## [First Reprint]

## ASSEMBLY, No. 5565

# STATE OF NEW JERSEY

### 219th LEGISLATURE

**INTRODUCED MAY 5, 2021** 

Sponsored by:
Assemblywoman JOANN DOWNEY
District 11 (Monmouth)
Assemblyman RAJ MUKHERJI
District 33 (Hudson)

Co-Sponsored by: Assemblyman Verrelli

#### **SYNOPSIS**

"Behavioral Health Crisis Mobile Response Act."

### **CURRENT VERSION OF TEXT**

As reported by the Assembly Human Services Committee on June 9, 2021, with amendments.



(Sponsorship Updated As Of: 5/5/2021)

AN ACT concerning crisis response for adults with disabilities who are undergoing a behavioral health crisis <sup>1</sup>[,] and <sup>1</sup> supplementing

Title 30 of the Revised Statutes <sup>1</sup>[, and making an appropriation] <sup>1</sup>.

5 6

**BE IT ENACTED** by the Senate and General Assembly of the State of New Jersey:

7 8 9

1. This act shall be known, and may be cited, as the "Behavioral Health Crisis Mobile Response Act."

101112

13 14

15

16

17 18

19

20

21

2223

24

25

26

27

28

29

30

31

32

33

34

35

3637

38

39

- 2. As used in this act:
- "Adult in crisis" means an adult with disabilities who is experiencing a behavioral health crisis.

"Behavioral health crisis" means an emergency or crisis situation in which an adult with a disability experiences mental, emotional, or behavioral health challenges that endanger the health, safety, or wellbeing of the disabled adult, or of other persons interacting with the disabled adult, and which cannot be controlled, or otherwise properly addressed or stabilized by the adult, or by the adult's family members, attendant caregivers, or direct care staff members, without professional assistance.

"Crisis bed" means an available bed in a temporary stabilization unit that is used, when needed, for the temporary placement, not exceeding seven days, and stabilization of an adult in crisis.

"Crisis response" means face-to-face emergency response, which is provided by a mobile crisis response team under this act, with the assistance of a temporary stabilization unit, where needed, and which is available 24 hours a day, 365 days a year, to de-escalate and stabilize any behavioral health crisis being experienced by an adult with disabilities.

"Crisis response services" means services that are provided during the initial crisis response period, either by a mobile crisis response team, or by a temporary stabilization unit, to stabilize the adult in crisis.

"Department" means the Department of Human Services.

"Direct care staff member" means a person 18 years of age or older who is employed by a group home, and who may come into direct contact with group home residents.

40 "Disability" means an intellectual or developmental disability, or a mental illness.

"Group home" means the same as that term is defined by section 1 of P.L.2017, c.238 (C.30:6D-9.1).

44 "Home" means a private residence or a community-based

EXPLANATION – Matter enclosed in bold-faced brackets [thus] in the above bill is not enacted and is intended to be omitted in the law.

<sup>&</sup>lt;sup>1</sup>Assembly AHU committee amendments adopted June 9, 2021.

residential facility, such as a group home or halfway house, where 2 an adult in crisis is a resident.

1

3

4 5

6

7

8

9

10

11

12

13 14

15

16

17

18 19

20

21 22

23

24

25

26

27

28

29

30

31

32

33 34

35

36 37

38 39

40

41

42

43 44

45 46

47

48

"Individualized crisis stabilization plan (ICSP)" means an individualized service plan, developed by a mobile crisis response team for an adult in crisis, which identifies target behaviors to be addressed in, desired outcomes to be attained by, and necessary mental or behavioral health services to be provided to, the adult in crisis, both during the initial crisis response period and, if indicated, during a subsequent stabilization management period lasting up to eight weeks thereafter, as necessary to ensure the stabilization of the adult in crisis and minimize or eliminate the dangers stemming from the crisis.

