not restorative or on the basis of any other exclusionary or otherwise limiting language.
- c. When the enrollee is under 21 years of age and the enrollee's primary diagnosis is autism <u>or social communication disorder</u>, the health maintenance organization shall provide coverage for medically necessary behavioral interventions based on the principles of applied behavioral analysis and related structured behavioral programs, as prescribed through a treatment plan <u>and as administered directly by</u>, or under the supervision of, a practitioner, subject to the provisions of this subsection.
- (1) Except as provided in paragraph (3) of this subsection, the coverage provided pursuant to this subsection shall be provided to the same extent as for any other medical condition under the contract, but shall not be subject to limits on the number of visits that an enrollee may make to a provider of behavioral interventions.
- (2) The coverage provided pursuant to this subsection shall not be denied on the basis that the treatment is not restorative.
- (3) (a) The maximum coverage amount for an enrollee in any calendar year through 2011 shall be \$36,000.
- (b) Commencing on January 1, 2012, the maximum coverage amount shall be subject to an adjustment, to be promulgated by the Commissioner of Banking and Insurance and published in the New Jersey Register no later than February 1 of each calendar year, which shall be equal to the change in the consumer price index for all urban consumers for the nation, as prepared by the United States Department of Labor, for the calendar year preceding the calendar

year in which the adjustment to the maximum benefit amount is promulgated.

- (c) The adjusted maximum coverage amount shall apply to a contract that is delivered, issued, executed, or renewed, or approved for issuance or renewal, in the 12-month period following the date on which the adjustment is promulgated.
- (d) Notwithstanding the provisions of this paragraph to the contrary, a health maintenance organization shall not be precluded from providing a coverage amount for an enrollee in any calendar year that exceeds the coverage amounts set forth in subparagraphs (a) and (b) of this paragraph.
- d. The treatment plan required pursuant to subsections b. and c. of this section shall include all elements necessary for the health maintenance organization to appropriately provide coverage for health care services, including, but not limited to: a diagnosis; proposed treatment by type, frequency, and duration; the anticipated outcomes stated as goals; the frequency by which the treatment plan will be updated; and the treating [physician's] practitioner's signature. The health maintenance organization may only request an updated treatment plan once every six months from the treating [physician] practitioner to review medical necessity, unless the health maintenance organization and the treating [physician] practitioner agree that a more frequent review is necessary due to emerging clinical circumstances.
- e. The provisions of subsections b. and c. of this section shall not be construed as limiting coverage for health care services otherwise available to an enrollee.
- f. The provisions of subsections b. and c. of this section shall not be construed to require that benefits be provided to reimburse the cost of services provided under an individualized family service plan or an individualized education program, or affect any requirement to provide those services; except that the benefits provided pursuant to those subsections shall include coverage for expenses incurred by participants in an individualized family service plan through a family cost share.
- g. The coverage required under this section may be subject to utilization review, including periodic review, by the health maintenance organization of the continued medical necessity of the specified therapies and interventions.
- h. The provisions of this section shall apply to those enrollee agreements in which the health maintenance organization has reserved the right to change the premium.
- i. An attorney's fees and costs shall be awarded in favor of a successful claimant alleging failure to comply with the provisions of this section.
- 46 j. As used in this section:
- 47 <u>"Autism" means any one of the several conditions classified</u>
 48 <u>under pervasive developmental disorder in the Diagnostic and</u>

