[First Reprint] ASSEMBLY, No. 4935

STATE OF NEW JERSEY 218th LEGISLATURE

INTRODUCED JANUARY 17, 2019

Sponsored by: Assemblywoman ANGELA V. MCKNIGHT District 31 (Hudson) Assemblyman RAJ MUKHERJI District 33 (Hudson) Assemblywoman VALERIE VAINIERI HUTTLE District 37 (Bergen)

Co-Sponsored by:

Assemblywomen Chaparro, Reynolds-Jackson, Murphy, Tucker, Mosquera, Downey, Assemblyman Houghtaling, Assemblywomen Lopez and Jasey

SYNOPSIS

Prohibits health benefits coverage for certain non-medically indicated early elective deliveries under Medicaid program, SHBP, and SEHBP.

CURRENT VERSION OF TEXT

As reported by the Assembly Appropriations Committee on March 18, 2019, with amendments.



(Sponsorship Updated As Of: 3/26/2019)

A4935 [1R] MCKNIGHT, MUKHERJI

2

1 AN ACT concerning health benefits coverage for non-medically 2 indicated early elective deliveries and supplementing various 3 parts of statutory law. 4 5 **BE IT ENACTED** by the Senate and General Assembly of the State 6 of New Jersey: 7 8 1. The Legislature finds and declares: 9 a. Data strongly demonstrates that early elective deliveries-10 scheduled cesarean sections or medical inductions performed prior to 39 weeks of gestation without medical necessity-carry risks to both 11 12 babies and mothers; 13 b. During the last few weeks of pregnancy, critical fetal 14 development is still occurring; 15 c. As such, studies have shown that non-medically indicated early elective deliveries provide for higher incidences of neonatal intensive 16 17 care unit admissions, pneumonia, and longer hospital stays for infants than ¹[if delivery was prolonged] when the pregnancy is allowed to 18 19 progress naturally to full term¹; 20 d. Additionally, an unsuccessful induction will result in a 21 cesarean section, which can lead to infections, bleeding, and anesthesia 22 complications for mothers; 23 e. The American College of Obstetricians and Gynecologists 24 (ACOG) has advised against these deliveries for over 30 years; 25 f. According to the ACOG, medical indications for early delivery 26 are not absolute but should take into account maternal and fetal 27 conditions, gestational age, cervical status, and other factors; 28 g. Factors such as maternal request, availability of effective pain 29 management, provider convenience, or facility scheduling should not 30 be considered when determining whether to induce labor early or to 31 perform a cesarean delivery; 32 h. While the early elective delivery rate in New Jersey has 33 generally declined in recent years, approximately three to four percent 34 of all births in the State are the result of a scheduled cesarean section or medical induction performed prior to 39 weeks of gestation without 35 medical necessity; ¹[and] 36 37 To support public health and improve birth outcomes, it is 38 important that health care providers, women, and their support networks are aware of the association between early elective deliveries 39 40 and increased maternal and neonatal complications; and¹ j. It is, therefore, in the public interest for the Legislature 1 <u>to</u> 41 support education efforts for health care providers and women and 42 their support networks and¹ to prohibit coverage of such medical 43 interventions which are not necessary by clinical standards within the 44 Medicaid Program, ¹the¹ State Health Benefits Program, and ¹the¹ 45

EXPLANATION – Matter enclosed in **bold-faced brackets** [thus] in the above bill is not enacted and is intended to be omitted in the law.

Matter underlined <u>thus</u> is new matter.

Matter enclosed in superscript numerals has been adopted as follows:

¹Assembly AAP committee amendments adopted March 18, 2019.

A4935 [1R] MCKNIGHT, MUKHERJI

3

School Employees' Health Benefits Program ¹, ¹ as a means to improve
 medical outcomes for mothers and babies.

3

2. a. No provider shall be approved for reimbursement by the 4 Division of Medical Assistance and Health Services in the Department 5 of Human Services under Medicaid for a non-medically indicated 6 7 early elective delivery performed at a hospital on a pregnant woman earlier than the 39th week of gestation ¹ on or after the ten month period 8 9 following the effective date of this section. During the ten month period following the effective date of this section, the Division of 10 11 Medical Assistance and Health Services in the Department of Human Services shall provide accessible educational materials to inform 12 13 pregnant women, their support networks, and Medicaid providers about the risks of non-medically indicated early elective delivery¹. 14 15 b. As used in this section: 16 "Medicaid" means the Medicaid program established pursuant to 17 P.L.1968, c.413 (C.30:4D-1 et seq.) 18 "Non-medically indicated early elective delivery" means the 19 artificial start of the birth process through medical interventions or

other methods, also known as labor induction, or the surgical delivery
of a baby via a cesarean section for purposes or reasons that are not
fully consistent with established standards of clinical care as provided
by the American College of Obstetricians and Gynecologists.

24

25 3. a. Notwithstanding the provisions of any other law or 26 regulation to the contrary, any contract between a carrier and the 27 Division of Medical Assistance and Health Services in the 28 Department of Human Services that provides benefits to persons 29 who are eligible for Medicaid under P.L.1968, c.413 (C.30:4D-1 et seq.) shall not provide coverage for a non-medically indicated early 30 31 elective delivery performed at a hospital on a pregnant woman earlier than the 39th week of gestation. 32

b. As used in this section, "non-medically indicated early elective delivery" means the artificial start of the birth process through medical interventions or other methods, also known as labor induction, or the surgical delivery of a baby via a cesarean section for purposes or reasons that are not fully consistent with established standards of clinical care as provided by the American College of Obstetricians and Gynecologists.

40

41 4. a. Notwithstanding any other law or regulation to the 42 contrary, the State Health Benefits Commission shall ensure that 43 every contract purchased by the commission on or after the 44 effective date of this act that provides hospital and medical expense 45 benefits shall not provide coverage for a non-medically indicated 46 early elective delivery performed at a hospital on a pregnant woman 47 earlier than the 39th week of gestation.

A4935 [1R] MCKNIGHT, MUKHERJI

4

b. As used in this section, "non-medically indicated early
elective delivery" means the artificial start of the birth process
through medical interventions or other methods, also known as
labor induction, or the surgical delivery of a baby via a cesarean
section for purposes or reasons that are not fully consistent with
established standards of clinical care as provided by the American
College of Obstetricians and Gynecologists.

8

5. a. Notwithstanding any other law or regulation to the contrary, the School Employees' Health Benefits Commission shall ensure that every contract purchased by the commission on or after the effective date of this act that provides hospital and medical expense benefits shall not provide coverage for a non-medically indicated early elective delivery performed at a hospital on a pregnant woman earlier than the 39th week of gestation.

b. As used in this section, "non-medically indicated early
elective delivery" means the artificial start of the birth process
through medical interventions or other methods, also known as
labor induction, or the surgical delivery of a baby via a cesarean
section for purposes or reasons that are not fully consistent with
established standards of clinical care as provided by the American
College of Obstetricians and Gynecologists.

23

24 6. ¹[This] <u>Sections 1 through 3 of this</u>¹ act shall take effect on the

25 first day of the fourth month next following enactment 1, and sections 4

26 and 5 of this act shall effect on the date of the next plan design cycle

27 for the State Health Benefits Program and the School Employees'

28 <u>Health Benefits Program after enactment</u>¹.