## ASSEMBLY, No. 5459 STATE OF NEW JERSEY 218th LEGISLATURE

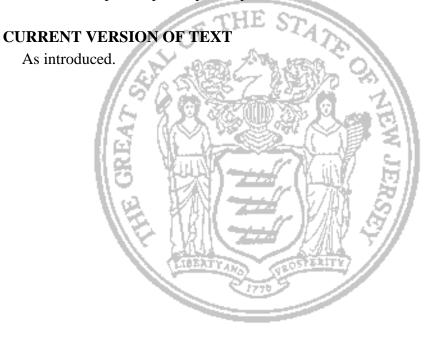
INTRODUCED JUNE 6, 2019

Sponsored by: Assemblywoman SHANIQUE SPEIGHT District 29 (Essex) Assemblywoman YVONNE LOPEZ District 19 (Middlesex) Assemblyman RAJ MUKHERJI District 33 (Hudson)

Co-Sponsored by: Assemblywoman Reynolds-Jackson, Assemblyman Armato, Assemblywomen Vainieri Huttle, Downey, Assemblymen Houghtaling and Verrelli

## SYNOPSIS

Concerns continuing education requirements for certain health care providers concerning best practices and advances in the care of pregnant women with respect to prescription opioids.



(Sponsorship Updated As Of: 6/21/2019)

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1 AN ACT concerning continuing education requirements for certain 2 health care providers with respect to prescription opioids and 3 amending various parts of the statutory law. 4 5 **BE IT ENACTED** by the Senate and General Assembly of the State 6 of New Jersey: 7 8 1. Section 3 of P.L.1991, c.97 (C.45:10-19) is amended to read 9 as follows: 10 3. To qualify to prescribe drugs pursuant to section 2 of 11 P.L.1991, c.97 (C.45:10-18), a certified nurse midwife shall have 12 completed 30 contact hours, as defined by the National Task Force 13 on the Continuing Education Unit, in pharmacology or a pharmacology course, acceptable to the board, in an accredited 14 institution of higher education approved by the [Department] 15 Office of the Secretary of Higher Education or the board. Such 16 17 contact hours shall include one credit of educational programs or 18 topics on issues concerning prescription opioid drugs, including 19 responsible prescribing practices, alternatives to opioids for 20 managing and treating pain, and the risks and signs of opioid abuse, 21 addiction, and diversion; and one credit on best practices and 22 advances in the care of pregnant women with respect to prescription 23 opioids. 24 (cf: P.L.2017, c.28, s.14) 25 26 2. Section 10 of P.L.1991, c.377 (C.45:11-49) is amended to 27 read as follows: 28 10. a. In addition to all other tasks which a registered 29 professional nurse may, by law, perform, an advanced practice 30 nurse may manage preventive care services and diagnose and 31 manage deviations from wellness and long-term illnesses, consistent 32 with the needs of the patient and within the scope of practice of the 33 advanced practice nurse, by: 34 (1) initiating laboratory and other diagnostic tests; 35 (2) prescribing or ordering medications and devices, as authorized by subsections b. and c. of this section; and 36 37 (3) prescribing or ordering treatments, including referrals to 38 other licensed health care professionals, and performing specific 39 procedures in accordance with the provisions of this subsection. 40 b. An advanced practice nurse may order medications and 41 devices in the inpatient setting, subject to the following conditions: 42 (1) the collaborating physician and advanced practice nurse 43 shall address in the joint protocols whether prior consultation with 44 the collaborating physician is required to initiate an order for a 45 controlled dangerous substance;

EXPLANATION – Matter enclosed in **bold-faced brackets** [thus] in the above bill is not enacted and is intended to be omitted in the law.

Matter underlined <u>thus</u> is new matter.