- 1 Statistical Manual of Mental Disorders, Fourth Edition, Text
- 2 Revision (DSM IV-TR) or the International Classification of
- Diseases, Ninth Revision, Clinical Modification (ICD-9-CM), 3
- 4 including: autistic disorder; Asperger's disorder; childhood
- disintegrative disorder; pervasive developmental disorder not 5
- 6 otherwise specified or unspecified pervasive developmental
- 7 disorder; fragile X syndrome, to the extent that the condition is
- 8 comorbid with pervasive developmental disorder; Rett's disorder, to
- 9 the extent that the condition is comorbid with pervasive
- 10 developmental disorder; autism spectrum disorder; and any
- 11 equivalent conditions as classified under any version of the
- 12 Diagnostic and Statistical Manual of Mental Disorders (DSM) or
- 13 the International Classification of Diseases, Clinical Modification
- 14 (ICD-CM) published on or after January 1, 2000.
- 15 "Central auditory processing disorder" means a disorder in the
- 16 perceptual processing of auditory information in the central nervous
- 17 system as demonstrated by poor performance in one or more of the
- 18 following abilities or skills: sound localization and lateralization;
- 19 auditory discrimination; auditory pattern recognition; temporal 20 aspects of audition, including temporal integration, temporal
- 21 discrimination, temporal ordering, and temporal masking; auditory
- 22 performance in competing acoustic signals; and auditory
- 23 performance with degraded acoustic signals. The disorder includes
- 24 any equivalent conditions classified under any version of the DSM
- 25 or ICD-CM published on or after January 1, 2000.

26 "Childhood apraxia of speech" means a neurological childhood

speech sound disorder in which the precision and consistency of

- 28 movements underlying speech are impaired in the absence of
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- neuromuscular deficits. The disorder may occur as a result of 30 known neurological impairment, in association with complex
- 31 neurobehavioral disorders of known or unknown origin, or as an
- idiopathic neurogenic speech sound disorder. The core impairment 32
- 33 in planning or programming spatiotemporal parameters of
- 34 movement sequences results in errors in speech sound production
- 35 and prosody. The disorder includes conditions classified under
- 36 phonological disorder in the DSM IV-TR or ICD-9-CM, conditions
- 37 classified under speech sound disorder in any version of the DSM
- 38 or ICD-CM published on or after January 1, 2000, and any
- 39 equivalent conditions classified under any version of the DSM or
- 40 ICD-CM published on or after January 1, 2000.
- 41 "Practitioner" means a physician, psychologist, or other health
- 42 care professional licensed pursuant to Title 45 of the Revised
- 43 Statutes who is qualified by training to make a diagnosis of autism,
- 44 central auditory processing disorder, childhood apraxia of speech,
- 45 sensory processing disorder, social communication disorder, or
- 46 another developmental disability. For the purposes of this act, 47 "practitioner" shall also include an individual credentialed by the
- 48 Behavior Analyst Certification Board as a Board Certified Behavior
- 49 Analyst or as a Board Certified Behavior Analyst-Doctoral.

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1 "Sensory processing disorder" means a condition characterized 2 by one or more of the following symptoms that impair daily 3 routines or roles: sensory modulation disorder, defined as difficulty 4 regulating responses to sensory input or as behavior that is not 5 graded relative to the degree, nature, or intensity of the sensory 6 information and including, but not limited to, sensory over-7 responsivity, sensory under-responsivity, and sensory craving; 8 sensory discrimination disorder, defined as difficulty interpreting qualities of sensory stimuli or perceiving similarities and 9 10 differences among stimuli and including, but not limited to, sensory 11 discrimination disorder subtypes affecting the visual, auditory, 12 olfactory, gustatory, tactile, vestibular, proprioceptive, and 13 interoceptive sensory systems; and sensory-based motor disorder, 14 defined as a sensory-based impairment of postural or motor 15 planning abilities including, but not limited to, the sensory-based 16 motor disorder subtypes of postural disorder, which involves 17 difficulties with core motor functions and balance, and motor 18 planning disorder, which involves difficulties with the ideation, 19 sequencing, and execution of novel motor actions. Sensory 20 processing disorder includes any equivalent conditions classified 21 under any version of the DSM or ICD-CM published on or after 22 January 1, 2000. 23 "Social communication disorder" means a condition 24 characterized by the following symptoms that are present from early 25 childhood and that result in functional limitations in effective 26 communication, social participation, academic achievement, or 27 occupational performance: persistent difficulties in pragmatics or 28 the social uses of verbal and nonverbal communication in naturalistic contexts, which affect the development of social 29 30 reciprocity and social relationships and which cannot be explained 31 by low abilities in the domains of word structure and grammar or 32 general cognitive ability; persistent difficulties in the acquisition 33 and use of spoken language, written language, or other modalities 34 of language for narrative, expository, and conversational discourse; 35 and the absence of restricted and repetitive patterns of behavior, 36 interests, or activities, thereby ruling out an autism diagnosis. The 37 disorder includes any equivalent conditions classified under any 38 version of the DSM or ICD-CM published on or after January 1, 39 2000.

