# ASSEMBLY, No. 4935 STATE OF NEW JERSEY 218th LEGISLATURE

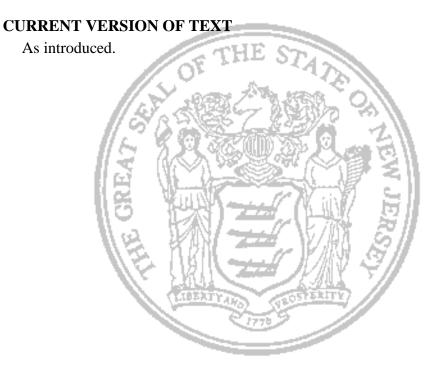
INTRODUCED JANUARY 17, 2019

Sponsored by: Assemblywoman ANGELA V. MCKNIGHT District 31 (Hudson) Assemblyman RAJ MUKHERJI District 33 (Hudson) Assemblywoman VALERIE VAINIERI HUTTLE District 37 (Bergen)

Co-Sponsored by: Assemblywomen Chaparro, Reynolds-Jackson, Murphy, Tucker and Mosquera

#### **SYNOPSIS**

Prohibits health benefits coverage for certain non-medically indicated early elective deliveries under Medicaid program, SHBP, and SEHBP.



(Sponsorship Updated As Of: 3/19/2019)

1 AN ACT concerning health benefits coverage for non-medically 2 indicated early elective deliveries and supplementing various 3 parts of statutory law. 4 5 **BE IT ENACTED** by the Senate and General Assembly of the State 6 of New Jersey: 7 8 1. The Legislature finds and declares: 9 Data strongly demonstrates that early elective deliveriesa. 10 scheduled cesarean sections or medical inductions performed prior 11 to 39 weeks of gestation without medical necessity-carry risks to 12 both babies and mothers; b. During the last few weeks of pregnancy, critical fetal 13 14 development is still occurring; 15 c. As such, studies have shown that non-medically indicated 16 early elective deliveries provide for higher incidences of neonatal 17 intensive care unit admissions, pneumonia, and longer hospital 18 stays for infants than if delivery was prolonged; 19 d. Additionally, an unsuccessful induction will result in a 20 cesarean section, which can lead to infections, bleeding, and anesthesia complications for mothers; 21 22 e. The American College of Obstetricians and Gynecologists 23 (ACOG) has advised against these deliveries for over 30 years; 24 According to the ACOG, medical indications for early f. 25 delivery are not absolute but should take into account maternal and 26 fetal conditions, gestational age, cervical status, and other factors; 27 g. Factors such as maternal request, availability of effective pain management, provider convenience, or facility scheduling 28 29 should not be considered when determining whether to induce labor 30 early or to perform a cesarean delivery; While the early elective delivery rate in New Jersey has 31 h. generally declined in recent years, approximately three to four 32 percent of all births in the State are the result of a scheduled 33 34 cesarean section or medical induction performed prior to 39 weeks 35 of gestation without medical necessity; and 36 It is, therefore, in the public interest for the Legislature to i. 37 prohibit coverage of such medical interventions which are not necessary by clinical standards within the Medicaid Program, State 38 39 Health Benefits Program, and School Employees' Health Benefits 40 Program as a means to improve medical outcomes for mothers and babies. 41 42 43 2. a. No provider shall be approved for reimbursement by the 44 Division of Medical Assistance and Health Services in the 45 Department of Human Services under Medicaid for a non-medically 46 indicated early elective delivery performed at a hospital on a pregnant woman earlier than the 39<sup>th</sup> week of gestation. 47 b. As used in this section: 48

1 "Medicaid" means the Medicaid program established pursuant to 2 P.L.1968, c.413 (C.30:4D-1 et seq.) "Non-medically indicated early elective delivery" means the 3 artificial start of the birth process through medical interventions or 4 5 other methods, also known as labor induction, or the surgical 6 delivery of a baby via a cesarean section for purposes or reasons 7 that are not fully consistent with established standards of clinical 8 care as provided by the American College of Obstetricians and 9 Gynecologists. 10