1 (2) the order is written in accordance with standing orders or 2 joint protocols developed in agreement between a collaborating 3 physician and the advanced practice nurse, or pursuant to the 4 specific direction of a physician;

5 (3) the advanced practice nurse authorizes the order by signing
6 the nurse's own name, printing the name and certification number,
7 and printing the collaborating physician's name;

8 (4) the physician is present or readily available through9 electronic communications;

(5) the charts and records of the patients treated by the advanced
practice nurse are reviewed by the collaborating physician and the
advanced practice nurse within the period of time specified by rule
adopted by the Commissioner of Health pursuant to section 13 of
P.L.1991, c.377 (C.45:11-52);

(6) the joint protocols developed by the collaborating physician
and the advanced practice nurse are reviewed, updated, and signed
at least annually by both parties; and

18 (7) the advanced practice nurse has completed six contact hours 19 of continuing professional education in pharmacology related to 20 controlled substances, including pharmacologic therapy, addiction 21 prevention and management [, and ]; issues concerning prescription 22 including responsible prescribing opioid drugs, practices. 23 alternatives to opioids for managing and treating pain, and the risks 24 and signs of opioid abuse, addiction, and diversion; and best 25 practices and advances in the care of pregnant women with respect 26 to prescription opioids, in accordance with regulations adopted by 27 the New Jersey Board of Nursing. The six contact hours shall be in 28 addition to New Jersey Board of Nursing pharmacology education 29 requirements for advanced practice nurses related to initial 30 certification and recertification of an advanced practice nurse as set 31 forth in N.J.A.C.13:37-7.2.

32 c. An advanced practice nurse may prescribe medications and
33 devices in all other medically appropriate settings, subject to the
34 following conditions:

(1) the collaborating physician and advanced practice nurse
shall address in the joint protocols whether prior consultation with
the collaborating physician is required to initiate a prescription for a
controlled dangerous substance;

39 (2) the prescription is written in accordance with standing orders
40 or joint protocols developed in agreement between a collaborating
41 physician and the advanced practice nurse, or pursuant to the
42 specific direction of a physician;

43 (3) the advanced practice nurse writes the prescription on a New
44 Jersey Prescription Blank pursuant to P.L.2003, c.280 (C.45:14-40
45 et seq.), signs the nurse's own name to the prescription and prints
46 the nurse's name and certification number;

(4) the prescription is dated and includes the name of the patient
 and the name, address, and telephone number of the collaborating
 physician;

4 (5) the physician is present or readily available through 5 electronic communications;

6 (6) the charts and records of the patients treated by the advanced
7 practice nurse are periodically reviewed by the collaborating
8 physician and the advanced practice nurse;

9 (7) the joint protocols developed by the collaborating physician 10 and the advanced practice nurse are reviewed, updated, and signed 11 at least annually by both parties; and

12 (8) the advanced practice nurse has completed six contact hours 13 of continuing professional education in pharmacology related to 14 controlled substances, including pharmacologic therapy, addiction prevention and management [, and]; issues concerning prescription 15 drugs, including responsible prescribing practices, 16 opioid 17 alternatives to opioids for managing and treating pain, and the risks 18 and signs of opioid abuse, addiction, and diversion; and best 19 practices and advances in the care of pregnant women with respect 20 to prescription opioids, in accordance with regulations adopted by 21 the New Jersey Board of Nursing. The six contact hours shall be in 22 addition to New Jersey Board of Nursing pharmacology education 23 requirements for advanced practice nurses related to initial 24 certification and recertification of an advanced practice nurse as set 25 forth in N.J.A.C.13:37-7.2.

d. The joint protocols employed pursuant to subsections b. and
c. of this section shall conform with standards adopted by the
Director of the Division of Consumer Affairs pursuant to section 12
of P.L.1991, c.377 (C.45:11-51) or section 10 of P.L.1999, c.85
(C.45:11-49.2), as applicable.

e. (Deleted by amendment, P.L.2004, c.122.)

f. An attending advanced practice nurse may determine and
certify the cause of death of the nurse's patient and execute the
death certification pursuant to R.S.26:6-8 if no collaborating
physician is available to do so and the nurse is the patient's primary
caregiver.