40 41 (cf: P.L.2009, c.115, s.8)

- 42 9. Section 9 of P.L.2009, c.115 (C.52:14-17.29p) is amended to 43 read as follows:
- 9. Notwithstanding any other provision of law to the contrary, the State Health Benefits Commission shall ensure that every contract purchased by the commission on or after the effective date of this act that provides hospital or medical expense benefits shall provide coverage pursuant to the provisions of this section.

a. <u>(1)</u> The contract shall provide coverage for expenses incurred in screening and diagnosing autism or another developmental disability, including, but not limited to, central auditory processing disorder, childhood apraxia of speech, sensory processing disorder, and social communication disorder.

- (2) Practitioners shall use the DSM IV-TR when rendering an autism diagnosis under this section, but an obligation to provide coverage for expenses pursuant to this section shall be required whether an autism diagnosis is rendered under the DSM IV-TR, the IDC-9-CM, or any other version of the DSM or ICD-CM published on or after January 1, 2000.
- b. When the covered person's primary diagnosis is autism, central auditory processing disorder, childhood apraxia of speech, sensory processing disorder, social communication disorder, or another developmental disability, the contract shall provide coverage for expenses incurred for medically necessary occupational therapy, physical therapy, and speech therapy, as prescribed through a treatment plan. Coverage of these therapies shall not be denied on the basis that the treatment is not restorative or on the basis of any other exclusionary or otherwise limiting language.
- c. When the covered person is under 21 years of age and the covered person's primary diagnosis is autism <u>or social communication disorder</u>, the contract shall provide coverage for expenses incurred for medically necessary behavioral interventions based on the principles of applied behavioral analysis and related structured behavioral programs, as prescribed through a treatment plan <u>and as administered directly by</u>, or under the supervision of, a <u>practitioner</u>, subject to the provisions of this subsection.
- (1) Except as provided in paragraph (3) of this subsection, the benefits provided pursuant to this subsection shall be provided to the same extent as for any other medical condition under the contract, but shall not be subject to limits on the number of visits that a covered person may make to a provider of behavioral interventions.
- (2) The benefits provided pursuant to this subsection shall not be denied on the basis that the treatment is not restorative.
- (3) (a) The maximum benefit amount for a covered person in any calendar year through 2011 shall be \$36,000.
- (b) Commencing on January 1, 2012, the maximum benefit amount shall be subject to an adjustment, to be promulgated by the Commissioner of Banking and Insurance and published in the New Jersey Register no later than February 1 of each calendar year, which shall be equal to the change in the consumer price index for all urban consumers for the nation, as prepared by the United States Department of Labor, for the calendar year preceding the calendar year in which the adjustment to the maximum benefit amount is promulgated.

(c) The adjusted maximum benefit amount shall apply to a contract that is delivered, issued, executed, or renewed, or approved for issuance or renewal, in the 12-month period following the date on which the adjustment is promulgated.

- (d) Notwithstanding the provisions of this paragraph to the contrary, the commission shall not be precluded from providing a benefit amount for a covered person in any calendar year that exceeds the benefit amounts set forth in subparagraphs (a) and (b) of this paragraph.
- d. The treatment plan required pursuant to subsections b. and c. of this section shall include all elements necessary for the carrier to appropriately provide benefits, including, but not limited to: a diagnosis; proposed treatment by type, frequency, and duration; the anticipated outcomes stated as goals; the frequency by which the treatment plan will be updated; and the treating [physician's] practitioner's signature. The carrier may only request an updated treatment plan once every six months from the treating [physician] practitioner to review medical necessity, unless the carrier and the treating [physician] practitioner agree that a more frequent review is necessary due to emerging clinical circumstances.
 - e. The provisions of subsections b. and c. of this section shall not be construed as limiting benefits otherwise available to a covered person.
 - f. The provisions of subsections b. and c. of this section shall not be construed to require that benefits be provided to reimburse the cost of services provided under an individualized family service plan or an individualized education program, or affect any requirement to provide those services; except that the benefits provided pursuant to those subsections shall include coverage for expenses incurred by participants in an individualized family service plan through a family cost share.
 - g. The coverage required under this section may be subject to utilization review, including periodic review, by the carrier of the continued medical necessity of the specified therapies and interventions.
 - h. An attorney's fees and costs shall be awarded in favor of a successful claimant alleging failure to comply with the provisions of this section.

