ASSEMBLY, No. 4426 **STATE OF NEW JERSEY** 218th LEGISLATURE

INTRODUCED SEPTEMBER 17, 2018

Sponsored by: Assemblywoman CAROL A. MURPHY District 7 (Burlington)

SYNOPSIS

Designates blueberry muffin as State Muffin.

CURRENT VERSION OF TEXT As introduced.



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1 AN ACT designating the blueberry muffin as the New Jersey State 2 Muffin. 3 4 WHEREAS, The blueberry muffin is a delicious snack that is rich in 5 flavor and enjoyed by residents throughout the State of New Jersey 6 and the United States; and 7 WHEREAS, The blueberry muffin is incredibly versatile, able to serve 8 as part of a healthy breakfast or as a sweet and decadent dessert; 9 and 10 WHEREAS, Blueberries taste good, are high in fiber, vitamin C, and antioxidants, are sodium and cholesterol-free, are low in calories, 11 and may provide medical and health benefits, including helping to 12 prevent cancer and heart disease; and 13 14 WHEREAS, The key to creating a delicious and flavorful blueberry 15 muffin is using fresh blueberries grown in the fertile and acidic 16 soils of New Jersey; and 17 WHEREAS, Our State has a rich and long-standing association with the blueberry which, due to its mouthwatering taste, its many 18 19 nutritional and health benefits, and its indisputable economic 20 importance, was designated as the official State Fruit in 2003; and WHEREAS, The highbush blueberry is indigenous to New Jersey, 21 where it was first cultivated for commercial production by 22 23 Elizabeth White and Frederick Covile, who in the early 1900's 24 dedicated themselves to the study, domestication, and breeding of 25 blueberries at Whitesbog, in Browns Mills, New Jersey; and 26 WHEREAS, In 1916, White and Coville harvested and sold the first 27 commercial crop of highbush blueberries, and soon thereafter blueberry fever swept the country; and 28 29 WHEREAS, Today, New Jersey is consistently among the top-five 30 producers of blueberries in the nation, producing approximately 50 31 million pounds of blueberries worth an estimated \$70 million annually; and 32 33 WHEREAS, In the heart of southern New Jersey, Hammonton, in 34 Atlantic County, is widely recognized as the "Blueberry Capital of 35 the World"; and WHEREAS, It is altogether fitting and proper for the State of New 36 37 Jersey to officially acknowledge the importance and delightful taste 38 of the blueberry muffin; now, therefore, 39 40 BE IT ENACTED by the Senate and General Assembly of the State of New Jersey: 41 42 43 1. The blueberry muffin is designated as the New Jersey State 44 Muffin. 45 46 2. This act shall take effect immediately.

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STATEMENT

3 This bill designates the blueberry muffin as the New Jersey State4 Muffin.

5 New Jersey is the home of the commercial blueberry, which was 6 first domesticated in Browns Mills in the early 20th century by 7 Elizabeth White and Frederick Covile. White and Coville 8 accomplished this by selectively breeding the native highbush 9 blueberry over the course of many years. Blueberries now make up 10 a significant proportion of New Jersey's agricultural economy and 11 New Jersey is consistently among the top-five producers of blueberries in the nation, producing approximately 50 million 12 13 pounds of blueberries worth an estimated \$70 million annually.

Blueberries taste good, are high in fiber, vitamin C, and antioxidants, are sodium and cholesterol-free, are low in calories, and may provide medical and health benefits, including helping to prevent cancer and heart disease. Blueberry muffins are able to highlight both the healthfulness and the great taste of the blueberry, since they can be enjoyed as a high fiber breakfast food, or as a sweet dessert.

It is therefore proper and fitting for the State of New Jersey to recognize the significance of the blueberry to the State and the delightful taste of the blueberry muffin by designating the blueberry muffin as the New Jersey State Muffin.

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