"Initial 72-hour mobile response period" means the initial period of time, lasting 72 hours, over a four-day span of time, during which a mobile crisis response team is required to provide mobile crisis response services to an adult in crisis, while at the adult's home or at another place where the adult is located, as provided by section 5 of this act. "Initial 72-hour mobile response period" does not include any time during which the adult in crisis is housed in a temporary stabilization unit.

"Initial crisis response period" means the initial 72-hour mobile response period, and any additional period of time, lasting up to seven days, during which the adult in crisis is housed in a temporary stabilization unit. "Initial crisis response period" shall include the period of time during which an adult in crisis is being transported by a mobile crisis response unit from the person's home, or other place where the person is located, to a temporary stabilization unit.

"Mental health care professional" means a psychiatrist, professional counselor, practicing psychologist, psychoanalyst, clinical social worker, or psychiatric nurse practitioner licensed pursuant to Title 45 of the Revised Statutes.

"Mobile crisis response agency" means an entity that is approved and authorized, pursuant to subsection a. of section 4 of this act, to provide mobile crisis response services and stabilization management services to adults in crisis.

"Mobile crisis response services" means services, as described in subsection b. of section 5 of this act, which are provided by a mobile crisis response team during the initial 72-hour mobile response period.

"Mobile crisis response team" means a mobile team of mental health care professionals who are qualified to assess and stabilize a behavioral health crisis situation, and address the immediate needs of an adult with disabilities who is in crisis.

"Stabilization," "initial stabilization," or "stabilize" means the initial stabilization of an adult in crisis, which is effectuated by a mobile crisis response team or staff at a temporary stabilization unit during the initial crisis response period, and prior to any stabilization management period, and which effectively calms and stabilizes the behavior of the adult in crisis, and removes the immediate potential for danger arising out of the crisis situation.

"Stabilization management period" means a period of time, lasting no more than eight weeks, and commencing at the end of the initial 72-hour mobile response period, or at the time that the adult is discharged from a temporary stabilization unit, whichever is later, during which the mobile crisis response team provides ongoing stabilization management services to the adult with disabilities in the adult's home.

"Stabilization management services" means the ongoing provision, monitoring, and coordination of, and referral to, services and supports identified in the ICSP, in accordance with section 6 of this act, for up to eight weeks immediately following the completion of the initial crisis response period, as necessary for the mobile crisis response team to ensure the long-term stabilization of the crisis situation.

"Temporary stabilization unit" means a facility, or a part of a facility, which is licensed pursuant to section 9 of this act, and which is authorized to provide a safe, non-clinical, and non-punitive inpatient space to be used to stabilize an adult in crisis, for a period of no more than seven days, in cases where the responding mobile crisis response team has determined that the adult is in need of a crisis bed.

- 3. a. The Commissioner of Human Services, in consultation with the Commissioner of Health, and the Directors of the Division of Mental Health and Addiction Services, and the Division of Developmental Disabilities in the Department of Human Services, shall establish a Statewide mobile crisis response system, in accordance with the provisions of this section, which shall be designed to provide immediate crisis response services, and ongoing stabilization management services, upon request, to adults with disabilities who are experiencing a behavioral health crisis, and their families and attendant caregivers or other staff.
- b. The mobile crisis response system established pursuant to this section shall:
- (1) be designed to prevent the hospitalization of adults in crisis, and to provide for the stabilization of adults in crisis in the least restrictive environment; and
- (2) be implemented on a Statewide basis, with at least one mobile crisis response agency available to provide crisis response services and stabilization management services, and at least one temporary stabilization unit available to provide temporary crisis beds, in each of the Northern, Central, and Southern regions of the State.