i. As used in this section:

"Autism" means any one of the several conditions classified under pervasive developmental disorder in the Diagnostic and Statistical Manual of Mental Disorders, Fourth Edition, Text Revision (DSM IV-TR) or the International Classification of Diseases, Ninth Revision, Clinical Modification (ICD-9-CM), including: autistic disorder; Asperger's disorder; childhood disintegrative disorder; pervasive developmental disorder not otherwise specified or unspecified pervasive developmental disorder; fragile X syndrome, to the extent that the condition is

1 comorbid with pervasive developmental disorder; Rett's disorder, to

2 the extent that the condition is comorbid with pervasive

3 developmental disorder; autism spectrum disorder; and any

4 equivalent conditions as classified under any version of the

Diagnostic and Statistical Manual of Mental Disorders (DSM) or

6 the International Classification of Diseases, Clinical Modification

(ICD-CM) published on or after January 1, 2000.

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"Central auditory processing disorder" means a disorder in the perceptual processing of auditory information in the central nervous 10 system as demonstrated by poor performance in one or more of the following abilities or skills: sound localization and lateralization; auditory discrimination; auditory pattern recognition; temporal aspects of audition, including temporal integration, temporal 14 discrimination, temporal ordering, and temporal masking; auditory performance in competing acoustic signals; and auditory performance with degraded acoustic signals. The disorder includes any equivalent conditions classified under any version of the DSM 18

or ICD-CM published on or after January 1, 2000.

"Childhood apraxia of speech" means a neurological childhood speech sound disorder in which the precision and consistency of movements underlying speech are impaired in the absence of neuromuscular deficits. The disorder may occur as a result of known neurological impairment, in association with complex neurobehavioral disorders of known or unknown origin, or as an idiopathic neurogenic speech sound disorder. The core impairment in planning or programming spatiotemporal parameters of movement sequences results in errors in speech sound production and prosody. The disorder includes conditions classified under phonological disorder in the DSM IV-TR or ICD-9-CM, conditions classified under speech sound disorder in any version of the DSM or ICD-CM published on or after January 1, 2000, and any equivalent conditions classified under any version of the DSM or ICD-CM published on or after January 1, 2000.

"Practitioner" means a physician, psychologist, or other health care professional licensed pursuant to Title 45 of the Revised Statutes who is qualified by training to make a diagnosis of autism, central auditory processing disorder, childhood apraxia of speech, sensory processing disorder, social communication disorder, or another developmental disability. For the purposes of this act, "practitioner" shall also include an individual credentialed by the Behavior Analyst Certification Board as a Board Certified Behavior

Analyst or as a Board Certified Behavior Analyst-Doctoral.

"Sensory processing disorder" means a condition characterized by one or more of the following symptoms that impair daily routines or roles: sensory modulation disorder, defined as difficulty regulating responses to sensory input or as behavior that is not graded relative to the degree, nature, or intensity of the sensory information and including, but not limited to, sensory overresponsivity, sensory under-responsivity, and sensory craving;

1 sensory discrimination disorder, defined as difficulty interpreting 2 qualities of sensory stimuli or perceiving similarities and 3 differences among stimuli and including, but not limited to, sensory 4 discrimination disorder subtypes affecting the visual, auditory, 5 olfactory, gustatory, tactile, vestibular, proprioceptive, and 6 interoceptive sensory systems; and sensory-based motor disorder, 7 defined as a sensory-based impairment of postural or motor 8 planning abilities including, but not limited to, the sensory-based 9 motor disorder subtypes of postural disorder, which involves 10 difficulties with core motor functions and balance, and motor 11 planning disorder, which involves difficulties with the ideation, 12 sequencing, and execution of novel motor actions. Sensory processing disorder includes any equivalent conditions classified 13 14 under any version of the DSM or ICD-CM published on or after 15 January 1, 2000. 16