37 (cf: P.L.2017, c.28, s.15)

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39 3. Section 3 of P.L.1975, c.24 (C.45:12-9.3) is amended to read 40 as follows:

41 3. Fifty credits of continuing professional optometric education 42 shall be required biennially of each New Jersey optometrist holding 43 an active license during the period preceding the established license 44 renewal date. Each credit shall represent or be equivalent to one 45 hour of actual course attendance or in the case of those electing an 46 alternative method of satisfying the requirements of this act shall be 47 approved by the board and certified to the board on forms to be 48 provided for that purpose. Of the 50 credits biennially required

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1 under this section, at least one credit shall be for educational 2 programs or topics that concern the prescription of hydrocodone, or 3 the prescription of opioid drugs in general, including responsible 4 prescribing practices, the alternatives to the use of opioids for the 5 management and treatment of pain, and the risks and signs of opioid 6 abuse, addiction, and diversion; and one credit shall be for 7 programs or topics that concern best practices and advances in the 8 care of pregnant women with respect to prescription opioids. 9 (cf: P.L.2017, c.28, s.17)

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11 4. Section 18 of P.L.2017, c.28 (C.45:6-10.2a) is amended to 12 read as follows:

18. a. The New Jersey State Board of Dentistry shall require 13 14 that the number of credits of continuing dental education required 15 of each person licensed as a dentist, as a condition of biennial 16 registration pursuant to R.S.45:6-10 and section 1 of P.L.1972, 17 c.108 (C.45:1-7), include one credit of educational programs or 18 topics concerning prescription opioid drugs, including responsible 19 prescribing practices, alternatives to opioids for managing and 20 treating pain, and the risks and signs of opioid abuse, addiction, and 21 diversion; and one credit of programs or topics concerning best 22 practices and advances in the care of pregnant women with respect 23 The continuing dental education to prescription opioids. 24 requirement in this subsection shall be subject to the provisions of 25 P.L.1991, c.490 (C.45:6-10.1 et seq.), including, but not limited to, 26 the authority of the board to waive the provisions of this section for 27 a specific individual if the board deems it is appropriate to do so.

b. The New Jersey State Board of Dentistry, pursuant to the
"Administrative Procedure Act," P.L.1968, c.410 (C.52:14B-1 et
seq.), shall adopt such rules and regulations as are necessary to
effectuate the purposes of this section.

- 32 (cf: P.L.2017, c.28, s.18)
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34 5. Section 19 of P.L.2017, c.28 (C.45:9-7.8) is amended to read 35 as follows:

36 19. a. The State Board of Medical Examiners shall require that 37 the number of credits of continuing medical education required of each person licensed as a physician, as a condition of biennial 38 39 registration pursuant to section 1 of P.L.1971, c.236 (C.45:9-6.1), 40 include one credit of educational programs or topics concerning 41 prescription opioid drugs, including responsible prescribing 42 practices, alternatives to opioids for managing and treating pain, 43 and the risks and signs of opioid abuse, addiction, and diversion; and one credit of programs or topics concerning best practices and 44 45 advances in the care of pregnant women with respect to prescription 46 opioids. The continuing medical education requirement in this 47 subsection shall be subject to the provisions of section 10 of P.L.2001, c.307 (C.45:9-7.1), including, but not limited to, the 48

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1 authority of the board to waive the provisions of this section for a 2 specific individual if the board deems it is appropriate to do so. 3 The State Board of Medical Examiners, pursuant to the b. "Administrative Procedure Act," P.L.1968, c.410 (C.52:14B-1 et 4 5 seq.), shall adopt such rules and regulations as are necessary to 6 effectuate the purposes of this section. 7 (cf: P.L.2017, c.28, s.19) 8 9 6. Section 20 of P.L.2017, c.28 (C.45:9-27.25a) is amended to 10 read as follows: 11 20. a. The State Board of Medical Examiners shall require that 12 the number of credits of continuing medical education required of 13 each person licensed as a physician assistant, as a condition of biennial renewal pursuant to section 4 of P.L.1991, c.378 (C.45:9-14 15 27.13), include one credit of educational programs or topics 16 concerning prescription opioid drugs, including responsible 17 prescribing practices, alternatives to opioids for managing and 18 treating pain, and the risks and signs of opioid abuse, addiction, and 19 diversion; and one credit of programs or topics concerning best 20 practices and advances in the care of pregnant women with respect 21 to prescription opioids. The continuing medical education 22 requirement in this subsection shall be subject to the provisions of 23 section 16 of P.L.1991, c.378 (C.45:9-27.25), including, but not 24 limited to, the authority of the board to waive the provisions of this 25 section for a specific individual if the board deems it is appropriate 26 to do so. 27 b. The State Board of Medical Examiners, pursuant to the "Administrative Procedure Act," P.L.1968, c.410 (C.52:14B-1 et 28 29 seq.), shall adopt such rules and regulations as are necessary to 30 effectuate the purposes of this section. 31 (cf: P.L.2017, c.28, s.20) 32 33 7. Section 21 of P.L.2017, c.28 (C.45:11-26.3) is amended to 34 read as follows 35 21. a. The New Jersey Board of Nursing shall require that the 36 number of credits of continuing education required of each person 37 licensed as a professional nurse or a practical nurse, as a condition of biennial license renewal, include one credit of educational 38 39 programs or topics concerning prescription opioid drugs, including 40 alternatives to opioids for managing and treating pain and the risks 41 and signs of opioid abuse, addiction, and diversion; and one credit 42 of programs or topics concerning best practices and advances in the 43 care of pregnant women with respect to prescription opioids. 44 b. The board may, in its discretion, waive the continuing 45 education requirement in subsection a. of this section on an 46 individual basis for reasons of hardship, such as illness or disability, 47 retirement of the license, or other good cause. A waiver shall apply

