

SENATE, No. 574

STATE OF NEW JERSEY

INTRODUCED JANUARY 29, 1996

By Senator BASSANO

1 AN ACT allowing certain organizations to enter into preferred provider  
2 arrangements and supplementing Chapter 17 of Title 17B of the  
3 New Jersey Statutes.

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5 **BE IT ENACTED** *by the Senate and General Assembly of the State*  
6 *of New Jersey:*

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8 1. This act shall be known and may be cited as the "New Jersey  
9 Preferred Provider Arrangement Act."

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11 2. The purpose of this act is to encourage health care cost  
12 containment while preserving the quality of care by allowing  
13 organizations to enter into preferred provider arrangements and by  
14 establishing minimum standards for preferred provider arrangements  
15 and the health benefit plans associated with those arrangements.

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17 3. As used in this act:  
18 "Commissioner" means the Commissioner of Insurance.

19 "Covered service" means a health care service which an  
20 organization is obligated to pay for or provide under a health benefit  
21 plan.

22 "Covered person" means a person on whose behalf the organization  
23 is obligated to pay for or provide a health care service.

24 "Emergency care" means a covered service provided after the  
25 sudden onset of a medical condition manifesting itself by acute  
26 symptoms, including severe pain, which are severe enough that the  
27 lack of immediate medical attention could reasonably be expected to  
28 result in: serious impairment of bodily function; serious dysfunction of  
29 any bodily organ or part; or placing the patient's health in serious  
30 jeopardy.

31 "Health benefit plan" means a health insurance policy or subscriber  
32 contract between the covered person, subscriber or policyholder and  
33 an organization which defines the covered services and benefit levels  
34 available.

35 "Health care provider" means a provider of health care services.

36 "Health care service" means a service or product sold by a health  
37 care provider and includes, but is not limited to, hospital, medical,

1 surgical, dental, vision and pharmaceutical services or products.

2 "Organization" means an insurer doing the business of health  
3 insurance, as defined in N.J.S.17B:17-4, and operating pursuant to  
4 Title 17B of the New Jersey Statutes; a hospital service corporation  
5 operating pursuant to P.L.1938, c.366 (C.17:48-1 et seq.); a medical  
6 service corporation operating pursuant to P.L.1940, c.74 (C.17:48A-1  
7 et seq.); a health service corporation operating pursuant to P.L.1985,  
8 c.236 (C.17:48E-1 et seq.); or a fraternal benefit society operating  
9 pursuant to P.L.1959, c.167 (C.17:44A-1 et seq.).

10 "Preferred provider" means a health care provider or group of health  
11 care providers who have contracted to provide specified covered  
12 services.

13 "Preferred provider arrangement" means a contract between or on  
14 behalf of an organization and a preferred provider.

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16 4. Notwithstanding any provision of law to the contrary, any  
17 organization may enter into preferred provider arrangements and may  
18 issue health benefit plans associated with those arrangements. Those  
19 arrangements shall:

20 a. Establish the amount and manner of payment to the preferred  
21 provider. The amount and manner of payment may include capitation  
22 payments for preferred providers;

23 b. Include mechanisms which are designed to minimize the cost of  
24 a health benefit plan. These mechanisms may include among others:

25 (1) The review or control of utilization of health care services; and

26 (2) A procedure for determining whether health care services  
27 rendered are medically necessary; and

28 c. Assure reasonable access to covered services available to  
29 covered persons under the preferred provider arrangement and an  
30 adequate number of preferred providers to render those health care  
31 services.

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33 5. a. Organizations may issue health benefit plans which provide  
34 for incentives for covered persons who use the health care services of  
35 preferred providers. Such health benefit plans shall contain at least the  
36 following provisions:

37 (1) A provision that if a covered person receives emergency care  
38 for services specified in the preferred provider arrangement and cannot  
39 reasonably reach a preferred provider, that emergency care shall be  
40 reimbursed as though the covered person had been treated by a  
41 preferred provider; and

42 (2) A provision which clearly identifies the differential in benefit  
43 levels for health care services of preferred providers and benefit levels  
44 for health care services of health care providers who are not preferred  
45 providers.

46 b. (1) Except as provided pursuant to paragraph (2) of this

1 subsection, if a health benefit plan provides differences in benefit levels  
2 payable to preferred providers compared to other health care  
3 providers, such differences shall be no greater than 40%, excluding  
4 deductibles, copayments, and coinsurance.

5 (2) With the approval of the commissioner, greater differences in  
6 benefit levels than those provided in paragraph (1) of this subsection  
7 may be permitted for mental health, substance abuse, and prescription  
8 drug benefits, and for other like benefits.

9 c. Health benefit plans using preferred providers shall specify in  
10 writing the procedure for resolving complaints and grievances of  
11 covered persons.

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13 6. Organizations may place reasonable limits on the number or  
14 classes of preferred providers but there shall be no discrimination  
15 against providers on the basis of religion, race, color, national origin,  
16 age, sex or marital status.

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18 7. Organizations complying with this act shall:

19 a. Be required to comply with all other applicable laws, rules and  
20 regulations of this State; and

21 b. Provide a quality assurance program which is appropriate to the  
22 scope of the preferred provider arrangement.

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24 8. If an entity enters into a contract or agreement providing  
25 covered services with a health care provider, but is not engaged in  
26 activities which would require it to be licensed or to obtain a  
27 certificate of authority as an organization, as defined in this act, that  
28 entity shall file with the commissioner information describing its  
29 activities and a description of the contract or agreement it has entered  
30 into with the health care providers. The provisions of this section shall  
31 not apply to employers or to the administrators of employers'  
32 self-funded plans, who enter into contracts or agreements with health  
33 care providers for the exclusive benefit of their employees and  
34 dependents.

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36 9. Nothing contained in any provision of this act shall be deemed  
37 to impair or otherwise affect any contractual agreements and forms  
38 which have been filed and approved by the commissioner and are in  
39 effect before the effective date of this act.

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41 10. The commissioner may promulgate rules and regulations,  
42 pursuant to the "Administrative Procedure Act," P.L.1968, c.410  
43 (C.52:14B-1 et seq.), necessary to enforce and administer this act.

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45 11. This act shall take effect immediately.

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STATEMENT

This bill allows insurers to enter into preferred provider arrangements with physicians, hospitals and other health care providers to lower the cost of health care services while preserving the quality of care provided. Currently, some 30 states permit preferred provider arrangements.

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Allows insurers to establish preferred provider arrangements.