"Social communication disorder" means a condition 17 characterized by the following symptoms that are present from early 18 childhood and that result in functional limitations in effective 19 communication, social participation, academic achievement, or 20 occupational performance: persistent difficulties in pragmatics or the social uses of verbal and nonverbal communication in 21 naturalistic contexts, which affect the development of social 22 23 reciprocity and social relationships and which cannot be explained 24 by low abilities in the domains of word structure and grammar or 25 general cognitive ability; persistent difficulties in the acquisition 26 and use of spoken language, written language, or other modalities 27 of language for narrative, expository, and conversational discourse; 28 and the absence of restricted and repetitive patterns of behavior, 29 interests, or activities, thereby ruling out an autism diagnosis. The 30 disorder includes any equivalent conditions classified under any 31 version of the DSM or ICD-CM published on or after January 1, 32

33 (cf: P.L.2009, c.115, s.9)

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35 10. Section 10 of P.L.2009, c.115 (C.52:14-17.46.6b) is 36 amended to read as follows:

- 10. Notwithstanding any other provision of law to the contrary, the School Employees' Health Benefits Commission shall ensure that every contract purchased by the commission on or after the effective date of this act that provides hospital or medical expense benefits shall provide coverage pursuant to the provisions of this section.
- a. (1) The contract shall provide coverage for expenses incurred in screening and diagnosing autism or another developmental disability, including, but not limited to, central auditory processing disorder, childhood apraxia of speech, sensory processing disorder, and social communication disorder.
 - (2) Practitioners shall use the DSM IV-TR when rendering an autism diagnosis under this section, but an obligation to provide

coverage for expenses pursuant to this section shall be required whether an autism diagnosis is rendered under the DSM IV-TR, the IDC-9-CM, or any other version of the DSM or ICD-CM published on or after January 1, 2000.

- b. When the covered person's primary diagnosis is autism, central auditory processing disorder, childhood apraxia of speech, sensory processing disorder, social communication disorder, or another developmental disability, the contract shall provide coverage for expenses incurred for medically necessary occupational therapy, physical therapy, and speech therapy, as prescribed through a treatment plan. Coverage of these therapies shall not be denied on the basis that the treatment is not restorative or on the basis of any other exclusionary or otherwise limiting language.
- c. When the covered person is under 21 years of age and the covered person's primary diagnosis is autism <u>or social communication disorder</u>, the contract shall provide coverage for expenses incurred for medically necessary behavioral interventions based on the principles of applied behavioral analysis and related structured behavioral programs, as prescribed through a treatment plan <u>and as administered directly by</u>, or under the supervision of, a <u>practitioner</u>, subject to the provisions of this subsection.
- (1) Except as provided in paragraph (3) of this subsection, the benefits provided pursuant to this subsection shall be provided to the same extent as for any other medical condition under the contract, but shall not be subject to limits on the number of visits that a covered person may make to a provider of behavioral interventions.
- (2) The benefits provided pursuant to this subsection shall not be denied on the basis that the treatment is not restorative.
- (3) (a) The maximum benefit amount for a covered person in any calendar year through 2011 shall be \$36,000.
- (b) Commencing on January 1, 2012, the maximum benefit amount shall be subject to an adjustment, to be promulgated by the Commissioner of Banking and Insurance and published in the New Jersey Register no later than February 1 of each calendar year, which shall be equal to the change in the consumer price index for all urban consumers for the nation, as prepared by the United States Department of Labor, for the calendar year preceding the calendar year in which the adjustment to the maximum benefit amount is promulgated.
- (c) The adjusted maximum benefit amount shall apply to a contract that is delivered, issued, executed, or renewed, or approved for issuance or renewal, in the 12-month period following the date on which the adjustment is promulgated.
- 46 (d) Notwithstanding the provisions of this paragraph to the 47 contrary, the commission shall not be precluded from providing a 48 benefit amount for a covered person in any calendar year that

1 exceeds the benefit amounts set forth in subparagraphs (a) and (b) 2 of this paragraph.