- c. An adult with a disability shall be eligible to receive crisis response services and stabilization management services, as provided in this act, if:
- (1) the adult is covered under the Medicaid or NJ FamilyCare programs, or the adult is ineligible for coverage under the Medicaid or NJ FamilyCare programs, but is receiving services for a disability from the Division of Developmental Disabilities, or from the Division of Mental Health and Addiction Services, in the department;
- (2) in the case of crisis response services, the services are deemed to be necessary, either by the department, or by the mobile crisis response team that is authorized to assess the need for those services; and
- (3) in the case of stabilization management services, the services are deemed to be necessary by both the mobile crisis response team and the department, and are approved by the department pursuant to subsection b. of section 6 of this act.

- 4. a. Any person, group, or entity wishing to provide mobile crisis response services or stabilization management services, pursuant to this act, shall:
- (1) submit an application to the Department of Human Services, and be approved and contracted by the department as a mobile response agency; and
- (2) submit an application to, and be approved by, the New Jersey Medicaid and NJ FamilyCare fee-for-service program as a mobile response agency.
- b. Each mobile crisis response agency approved pursuant to this section shall employ one or more mobile crisis response teams to:
- (1) provide mobile crisis response services in the home of a person in crisis, or at another community location where a person in crisis is located, as described in section 5 of this act;
- (2) when deemed to be appropriate, transport the adult in crisis to a temporary stabilization unit established and licensed pursuant to section 9 of this act; and
- (3) provide ongoing stabilization management services to the adult in crisis, in the adult's home, when authorized to do so pursuant to section 6 of this act.
- c. Mobile crisis response services and stabilization management services, which are provided by a mobile crisis response team under this act, shall be delivered directly by, or under the supervision of, a licensed psychiatrist who, at a minimum, has three and a half years of applicable clinical and supervisory experience, and has the authority to directly provide, or to supervise the provision of, these services within the scope of the psychiatrist's authorized practice, as defined by law. Any other staff member on a mobile crisis response team shall have, at a minimum, a master's

degree in behavioral health or a related human services field, such as social work, counseling, or psychology; or shall have a bachelor's degree in a behavioral health or a related human services field, and a minimum of one year of related field work experience.

d. Any person seeking to deliver crisis response services or stabilization management services, pursuant to this act, as a member of a mobile crisis response team, or as a staff member at a temporary stabilization unit, shall be deemed to be a "community agency employee," as defined by section 1 of P.L.1999, c.358 (C.30:6D-63), and shall be required to comply with the criminal history record background check requirements established by P.L.1999, c.358 (C.30:6D-63 et seq.) as a condition of the person's employment with the mobile crisis response agency or temporary stabilization unit.

- 5. a. Mobile crisis response services under this act shall be provided by a mobile crisis response team to an eligible adult in crisis for a period of up to 72 hours per episode, over the course of up to a four-day period, immediately following the initial referral or dispatch, and shall be designed to stabilize the presenting behaviors and crisis situation, with the goal of preventing a disruption of the current living arrangement, and avoiding inappropriate psychiatric hospitalization or residential placement, of the adult in crisis. Each referral to, or dispatch of, a mobile crisis response team shall be registered with the department within 24 hours after the team receives notice thereof.
- b. Mobile crisis response services provided by a mobile crisis response team shall include, but need not be limited to:
- (1) mobile outreach and face-to-face contact with the adult in crisis, which face-to-face contact shall occur within 24 hours following the initial referral or dispatch, except in situations requiring an immediate response, in which case, face-to-face contact shall occur within one hour after the initial referral or dispatch, unless a delay is requested by the family of the adult in crisis, in order to meet the family's needs;
- (2) the immediate assessment and evaluation of the presenting crisis, which shall include an assessment of the safety of, or danger to, the adult in crisis, other residents of the home, and members of the community, as well as an assessment of caregiver culpability and clinical and environmental factors that contributed to the crisis;
- (3) the immediate use of clinical and therapeutic interventions to stabilize the presenting crisis;
- (4) the development of an individualized crisis stabilization plan, as provided by subsection d. of this section; and
- (5) the provision of relevant information, crisis training, and program and service referrals to the family members or caregivers of the adult in crisis.