1 only to the current biennial renewal period at the time of board 2 issuance. 3 c. The New Jersey Board of Nursing, pursuant to the "Administrative Procedure Act," P.L.1968, c.410 (C.52:14B-1 et 4 5 seq.), shall adopt such rules and regulations as are necessary to 6 effectuate the purposes of this section. 7 (cf: P.L.2017, c.28, s.21) 8 9 8. Section 22 of P.L.2017, c.28 (C.45:14-54.1) is amended to 10 read as follows 11 22. a. The New Jersey State Board of Pharmacy shall require 12 that the number of credits of continuing pharmacy education 13 required of each person registered as a pharmacist, as a condition of biennial renewal certification, include one credit of educational 14 15 programs or topics concerning prescription opioid drugs, including 16 alternatives to opioids for managing and treating pain and the risks 17 and signs of opioid abuse, addiction, and diversion: and one credit 18 of programs or topics concerning best practices and advances in the 19 care of pregnant women with respect to prescription opioids. The 20 continuing pharmacy education requirement in this subsection shall 21 be subject to the provisions of section 15 of P.L.2003, c.280 22 (C.45:14-54), including, but not limited to, the authority of the 23 board to waive the provisions of this section for a specific 24 individual if the board deems it is appropriate to do so. 25 The New Jersey State Board of Pharmacy, pursuant to the b. 26 "Administrative Procedure Act," P.L.1968, c.410 (C.52:14B-1 et 27 seq.), shall adopt such rules and regulations as are necessary to 28 effectuate the purposes of this section. 29 (cf: P.L.2017, c.28, s.22) 30 31 This act shall take effect on the 90th day next following the 9. 32 date of enactment. 33 34 35 **STATEMENT** 36 37 This bill requires certain health care providers to receive training 38 concerning best practices and advances in the care of pregnant 39 women with respect to prescription opioids. 40 Health care professionals who have the authority to prescribe 41 opioid medications, including physicians, physician assistants, 42 dentists, and optometrists (who have limited authority to prescribe 43 only hydrocodone), are currently required to complete one 44 continuing education credit on topics that include responsible 45 prescribing practices, alternatives to opioids for managing and 46 treating pain, and the risks and signs of opioid abuse, addiction, and 47 diversion. This bill provides that the existing requirements for each 48 of these professionals will now include one credit on best practices

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1 and advances in the care of pregnant women with respect to 2 prescription opioids. For advance practice nurses who have 3 prescribing authority, their required six contact hours of continuing 4 professional education in pharmacology related to controlled 5 substances will also include one contact hour on best practices and 6 advances in the care of pregnant women with respect to prescription 7 opioids. Certified nurse midwives also will be required to complete 8 one credit of educational programs or topics on best practices and 9 advances in the care of pregnant women with respect to prescription 10 opioids as part of the 30 contact hours in pharmacology training 11 that is required for them to be authorized to prescribe drugs.

Health care professionals who do not have prescribing authority but who frequently interact with patients who may be prescribed opioids, including pharmacists, professional nurses, and practical nurses, will also be required to complete one continuing education credit on best practices and advances in the care of pregnant women with respect to prescription opioids.

18 The continuing education credits required under the bill will be 19 part of the professional's regular continuing education credits and 20 will not increase the total number of continuing education credits 21 required.