- 3 d. The treatment plan required pursuant to subsections b. and c. 4 of this section shall include all elements necessary for the carrier to 5 appropriately provide benefits, including, but not limited to: a 6 diagnosis; proposed treatment by type, frequency, and duration; the 7 anticipated outcomes stated as goals; the frequency by which the 8 treatment plan will be updated; and the treating [physician's] 9 practitioner's signature. The carrier may only request an updated 10 treatment plan once every six months from the treating [physician] 11 practitioner to review medical necessity, unless the carrier and the 12 treating [physician] practitioner agree that a more frequent review 13 is necessary due to emerging clinical circumstances.
 - The provisions of subsections b. and c. of this section shall not be construed as limiting benefits otherwise available to a covered person.
 - The provisions of subsections b. and c. of this section shall not be construed to require that benefits be provided to reimburse the cost of services provided under an individualized family service plan or an individualized education program, or affect any requirement to provide those services; except that the benefits provided pursuant to those subsections shall include coverage for expenses incurred by participants in an individualized family service plan through a family cost share.
 - g. The coverage required under this section may be subject to utilization review, including periodic review, by the carrier of the continued medical necessity of the specified therapies and interventions.
 - h. An attorney's fees and costs shall be awarded in favor of a successful claimant alleging failure to comply with the provisions of this section.
 - i. As used in this section:

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32 33 "Autism" means any one of the several conditions classified under pervasive developmental disorder in the Diagnostic and 34 35 Statistical Manual of Mental Disorders, Fourth Edition, Text Revision (DSM IV-TR) or the International Classification of 36 37 Diseases, Ninth Revision, Clinical Modification (ICD-9-CM), 38 including: autistic disorder; Asperger's disorder; childhood disintegrative disorder; pervasive developmental disorder not 39 otherwise specified or unspecified pervasive developmental 40 41 disorder; fragile X syndrome, to the extent that the condition is 42 comorbid with pervasive developmental disorder; Rett's disorder, to 43 the extent that the condition is comorbid with pervasive 44 developmental disorder; autism spectrum disorder; and any 45 equivalent conditions as classified under any version of the 46 Diagnostic and Statistical Manual of Mental Disorders (DSM) or

the International Classification of Diseases, Clinical Modification

(ICD-CM) published on or after January 1, 2000.

"Central auditory processing disorder" means a disorder in the perceptual processing of auditory information in the central nervous system as demonstrated by poor performance in one or more of the following abilities or skills: sound localization and lateralization; auditory discrimination; auditory pattern recognition; temporal aspects of audition, including temporal integration, temporal discrimination, temporal ordering, and temporal masking; auditory performance in competing acoustic signals; and auditory performance with degraded acoustic signals. The disorder includes any equivalent conditions classified under any version of the DSM or ICD-CM published on or after January 1, 2000.

"Childhood apraxia of speech" means a neurological childhood speech sound disorder in which the precision and consistency of movements underlying speech are impaired in the absence of neuromuscular deficits. The disorder may occur as a result of known neurological impairment, in association with complex neurobehavioral disorders of known or unknown origin, or as an idiopathic neurogenic speech sound disorder. The core impairment in planning or programming spatiotemporal parameters of movement sequences results in errors in speech sound production and prosody. The disorder includes conditions classified under phonological disorder in the DSM IV-TR or ICD-9-CM, conditions classified under speech sound disorder in any version of the DSM or ICD-CM published on or after January 1, 2000, and any equivalent conditions classified under any version of the DSM or ICD-CM published on or after January 1, 2000.

"Practitioner" means a physician, psychologist, or other health care professional licensed pursuant to Title 45 of the Revised Statutes who is qualified by training to make a diagnosis of autism, central auditory processing disorder, childhood apraxia of speech, sensory processing disorder, social communication disorder, or another developmental disability. For the purposes of this act, "practitioner" shall also include an individual credentialed by the Behavior Analyst Certification Board as a Board Certified Behavior Analyst or as a Board Certified Behavior Analyst-Doctoral.