- c. (1) If, at any time during the initial 72-hour mobile response period, the mobile crisis response team determines that the presenting crisis can only be stabilized through the temporary placement of the adult in a temporary stabilization unit, the crisis response team shall transport the adult in crisis to a temporary stabilization unit, and the adult shall be admitted to the unit, for a period not exceeding seven days, as necessary to facilitate the initial stabilization of the crisis.
- (2) Whenever an adult is placed in a crisis bed in a temporary stabilization unit pursuant to this subsection, the need for such placement shall be reviewed and documented by the mobile crisis response team on a daily basis during such placement, and the adult shall be immediately discharged from such placement upon a determination by the team that continued placement is no longer necessary.
- d. The individualized crisis stabilization plan developed under paragraph (4) of subsection b. of this section shall be prepared after the mobile crisis response team has made initial face-to-face contact with the adult in crisis and the family members or caregivers thereof, and shall be registered with the department within 24 hours after such contact. At a minimum, the ICSP shall:
  - (1) identify the mental health diagnoses of the adult in crisis;
- (2) identify the environmental, situational, mental, physical, and other factors that contributed to the presenting crisis;
- (3) identify appropriate clinical and therapeutic interventions to be used in addressing and stabilizing the presenting crisis;
- (4) include a plan to ensure the stabilization of the adult in crisis in the least restrictive environment, which plan shall: (a) provide for the adult in crisis to remain in the home, if the initial stabilization of the crisis can be effectuated in the home within the initial 72-hour mobile response period; (b) provide for the adult in crisis to be transported, and temporarily admitted to, a temporary stabilization unit, at any time during the initial 72-hour mobile response period, and for a period of not more than seven days, if the team determines, at any time, that initial stabilization of the crisis cannot be achieved while at the home; (c) provide for the immediate discharge of the adult from a temporary stabilization unit to their home following a determination by the team, under paragraph (2) of subsection c. of this section, that such placement is no longer necessary; and (d) provide for the at-home provision of ongoing stabilization management services, as deemed by the mobile crisis response team to be appropriate, and as approved by the department pursuant to subsection b. of section 6 of this act, for a period of up to eight weeks following initial stabilization;
- (5) a description of services that will be provided to the adult in crisis, and the adult's family and attendant caregivers and staff, during the stabilization management period, in cases where the ongoing provision of stabilization management services is deemed

by the team to be appropriate and is approved by the department pursuant to subsection b. of section 6 of this act; and

(6) a transition plan that links the adult in crisis to clinical and therapeutic mental and behavioral health services, formal and informal community supports, and appropriate system partners that can be used as resources following the completion of the stabilization management period.

- 6. a. If a crisis is not sufficiently stabilized during the initial 72-hour mobile response period, or during a related stay at a temporary stabilization unit, the mobile crisis response team shall provide the adult in crisis with ongoing stabilization management services, in the home, for a period of up to eight weeks following the completion of the initial crisis response period, as provided in this section.
- b. Stabilization management services shall not be provided under this section, unless the mobile crisis response team obtains prior approval from the department authorizing the provision of such services to the adult in crisis. The department may authorize the mobile crisis response team to provide stabilization management services for a period of up to eight weeks, as deemed by the department to be appropriate.
- c. During the stabilization management period, a designated representative of the mobile crisis response team shall, on at least a weekly basis, review the ICSP, in order to ensure that the services included therein are effectively addressing the presenting crisis and any factors that contributed to the crisis. Any necessary amendments to the ICSP shall be registered with the department within 24 hours after each review is concluded pursuant to this subsection.
- d. The following stabilization management services may be provided during the stabilization management period:
- (1) necessary mental or behavioral health intervention services to maintain the stabilization of the crisis and minimize or eliminate the factors that contributed to the crisis, including, but not limited to, psychiatric or psychological services, medication management services, community-based mental health rehabilitation services, such as behavioral assistance services and intensive in-community services, and any other formal or informal community-based mental health or behavioral health rehabilitation services; and
- (2) continued advocacy, networking, and support by the mobile crisis response team, as may be necessary to provide linkages and referrals to appropriate community-based services, and to assist the adult in crisis, and the family members or caregivers thereof, in accessing other benefits or assistance programs for which they may be eligible.