11 3. a. Notwithstanding the provisions of any other law or regulation to the contrary, any contract between a carrier and the 12 Division of Medical Assistance and Health Services in the 13 Department of Human Services that provides benefits to persons 14 15 who are eligible for Medicaid under P.L.1968, c.413 (C.30:4D-1 et 16 seq.) shall not provide coverage for a non-medically indicated early elective delivery performed at a hospital on a pregnant woman 17 18 earlier than the 39<sup>th</sup> week of gestation.

b. As used in this section, "non-medically indicated early
elective delivery" means the artificial start of the birth process
through medical interventions or other methods, also known as
labor induction, or the surgical delivery of a baby via a cesarean
section for purposes or reasons that are not fully consistent with
established standards of clinical care as provided by the American
College of Obstetricians and Gynecologists.

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4. a. Notwithstanding any other law or regulation to the contrary, the State Health Benefits Commission shall ensure that every contract purchased by the commission on or after the effective date of this act that provides hospital and medical expense benefits shall not provide coverage for a non-medically indicated early elective delivery performed at a hospital on a pregnant woman earlier than the 39<sup>th</sup> week of gestation.

b. As used in this section, "non-medically indicated early elective delivery" means the artificial start of the birth process through medical interventions or other methods, also known as labor induction, or the surgical delivery of a baby via a cesarean section for purposes or reasons that are not fully consistent with established standards of clinical care as provided by the American College of Obstetricians and Gynecologists.

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5. a. Notwithstanding any other law or regulation to the contrary, the School Employees' Health Benefits Commission shall ensure that every contract purchased by the commission on or after the effective date of this act that provides hospital and medical expense benefits shall not provide coverage for a non-medically indicated early elective delivery performed at a hospital on a pregnant woman earlier than the 39<sup>th</sup> week of gestation.

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b. As used in this section, "non-medically indicated early
elective delivery" means the artificial start of the birth process
through medical interventions or other methods, also known as
labor induction, or the surgical delivery of a baby via a cesarean
section for purposes or reasons that are not fully consistent with
established standards of clinical care as provided by the American
College of Obstetricians and Gynecologists.

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6. This act shall take effect on the first day of the fourth month next following enactment.

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### STATEMENT

15 This bill prohibits the health benefits coverage of certain non-16 medically indicated early elective deliveries under the Medicaid 17 Program, the State Health Benefits Program (SHBP), and the 18 School Employees' Health Benefits Program (SEHBP). 19 Specifically, this bill prohibits health benefits contracts which are 20 issued or purchased pursuant to the SHBP, SEHBP, and the 21 Medicaid Program, as well as services purchased under the fee-for-22 service delivery system within the Medicaid Program, from 23 providing health benefits coverage or reimbursing a provider for a 24 non-medically indicated early elective delivery performed at a hospital on a pregnant woman earlier than the 39<sup>th</sup> week of 25 26 gestation.

As used in the bill, "non-medically indicated early elective delivery" means the artificial start of the birth process through medical interventions or other methods, also known as labor induction, or the surgical delivery of a baby via a cesarean section for purposes or reasons that are not fully consistent with established standards of clinical care as provided by the American College of Obstetricians and Gynecologists (ACOG).

34 The ACOG has long discouraged non-medically indicated 35 deliveries before 39 weeks of gestation. Data strongly suggest that 36 early elective deliveries carry risks for both babies and mothers. 37 Early deliveries increase the chance the baby will be admitted to the 38 neonatal intensive care unit, resulting in longer stays and higher 39 costs. Risks are also higher for pneumonia as a baby's lungs 40 continue to develop into the last week of gestation. Additionally, an 41 unsuccessfully induced labor will result in a cesarean section, which 42 carries its own additional risks for the mother – such as infections, 43 bleeding, and anesthesia complications – and high costs.

According to the ACOG, medical indications for early delivery
are not absolute but should take into account maternal and fetal
conditions, gestational age, cervical status, and other factors.
Factors such as maternal request, availability of effective pain
management, provider convenience, or facility scheduling should

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- 1 not be considered when determining whether to induce labor early
- 2 or to perform a cesarean delivery.
- 3 The sponsor's intent is that this bill will improve medical
- 4 outcomes for mothers and babies within the Medicaid Program,
- 5 SHBP, and SEHBP by discouraging medical interventions that are
- 6 not necessary by clinical standards.