"Sensory processing disorder" means a condition characterized by one or more of the following symptoms that impair daily routines or roles: sensory modulation disorder, defined as difficulty regulating responses to sensory input or as behavior that is not graded relative to the degree, nature, or intensity of the sensory information and including, but not limited to, sensory over-responsivity, sensory under-responsivity, and sensory craving; sensory discrimination disorder, defined as difficulty interpreting qualities of sensory stimuli or perceiving similarities and differences among stimuli and including, but not limited to, sensory discrimination disorder subtypes affecting the visual, auditory, olfactory, gustatory, tactile, vestibular, proprioceptive, and interoceptive sensory systems; and sensory-based motor disorder, defined as a sensory-based impairment of postural or motor

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1	planning abilities including, but not limited to, the sensory-based
2	motor disorder subtypes of postural disorder, which involves
3	difficulties with core motor functions and balance, and motor
4	planning disorder, which involves difficulties with the ideation,
5	sequencing, and execution of novel motor actions. Sensory
6	processing disorder includes any equivalent conditions classified
7	under any version of the DSM or ICD-CM published on or after
8	January 1, 2000.
9	"Social communication disorder" means a condition
10	characterized by the following symptoms that are present from early
11	childhood and that result in functional limitations in effective
12	communication, social participation, academic achievement, or
13	occupational performance: persistent difficulties in pragmatics or
14	the social uses of verbal and nonverbal communication in
15	naturalistic contexts, which affect the development of social
16	reciprocity and social relationships and which cannot be explained
17	by low abilities in the domains of word structure and grammar or
18	general cognitive ability; persistent difficulties in the acquisition
19	and use of spoken language, written language, or other modalities
20	of language for narrative, expository, and conversational discourse;
21	and the absence of restricted and repetitive patterns of behavior,
22	interests, or activities, thereby ruling out an autism diagnosis. The
23	disorder includes any equivalent conditions classified under any
24	version of the DSM or ICD-CM published on or after January 1,
25	2000.
26	(cf: P.L.2009, c.115, s.10)
27	
28	11. This act shall take effect on the first day of the seventh
29	month next following the date of enactment and shall apply to all
30	policies and contracts issued or renewed on or after the effective
31	date.
32	
33	
34	STATEMENT
35	
36	This bill defines "autism" and adds certain requirements
37	concerning health benefits coverage for autism and other
38	developmental disabilities. The bill also adds requirements
39	concerning health benefits coverage for central auditory processing
40	disorder, childhood apraxia of speech, sensory processing disorder,
41	and social communication disorder.
42	The bill amends P.L.2009, c.115, which requires certain health
13	henefits coverage for diagnosing and treating autism and other

The bill amends P.L.2009, c.115, which requires certain health benefits coverage for diagnosing and treating autism and other developmental disabilities, by defining "autism" to include any one of several related conditions commonly classified under pervasive developmental disorder in the Diagnostic and Statistical Manual of Mental Disorders, Fourth Edition, Text Revision (DSM IV-TR) or the International Classification of Diseases, Ninth Revision, Clinical Modification (ICD-9-CM). These related conditions

include: autism spectrum disorder; autistic disorder; Asperger's disorder; childhood disintegrative disorder; pervasive developmental disorder not otherwise specified or unspecified pervasive developmental disorder; fragile X syndrome and Rett's disorder, to the extent that either condition is comorbid with pervasive developmental disorder; and any other equivalent conditions. The bill also requires that health care practitioners, as defined pursuant to the bill, use the DSM IV-TR to render an autism diagnosis, and that health insurers maintain an individual's eligibility for health benefits coverage even if an autism diagnosis is rendered under an updated version of the DSM IV-TR.

The bill newly requires health insurers to provide coverage for occupational therapy, physical therapy, and speech therapy related to treating central auditory processing disorder, childhood apraxia of speech, sensory processing disorder, and social communication disorder. The bill also newly requires health insurers to provide coverage for applied behavioral analysis interventions related to treating a social communication disorder.

The insurers and programs to which the provisions of this bill apply include: health, hospital and medical service corporations; commercial individual and group health insurers; health benefits plans issued pursuant to the New Jersey Individual Health Coverage and Small Employer Health Benefits Programs; health maintenance organizations; the State Health Benefits Program; and the School Employees' Health Benefits Program. The bill requires attorneys' fees to be awarded under successful claims demonstrating that an insurer or program has failed to comply with the provisions of the bill.