- 7. a. (1) Reimbursement for services provided during the initial crisis response period shall be paid on a fee-for-service basis, and shall cover the costs of all the services provided during this time period, including the costs of services provided by the mobile crisis response team during the initial 72-hour mobile response period, and the costs of services provided by a temporary stabilization unit during any temporary placement therein. Reimbursement for services provided by a temporary stabilization unit shall be paid directly to the temporary stabilization unit, and reimbursement for other services provided during the initial 72-hour mobile response period shall be paid to the mobile crisis response team that provided the services.
  - (2) Reimbursement for stabilization management services, which are provided for a period of up to eight weeks following the initial crisis response period, shall be paid on a fee-for-service basis, but shall cover only the mobile crisis response team's monitoring and management of the ICSP. Each unit of service shall be for 15 minutes of continuous services provided directly to, or on behalf of, the adult in crisis, including collateral contacts and activities that are necessary to develop, implement, coordinate, monitor, and support the ICSP. A provider may bill for a maximum of 64 units (16 hours) over the eight-week maximum stabilization management period, as authorized by the department. Each provider shall bill only for the amount of time actually provided for stabilization management on each date of service.
  - (3) Reimbursement for services rendered by an individual Medicaid or NJ FamilyCare provider, in accordance with an ICSP developed under this act, shall be paid in accordance with the provider-specific rules relative to the respective type of provider, including, but not limited to, provider qualification, prior authorization, and service delivery requirements.
  - b. (1) If an adult in crisis is not provided with ongoing stabilization management services in response to a crisis episode, and the mobile crisis response team, within three days after the termination of the initial crisis response period, receives another referral or dispatch request for another crisis episode involving the same adult, the mobile crisis response team shall provide mobile crisis response services to the adult in crisis without additional reimbursement.
  - (2) If an adult in crisis is provided with stabilization management services, and the mobile crisis response team, following the completion of the stabilization management period, receives a subsequent referral or dispatch request for another crisis episode involving the same adult, the mobile crisis response team shall initiate a new course of treatment, beginning with an initial 72-hour mobile crisis response period, and shall be reimbursed accordingly.

- 8. a. Each mobile crisis response agency shall maintain an individual service record for each adult served thereby.
- b. Each individual service record shall contain, at a minimum, the following information:
- (1) the name and address of the adult in crisis who has received services from the mobile crisis response agency;
  - (2) the mental health diagnosis of the adult in crisis;
- (3) the ISCP developed by the mobile crisis response team for each separate crisis episode involving the same adult, and all approved amendments to each such ISCP;
- (4) weekly quantifiable progress notes toward the defined goals stipulated in each ISCP;
- (5) documentation of any and all crisis or emergency situations that have occurred during the provision of stabilization management services to the adult, including a summary of the corrective action that was taken to resolve each such situation;
- (6) the total number of care hours, across episodes, that the adult in crisis has received from the mobile crisis response agency; and
- (7) for each distinct crisis episode: (a) the date on which the initial 72-hour mobile response period was commenced, and the date and time on which initial face-to-face contact actually occurred; (b) the exact dates and times when, and locations where, mobile crisis response services and stabilization management services, if any, were provided to the adult in crisis; (c) the stated reason for the team's involvement; (d) the total amount of face-toface contact engaged in, and the type of services provided, during the initial 72-hour mobile response period; (e) whether the adult in crisis was temporarily placed in a crisis stabilization unit, and the length of the person's stay in such unit; (f) whether the adult in crisis was approved for ongoing stabilization management services following the initial crisis response period; and (g) the types of stabilization management services, if any, that were provided to the adult in crisis, and the manner in which such services were consistent with, and supportive of, the goals specified in the ICSP.

