

Put the “We” in “We the People.”

Your lawmakers need to hear from you to craft laws which protect your rights and serve your needs. Here’s what you can do to help.

Look, Listen

and Learn. The best way to get involved is to know what is going on.

- Watch televised news.
- Read newspapers.
- View legislative sessions on the web.
- Listen to news radio.
- Exchange ideas with others through conversation or social media.

Print out copies of bills and other information from the New Jersey Legislature’s website at www.njleg.state.nj.us or call the Legislative Information and Bill Room toll-free at (800) 792-8630.

Reach Out. Your lawmakers want to know your opinions.

Visit the New Jersey Legislature’s website or call (800) 792-8630 to learn the names of your Senate and General Assembly representatives and how to contact them. Then write a letter, call or send an e-mail.

Legislators have offices near you and often attend local events. Go and meet them in person.

Join Forces. Become an activist! Work with individuals or groups that share your ideas. Start a petition and get those who support your position to sign it.

Attend rallies and public demonstrations.

**Together
“We”
can make a
difference.**

Vote. Voting is a very special right. Your vote counts! Each election offers you an opportunity to make your voice heard through participation in the voting process.

In order to vote, eligible citizens over the age of 18 must register with their local Board of Elections.

If you are too young to vote now, ask to go to the polls with a parent or guardian.

Learn More. Visit the New Jersey State House with your school class, family or friends. See where laws are made and watch the legislative process in action.

Call (609) 847-3150 to schedule a free tour.



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