- 9. a. Within 180 days after the effective date of this act, the Commissioner of Health shall provide for the establishment and licensure of a sufficient number of temporary stabilization units throughout the State to handle the behavioral health crisis needs of adults with disabilities, as provided by this act. At a minimum, at least one temporary stabilization unit shall be licensed to operate in each of the northern, central and southern regions of the State. No person shall operate a temporary stabilization unit, unless the person has applied for, and has obtained, a license pursuant to this section.
- b. A temporary stabilization unit approved and licensed pursuant to this section shall:

- (1) provide a calming, non-clinical, and non-punitive environment for the stabilization of adults in crisis;
- (2) be staffed by properly credentialed mental health professionals who are capable of, and have expertise in, calming and stabilizing crisis situations in adults with disabilities;
- (3) have a sufficient number of crisis beds to meet the behavioral health crisis needs of citizens in the region in which the unit is situated; and
- (4) be situated separately and apart from any other clinical or mental health care unit or facility. If the temporary stabilization unit is a part of a separately licensed health care facility or hospital, the temporary stabilization unit shall be unconnected to, and shall be located separately from, any emergency department or other department or unit of medicine, and shall utilize an entrance that is separate from the entrance that is used by patients of, and visitors to, such other departments or units.
- c. On at least a biennial basis, the Commissioner of Health shall perform an on-site inspection of each temporary stabilization unit licensed pursuant to this section, in order to ensure that each such unit is complying with the provisions of this section and all other applicable laws or regulations.
- d. If the commissioner finds, based on a facility inspection or other information, that a temporary stabilization unit is violating the provisions of this section or any other applicable laws or regulations, the commissioner shall undertake appropriate disciplinary action, including, but not limited to, ordering the temporary stabilization unit to undertake corrective action, imposing an appropriate administrative penalty, or suspending or revoking the unit's license.

- 10. a. The Commissioner of Human Services shall require all direct care staff members providing services at a group home for individuals with intellectual or developmental disabilities to successfully complete a course of training on:
- (1) the de-escalation and stabilization of crisis episodes in adults with disabilities;
  - (2) behavioral analysis and management; and
  - (3) behavioral health crisis recognition and identification.
- b. The training provided under this section shall also inform direct care staff members of the provisions of this act and the procedures that may be used under this act to obtain assistance from a mobile crisis response team whenever a group home resident is experiencing a behavioral health crisis.

<sup>1</sup>[11. a. There shall be appropriated, from the General Fund, a sum of \$2.5 million to effectuate the purposes of this act. The Commissioner of Human Services shall apply for matching federal funds, and shall take all other appropriate actions to obtain federal

#### A5565 [1R] DOWNEY, MUKHERJI

- financial participation in the mobile crisis response program established under this act.
  - b. Funds appropriated under this section shall be used for the following purposes:
  - (1) to facilitate the provision of crisis response services in the home of an adult in crisis, or in a temporary stabilization unit, and the provision of ongoing, home-based stabilization management services to such adults, as provided by this act, in order to avoid costly and traumatic hospitalizations; and
  - (2) to provide for the training of direct care staff members employed by group homes, as provided by section 10 of this act. ]<sup>1</sup>

<sup>1</sup>[12.] 11.<sup>1</sup> The Commissioners of Health and Human Services shall each adopt rules and regulations, in accordance with each agency's respective jurisdiction, and pursuant to the "Administrative Procedure Act," P.L.1968, c.410 (C.52:14B-1 et seq.), as may be necessary to implement the provisions of this act.

<sup>1</sup>[13.] 12.<sup>1</sup> This act shall take effect on the first day of the sixth month next following the date of enactment, except that the Commissioner of Human Services and the Commissioner of Health may each take anticipatory administrative action, in advance of the effective date, as may be necessary to implement the provisions of this act.